

IMPERIAL  
SPA

IMPERIAL SPA,  
A HAVEN OF PEACE OVERLOOKING THE OCEAN,  
AN EXCLUSIVE SETTING TO INDULGE IN BEAUTY,  
WELLNESS AND LUXURY

For her wedding to Louis-Napoléon Bonaparte, Eugénie de Montijo was gifted Eau de Cologne Impériale, a perfume specifically created for her by Mr Guerlain at her husband's request. She was so impressed and delighted that Mr Guerlain became the official perfumer of the Court. Since then, this flowery scent has never lost its appeal and even today is included in some of the treatments offered at the Hôtel du Palais Imperial Spa, both for its subtle fragrances and for the associated benefits of the flowers used. The Hair Institute was born out of a meeting with Leonor Greyl, an amazing technician who truly works magic with hair. The combined expertise, audacity and passion are reflected in the treatments and services available. In this manner, two renowned brands have joined together at the Hôtel du Palais and its Imperial Spa. Here, women, men or even the entire family can indulge in the ultimate wellness experience. That subtle thrill that you feel when you enter the Palais d'Eugénie will be forever etched in your memory.

## YOUR TAILOR-MADE PROGRAMME

### **Are you looking for a place to relax, feel beautiful and enjoy exceptional wellness?**

Our customised advice and personalised assistance will guide you throughout your stay with us.

Combine the prestigious know-how of our Guerlain Institute for your face and body with that of the Leonor Greyl Institute, for your haircare.

### **Face and body treatments: 3 unique ranges are available to enhance your beauty**

Orchidée Impériale, a true anti-aging concentrate, Abeille Royale, a lifting and restorative treatment, Super Aqua for deep hydration and intense radiance.

### **To round out your wellness experience, treat yourself to a sensory, relaxing and energising massage.**

You can choose depending on your mood!

### **To nourish your hair and restore its shine and volume, pamper yourself with the Imperial Treatment.**

#### **A unique Leonor Greyl treatment with trace elements and natural products.**

A moment of sheer bliss...

Our service duration quoted is the actual time spent in the treatment, you will need to add the reception time.



Everyday, a team of specialists is on-hand to offer you a programme of personalised and specially selected treatments for your physical, spiritual and mental wellbeing. Pamper yourself in the uniquely magical and sensory atmosphere at the Guerlain Institute. Come and experience the highly effective aesthetic expertise of Guerlain's facials and body treatments. Enjoy the breathtaking view of the ocean from the soothing and peaceful environment of the Eugénie Lounge. Relax in the heated indoor pool, jacuzzi, counter current swimming, sauna, steam room, cardio-training room and weight training room while admiring the magnificent views of the Atlantic Ocean. At the Leonor Greyl Hair Institute, you will be offered a unique blend of modern techniques and natural products.



## THE ART OF TAILORED SERVICES

### **AN INTERLUDE OF WELLNESS**

A facial or body treatment to suit your desires and needs. You design your own treatment.

€ 230.00

105 minutes: 15-minute interview and 90-minute treatment

### **FACE SCULPT**

Targeted deep tissue facial massage. Face Sculpt is all about Guerlain's facial expertise. This highly technical sculpting massage restores firmness, radiance and youth to your skin. Through its deep tissue work, it defines the contour of the face, plumps up the cheekbones, enhances the gaze and erases wrinkles.

The foundations of the face are deeply fortified for a revolutionary lifting effect, which leaves you looking younger for longer.

€ 170.00 - 60 minutes



## **BODY SCULPT**

Deep tissue massage tailored to your needs and expectations. The Body Sculpt treatment is a new generation powerful slimming massage, with immediate effectiveness. It sculpts the figure and decongests the adipocytes. The deep and intense strokes warm up the hypodermis and stimulate lipolysis, which quickly promotes fat burning. This vigorous sequence of kneading movements contrasted with a final drainage soothes and lastingly balances the metabolism. The expert strokes combined with the effectiveness of Guerlain body products, sculpt the waist while slimming the legs and hips. The body is naturally redesigned and your curves are more harmonious.

€ 170.00 - 60 minutes

## **TARGETED AREAS**

You can opt for one to three areas to relieve or pamper, back, stomach, legs, hands, feet, scalp or face and then surrender to this targeted massage treatment.

€ 130.00 - 45 minutes

## OUR EXCLUSIVE TREATMENTS

Unique creations for the Hôtel du Palais, these fleeting moments offer a unique opportunity to explore our spaces and our treatments.

### **HIGHLIGHTING**

A facial with makeup,  
Hand beauty treatment  
Hair tie  
Guerlain gift

€ 240.00 - 120 minutes alone or as a couple

### **TIMELESS TREATMENT**

Access to the Spa and Imperial Club  
Yoga classes with a view of the ocean  
Rest and relaxation time in the solarium  
Body scrub and mask  
Lunch served at the sun lounge  
Ultimate face and body treatment  
Guerlain gift

€ 650.00 - 1 day

## AWAKEN YOUR SENSES

Enjoy a day at Hôtel du Palais

Lose yourself in the sound of the waves while enjoying a delicious meal prepared with seasonal products by the Chef and his team.

### **1 DAY AT THE CLUB AND SPA**

Meal at the Lounge Eugénie  
Choice of treatment (facial or 90-minute massage)

€ 350.00 – 90 minutes

Close off the day with a pampering treatment at our Spa.

### **FLAGRANT DELIGHT**

Access to the Imperial Spa while enjoying the facilities and amenities. A programme starting with fitness training followed by time spent in the Hammam and Sauna. Access to the cold water pool, swimming pool, jacuzzi and Solarium.

Enjoy a 45-minute massage in the in a two-person booth overlooking the ocean and wrap up your interlude with a glass of Champagne accompanied by delicacies.

€ 280.00 – half day

## ILLUMINATE YOUR FACE

### **ROYAL REPAIR TREATMENT**

Guerlain has created an expert treatment based on its Abeille Royale line. We smooth your skin with a micro dermabrasion followed by a purifying massage with warm plant infusions to completely stimulate the epidermis. The technical application of the Abeille Royale serum, which acts on the key processes of skin regeneration, helps to smooth out each wrinkle. Your skin is firmer and your eyes and face light up with a beautiful radiance... A true catalyst for youth.

€ 255.00 - 90 minutes

### **FOR A PERFECT AND REFRESHED COMPLEXION**

This is definitely a trump card. For a pearly, luminous, even and amazing complexion, treat yourself to this facial by Guerlain. You will come out of this soothing interlude, looking radiant and irresistible.

€ 165.00 - 60 minutes

### **FRESHNESS AND RADIANCE**

Expert skin cleansing for a fresh radiant complexion. Your skin is radiant and feels refreshed.

€ 140.00 - 45 minutes



# ORCHIDÉE IMPÉRIALE THE QUINTESSENTIAL ANTI-AGING TREATMENT

## **ULTIMATE BLACK ORCHID ANTI-AGING TREATMENT**

In its pursuit of excellence against skin aging, Guerlain has created Black Orchid anti-aging treatment, an exceptional sensory experience. This revolutionary treatment combines Guerlain technology with cutting-edge aesthetic techniques to act on almost all the cells involved in the skin's defence system. Wrinkles fade, the skin texture is refined, facial contours are redefined, your skin is firmer, more elastic and incredibly radiant. A luxurious protective cocoon to help ward off the signs of aging.

€ 280.00 - 75 minutes

## **BLACK ORCHID ULTIMATE ANTI-AGING CURE**

An extraordinary anti-aging cure for a visibly regenerated skin. Each of the sessions includes four steps. The skin is illuminated, redefined and pulped up with care. The secret of beauty signed by Guerlain.

€ 960.00 - 4 x 60 minutes

## **PRESTIGE ANTI-AGING TREATMENT**

Guerlain drew inspiration from the remarkable longevity of the orchid to create the most comprehensive product in its range of extraordinary treatments. The combination of aesthetic know-how and the effectiveness of the products in the Orchidée Impériale line will provide a sensation of absolute well being and visibly transform the skin, bringing it new youthfulness. Under the attentive care of the Guerlain Beauty Expert, the stimulated muscles are toned and the facial contour is redefined. All signs of aging are more quickly and intensely erased. The skin texture becomes finer and smoother. The skin regains its youthful qualities: visually as well as to the touch, it is soft, smooth, sublimated. An incredible secret of sensuality and beauty.

€ 255.00 - 90 minutes

## BODY MASSAGE

### **THE ENERGISER**

This rejuvenating ritual is based on five of the world's most effective ancestral methods. It remodels and strengthens muscles, tones and releases tension for a deep relaxation.

€ 160.00 - 60 minutes

€ 220.00 - 90 minutes

### **THE IMPERIAL RELAXER**

A tribute to the Eau de Cologne Impériale, this Guerlain signature massage awakens all the senses. It stimulates circulation, promotes oxygenation and provides a moment of pure relaxation and wellbeing.

€ 160.00 - 60 minutes

€ 220.00 - 90 minutes

### **FEMININITY RITUAL**

A massage specifically created for women. It stimulates the points and reflex zones on the face. Through deep smoothing, circular and longitudinal stretching, it regulates your energy for a flat and relaxed stomach. This unique massage naturally relaxes and relieves the symptoms that come with being a woman.

€ 160.00 - 60 minutes

## **4-HANDED IMPERIAL MASSAGE**

This massage of synchronised expert movements developed based on the Imperial relaxer massage, is the guarantee of delightful sensations of wellbeing and lightness. Bask in the feeling as all tension and stress blissfully roll away.

€ 320.00 - 60 minutes

## **BODY SCULPT**

Deep tissue massage tailored to your needs and expectations. The Body Sculpt treatment is a new generation powerful slimming massage, with immediate effectiveness. It sculpts the figure and decongests the adipocytes. The deep and intense strokes warm up the hypodermis and stimulate lipolysis, which quickly promotes fat burning. This vigorous sequence of kneading movements contrasted with a final drainage soothes and balances the metabolism. The expert strokes combined with the effectiveness of Guerlain body products, sculpt the waist while slimming the legs and hips. The body is naturally redesigned and your curves are more harmonious.

€ 160.00 - 60 minutes

## **The 8**

This signature treatment is a unique experience that reflects Guerlain's incredible ability to innovate while drawing on its historical expertise. Working 80 muscles of the body and the face with 80 precise movements and 80 pressure points, the 8 has been designed to meet your needs. The main objective of this treatment protocol is to unplug the brain and the muscles. The movements are performed manually or with the help of an 8, a rounded object made of beech wood specifically designed for this ritual. Each and every point of tension is meticulously kneaded until it disappears over the course of several minutes, giving you an experience of pure relaxation. Toxins are evacuated, your skin glows and your body is soothed. This energy booster is the perfect way to smoothly get through the winter or ideal for when you feel tired.

€ 220.00 - 90 minutes



## SUBLIMATE YOUR BODY COMFORT, ENERGY AND WELLBEING

### **RAIN MASSAGE**

Radiance and energy rain massage: a magical dance of rhythmic movements under a fine warm rain. It nourishes and repairs the skin and tones the muscles.

€ 140.00 - 45 minutes

### **BODY SCRUB**

A clean, silky smooth skin, an amazingly relaxing sensation. This scrub is a truly pleasurable sensation.

€ 140.00 - 45 minutes

### **INTENSIVE TREATMENT**

A scrub, a wrap, followed by a custom massage. This treatment is an exquisitely sensual experience that sublimates and relaxes the body and mind.

€ 220.00 - 90 minutes



## OUR THERAPY TREATMENTS: MUSCLE THERAPY MASSAGE

### **MUSCLE THERAPY MASSAGE**

Ideal before or after exercise, the movements work deep into the muscle tissue to prepare them for the task at hand. Helps relieve muscle and joint fatigue, eliminates stiffness and soreness. This massage is suitable for men and women of all ages and skin types. It is not suitable for pregnant women.

€ 180.00 - 60 minutes

### **UMBER RITUAL**

This Korean-inspired relaxation ritual allows for a deep release of physical and mental tensions. Performed on the floor, it combines lullabies, vibrations and undulations. The various vibrations are diffused in waves of relaxation, directly inciting all the parts of the body to relax.

€ 220.00 - 75 minutes

### **FOOT REFLEXOLOGY**

This technique uses pressure points that act directly on the related organs. It is administered on and under the foot according to the principle of energy zones that follow the meridians throughout the body.

€ 120.00 - 45 minutes

## **FACE AND FEET REFLEXOLOGY RITUAL**

Facial reflexology is an ancestral manual technique in which the fingers or tools are applied to pressure points, smoothing the reflex areas, related to an organ or parts of the body. The role of facial reflexology is to provide wellbeing, sooth and relieve pain and reduce tension.

€ 240.00 - 90 minutes

## **OSTEOPATHY**

Manual therapy carried out by an osteopath-physiotherapist. This treatment acts on the individual as a whole, taking into account his or her personality and specific needs. Specific techniques rebalance and reharmonise all the bone and joint structures and restore the body to a state of wellbeing.

€ 180.00 - 60 minutes

## **LYMPHATIC DRAINAGE**

Ultra gentle movements with regular and rhythmic pressures that stimulate the lymph system through drainage and improve return circulation.

€ 180.00 - 60 minutes

## **PRE-POST NATAL MASSAGE**

This massage is carried out after the first trimester or after delivery. It relieves the body of small aches and pains related to pregnancy, improves the elasticity of your skin and stimulates circulation.

€ 180.00 - 60 minutes





## TREATMENTS FOR MEN

### **REVITALISING TREATMENT FOR HIM**

Facial treatment for men

€ 160.00 - 60 minutes

### **PURE SCRUB FOR HIM**

Body scrub specific for men

€ 160.00 - 60 minutes

### **MANICURE FOR HIM**

Manicure

€ 80.00 - 30 minutes

### **WAXING FOR MEN**

Hair removal from chest, arms, back

€ 45.00 upwards, 15 minutes upwards

### **SPA DAY FOR MEN**

Access to the Spa and Imperial Club  
Boot Camp course with a personal trainer  
Relaxation time at the pool  
Rest and relaxation time in the Solarium  
Radiance and energy rain massage  
Lunch served at the sun lounge  
Guerlain gift

€ 360.00

### **BARBER SERVICE**

Traditional shaving € 90.00 / Beard and moustache trimming € 50.00

## HEALTH, FITNESS AND WELLNESS

Private lessons by reservation.  
Small groups can be accommodated.

### **OUTDOOR:**

#### **URBAN GYM**

Cardio-vascular and muscular activity outdoor using urban furniture.

#### **FUNCTIONAL TRAINING – CARDIO BOXING CIRCUIT**

Dynamic activity based on cardio-vascular and muscular work and coordination.

#### **QI GONG**

Chinese life energy art, whereby controlled breathing and slow movements allow energy to circulate through the entire body.

#### **YOGA**

Health gymnastics intended to harmonise the body and mind.

#### **GYROTONIC (EXCLUSIVE TO HÔTEL DU PALAIS)**

A new approach to health and wellbeing, gain flexibility and coordination, strengthen your cardiovascular and neuro-muscular endurance.

## **KINESIS**

Complete muscular reinforcement combining posture and fluidity while preserving joint flexibility.

## **FITBALL**

Optimise your balance, deep postural and abdominal muscles in a fun way.

## **CARDIO BOXING**

Dynamic activity based on cardio-vascular and muscular work and coordination.

## **AQUACYCLING**

Toned legs and heart.

## **AQUA-SLIMMING CIRCUIT**

Targeted exercises to refine and tone the figure.

## **AQUA-BALANCE PADDLE BOARD**

A fun way to strengthen your muscles, cardio-vascular system and balance on a paddleboard.

## **AQUA-LESSONS**

Beginner and advanced swimming lessons for all levels.

€ 70,00 - 30 minutes

€ 85,00 - 45 minutes

€ 105,00 - 60 minutes



## OCEAN BUBBLE

### **PADDLEBOARD INITIATION**

Learn the right posture and gestures on a paddleboard.

### **PADDLEBOARD EXCURSION**

For people who are already initiated. Work on cardio-vascular and muscle endurance, sculpt the waist.

### **BODYSURF EXPERIENCE**

Discover the marine environment, learn to glide on the waves with your body only equipped with fins.

### **SURFING (COACHING ONLY)**

Cardio-vascular, muscle and balance work.

### **SNORKELING**

Learn to swim with fins, mask and snorkel.

## OUR ACTIVITIES

### **TOYS BOARD**

Learn balance and excellent coordination while having fun.

€ 85.00 - 45 minutes

### **YOGA**

Starting yoga at a young age allows children to become aware of their body. It helps to prevent postural problems and the child develops flexibility, balance and strength.

€ 85.00 - 45 minutes

### **BOXING**

Boxing helps with psychomotor skills, reflexes, agility and coordination of movements. It enables a child to gain self-confidence, reach goals, progress and surpass his or her limits.

€ 85.00 - 45 minutes

### **PILATES**

A gentle gymnastics method based on balancing, breathing and concentration. An in-depth work to improve the body's posture and support.

€ 85.00 - 45 minutes

## KIDS WORKSHOP

### **THE GENTLE BEE**

A Guerlain emblem, the bee invites children into the heart of its kingdom. Gentle scalp, hand and feet massages. With an introduction to the benefits of honey and its role in nature, the Gentle Bee treatment offers a relaxing, generous, playful and educational interlude.

€ 80.00 - 30 minutes

### **NEW-FOUND COMPLICITY**

A special one-on-one moment with mom, dad or between brothers and sisters. Enjoy a massage as a family and create tender and beautiful memories!

€ 240.00 - 45 minutes

## THE ART OF MAKEUP

### **RADIANT MAKEUP FOR DAY OR NIGHT**

For any occasion, have your makeup done by our beauty technicians.

€ 160.00 - 60 minutes

### **SPECIAL BRIDAL MAKEUP**

Based on the trial session carried out during the preliminary consultation phase, our beauty coach will create your look for your special day.

€ 385.00

*This price includes the trial session and the makeup on your wedding day*

### **MAKEUP CONSULTATION**

Learn how to apply makeup and enhance your face with this individual makeup lesson.

€ 220.00 - 90 minutes

## HANDS AND FEET

### **INTEGRAL HAND CARE**

Get perfect hands with this treatment that beautifies your nails and skin. It includes a gentle scrub, a cuticle repair treatment and a moisturising hand massage.

€ 110.00 - 45 minutes

### **INTEGRAL FOOT CARE**

Get perfect feet with this treatment that beautifies your nails and skin. It includes a gentle scrub, a cuticle repair treatment and a moisturising foot massage.

€ 140.00 - 60 minutes

### **NAIL VARNISH APPLICATION:**

Conventional nail varnish application for hands or feet

€ 30.00 - 30 minutes

Application of semi-permanent nail varnish

€ 50.00 - 30 minutes

Removal of semi-permanent nail varnish

Offered, 15 minutes

## HAIR REMOVAL

### **BODY HAIR REMOVAL**

A la carte: Full leg, half leg, bikini, arm and underarm hair removal for women or men.

€ 45.00 - 15 minutes

### **FACIAL HAIR REMOVAL**

A la carte: Specific hair removal from the face, upper lips, eyebrows and chin.

€ 45.00 - 15 minutes

# THE HAIR INSTITUTE

## **LEONOR GREYL IMPERIAL DEEP TREATMENT**

To nourish your hair and restore its shine and volume, pamper yourself with the Imperial Treatment. A unique Leonor Greyl treatment with trace elements and natural products. A moment of sheer bliss...

Short hair: € 130.00

Mid-length hair: € 160.00

Long hair: € 190.00

## **LEONOR GREYL ENHANCING TREATMENT**

During the processing time of the treatment, we sublimate your arms and hands with Leonor Greyl Beauty Secret Oil for a silky, moisturised and velvety effect.

Short hair: € 50.00

Long hair: € 65.00

## HAIRSTYLING

With a palette of natural products, our hairstylists will create the look of your dreams. Trained by the best, with an expert eye and hand, they offer the cut and style that will enhance the beauty of the client's hair.

**Touch-up:** € 60.00

**Transformation cut:** € 110.00

### **Shampoo and blow-dry**

Short hair: € 60.00

Mid-length hair: € 80.00

Long hair: € 100.00

### **Shampoo, cut and blow-dry**

Short hair: € 120.00

Mid-length hair: € 140.00

Long hair: € 170.00

**Package for men:** € 60.00

**Package for children** (up to the age of 12)

€ 40.00

**Bridal package** (Trials done beforehand and hairstyle on the wedding day)

€ 300.00

**Single tie:** € 40.00

**Chignon:** € 100.00



## THE ART OF COLOUR

The Leonor Greyl team also has extensive experience in the art of colouring hair. Products are offered according to the desired result and the type of hair, with an emphasis on personalised care. An application of Crème aux Fleurs fixes the colour, soothes the scalp and makes your hair soft and shiny.

### **HAIR COLOURING**

Short hair: € 65.00

Mid-length hair: € 90.00

Long hair: € 140.00

### **HIGHLIGHTING**

Short hair: € 65.00

Mid-length hair: € 90.00

Long hair: € 140.00

### **PATINA**

Short hair: € 65.00

Mid-length hair: € 90.00

Long hair: € 140.00

