

etiquette

ARRIVALS

We invite our guests to arrive early to enjoy the spa facilities. Our services begin and end on time, late arrivals may impact the length of your service.

GUESTS

All guests must be 16 years of age or older.

WHAT TO BRING

For your comfort and privacy, we provide you with a luxurious robe and slippers during your visit. A spa locker will also be provided to store your personal belongings. We regret we are not responsible for loss or damage to personal belongings. Swimsuits are required for the pool facilities.

SERVICE CHARGE

For your convenience, an 18% service charge is automatically added to the cost of your service.

The service charge is divided among your spa therapist and support staff. Additional gratuity for your spa therapist is at your discretion.

CANCELLATION POLICY

If you need to change or cancel your appointment we require a minimum of 24 hour's notice or your service will be charged in full.



PARK HYATT NEW YORK®

LUXURY IS PERSONAL

WEDNESDAY - SUNDAY | 10AM to 7PM

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SPANALAI@HYATT.COM

SPANALAI.COM

treatment menu

NALAI SIGNATURE

Incorporating a series of techniques, this artisan-curated massage will ensure both deep muscle relief and improved relaxation. Ease away tension and soothe tired muscles in a unique therapy created exclusively for you.

60 minutes \$275 / 90 minutes \$350

RELAX

Regulated pressure to release tension helps calm the mind and body. Providing focus with stimulating effleurage and long, strong movements will effectively ease tired muscles. For those looking for a more relaxing and calming experience.

60 minutes \$225 / 90 minutes \$300

RENEW

Specificity in targeted areas will help soothe soreness and alleviate stress and tension. Customized deep tissue manipulation of muscle fibers and varied modalities ensure a truly therapeutic experience.

60 minutes \$275 / 90 minutes \$350

PRE/POST NATAL

Your favorite techniques are tailored just for you. Pampered and gentle, this artisan's touch eliminates stress on joints, neck, and back in addition to nurturing your body and is recommended only for guests in their second and third trimesters.

60 minutes \$275 / 90 minutes \$350

COUPLES

Unwind and indulge side by side for a soothing tête-à-tête.

Accompanied by a glass of champagne, our artisans will customize your massage to meet your needs.

Features Spa Nalai's private en suite steam shower, vanity, armoire, and terrace with views of both the city skyline and Central Park. NYC at its privately exclusive best.

60 minutes \$650 / 90 minutes \$750

TENSION RELIEVER

Concentrated on the back, neck, and shoulders, this targeted massage will ease muscle tension and encourage relaxation.

30 minutes \$125

TREATMENT ENHANCERS

Essential Oil Aromatherapy

A customized formulation of aromatic essential oils blended with massage oils imparts specific healing benefits to your body via scent sensors stimulating the brain.

Uplifting

Calming

Energizing

Add on to any 60 or 90-minute massage \$25

Warm Stone Therapy

Smooth, round basalt stones are gently heated and smoothed over the body. The heat of the stones induces muscle tension relief and deep relaxation-inducing mind-promoted healing.

Add on to any 90-minute massage \$30

