



artus



RISE, ORIGIN, BEGINNINGS...

Ortus is a well-being and rejuvenation destination for those who endeavor to have a healthy, active and balanced lifestyle with interconnectedness of body and mind. Through its modern design and stress-free environment, it offers distinctive experiences with the latest high-end cardio and strength equipment, Finnish sauna, bio sauna, steam bath, hammam, salt room, ice fountain, relaxation area and emotional showers.

At Ortus, you can also unwind and recharge in the hydrotherapy pool which pays tribute to “Sanitas Per Aqua” (Health by Water) and discover a serene escape from the city life with the carefully selected treatments focused on well-being.

Within a tranquil and inspiring atmosphere, our well-trained team of professionals use locally sourced natural products and innovative skincare line of the highest quality to deliver on **our promise to care for people so they can be their best.**

SIGNATURE MASSAGES & TREATMENTS

Ortus Organic Rose Massage 60 MIN 140 BGN
Full body massage with medium pressure and luxury aromatic organic oils.

Ortus Organic Rose Executive Facial 30 MIN 90 BGN
Nourishing and brightening facial treatment for all skin types with luxury and active Organic ingredients.

Ortus Organic Rose Journey 120 MIN 200 BGN
The treatment starts with relaxing aroma jacuzzi bath. Followed by full body gentle scrub and massage. The final touch is a brightening facial massage with rich on active ingredients and aromas regenerating facial serum.

De-Stress Massage 30 MIN 80 BGN | 60 MIN 130 BGN | 90 MIN 180 BGN
Medium pressure massage with long and relaxing strokes which improves circulation and relieves muscle tension, while also providing a deep relaxation.

Deep tissue massage 30 MIN 90 BGN | 60 MIN 150 BGN
Therapeutic massage, involving deep pressure, which helps relieve stress in the muscles, fascia, and connective tissue.

Relaxing massage with nourishing BIO oils 60 MIN 140 BGN
Full body anti-stress massage for reducing the physical and mental fatigue and skin nourishing with cocoa and shea butter.

Aroma massage with oil candle 60 MIN 140 BGN
Full body massage with medium pressure and gentle aromatic complex by massage candle's warm oils.



Hot stone massage

60 MIN
150 BGN

A deeply relaxing treatment that incorporates warm stones into your soft pressure massage. The heat of the stones penetrates deep into the body, allowing the muscles to relax and revitalize.

Foot massage

30 MIN
85 BGN

The perfect way to bring relief to tired legs and feet. Combination of acupressure on the reflex zones on the feet and lymphatic drainage massage of the legs. Improves blood circulation, relieves stress and creates

positive effect on the whole body.

Back & Legs massage

40 MIN
100 BGN

Massage with medium pressure on back, neck, shoulders and legs.

Custom tailored massage

60 MIN
160 BGN

This massage is tailored to you and your needs – with your selection of the type of oil, intensity and the parts of the body you would like to focus on.

Massage for Expecting Mothers

40 MIN
130 BGN

Massage with pure natural oil fully tailored to the pregnant lady's needs.

Couples Massage

75 MIN
270 BGN

Enjoy quality time with your loved one. This treatment starts with aroma jacuzzi bath for two prior to your customized side-by-side massage in the elegant spa suite.

Additional Treatments:

Scalp massage

15 MIN
35 BGN

Facial massage & personalized booster

15 MIN
55 BGN

Personalized sheet cellulose face mask 111 SKIN

55 BGN





FACIAL TREATMENTS BY 111 SKIN

THE ORIGINAL DRAMATIC HEALING FACIAL - REPARATIVE

60 MIN
199 BGN

A high-performance facial formulated to calm and soothe damaged, inflamed and irritated skin. Using a combination of restorative ingredients from our Reparative Collection, the facial also targets simple skin issues such as dryness, dehydration, sensitivity and rosacea for skin that feels and looks truly comforted.

BLACK DIAMOND FACE LIFT - LIFTING

60 MIN
260 BGN

This facial will provide you with a visible lifting effect. A lifting facial massage is included, followed by a booster serum and cream, depending on your skin type.

MINI PERSONALIZED FACIAL

30 MIN
100 BGN

A perfect combination of selected products according to your skin type to make it healthy, hydrated and bright.

CRYOTHERAPY ENERGY FACIAL - DE-PUFFING

60 MIN
199 BGN

Cryotherapy uses cooled purified air, which has outstanding revitalizing effect on the skin by energizing it. This treatment will increase microcirculation in the skin to reduce puffiness and detoxify. It will brighten the skin by increasing oxygen flow. Skin appears firmer and luminescent. Perfect for tired skin to help counteract pollution.

ROSE GOLD RESTORATIVE FACIAL - SCULPTING

60 MIN
199 BGN

This facial combines powerful restorative properties with the most innovative formulas to lift, firm and sculpt the complexion. Using a three-level approach to facial massage, including the signature massage technique, wrinkle minimizing wand massage and rose quartz stone massage.

BODY TREATMENTS

Turkish bath treatment

60 MIN
160 BGN

The ultimate purifying experience. This traditional Turkish treatment dating back hundreds of years, starts with full body scrub with “kese” glove and continues with full body foam massage.

Body scrub tailored to your skin type and needs

25 MIN
80 BGN

Exclusive Body Ritual

90 MIN
190 BGN

Enjoy the full body ritual with products and massage techniques of your choice. Full recharge of the body with scrub, body wrap and massage.



Hours of Operation

Daily 09:00 AM – 09:00 PM

Environment

Ortus is a place of relaxation and tranquility. In consideration of our guests' comfort - smoking, alcohol consumption and cameras are not permitted. A guest showing signs of intoxication will be denied access. It is required to shower prior to a treatment and usage of the facilities. We respectfully ask that you turn off your cell phone so that the tranquility of all our guests may be preserved.

Scheduling an Appointment

Advance bookings are recommended to secure your preferred treatment time. Appointments can be made by contacting the Ortus Reception. Our dedicated team will assist you in selecting the treatments best suited to your needs.

Canceling an Appointment

Please notify us 4 hours prior to your scheduled appointment if you need to change or cancel your reservation to avoid being charged in full for the service.

Arriving

Please arrive at least 30 minutes prior to your treatment in order to complete your consultation form and take time to relax. Please be aware that if you arrive late it may be necessary to decrease your treatment time with respect to the next reservation.

Health

Please advise us if you are pregnant, have allergies or other health conditions when booking any treatments. Kindly be informed that the therapists cannot provide treatments to guests suffering from certain illnesses.

What to Wear

Bathing suits or towels are required in all areas. Only guests with appropriate sports clothing and sports shoes will be allowed to use the Fitness Center.

Valuables

The Hotel is not responsible for loss or damage of personal items and valuables. Please leave your valuables at the safe deposits in your room.

Payments and Gratuities

The prices are in BGN and inclusive of VAT. All major credit/debit cards and cash are accepted. For hotel guests the payments can be charged to the room account. Additional gratuity for your therapist is at your discretion.

Aftercare

We recommend full relaxation after the treatment. Drinking water or tea will help your body release the toxins. To extend your experience at home, a variety of products are available for purchase at Ortus Reception.

Age Requirement

All guests must be 16 years of age or older to enjoy the facilities and the treatments. Persons between 16 and 18 years old are solely allowed when accompanied by an adult.



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