

A large, dark green, abstract shape that resembles a leaf or a petal, occupying the left and top-left portions of the page. It has a smooth, curved edge on the right side.

artus

The logo consists of a circular icon on the left containing a stylized leaf or plant motif, followed by the word "artus" in a lowercase, sans-serif font.



RISE, ORIGIN, BEGINNINGS...

Ortus is a well-being and rejuvenation destination for those who endeavor to have a healthy, active and balanced lifestyle with interconnectedness of body and mind. Through its modern design and stress-free environment, it offers distinctive experiences with the latest high-end cardio and strength equipment, Finnish sauna, bio sauna, steam bath, hammam, salt room, ice fountain, relaxation area and emotional showers.

At Ortus, you can also unwind and recharge in the hydrotherapy pool which pays tribute to "Sanitas Per Aqua" (Health by Water) and discover a serene escape from the city life with the carefully selected treatments focused on well-being.

Within a tranquil and inspiring atmosphere, our well-trained team of professionals use locally sourced natural products and innovative skincare line of the highest quality to deliver on **our promise to care for people so they can be their best.**

MASSAGES

De-Stress Massage

30 | 50 | 90 MIN
65 | 100 | 140 BGN

Medium pressure massage with long and relaxing strokes which improves circulation and relieves muscle tension, while also providing a deep relaxation.

Deep Tissue

30 | 50 MIN
75 | 120 BGN

Therapeutic massage, involving deep pressure, which helps relieve stress in deeper muscles, fascia, and connective tissue. This massage is effective for providing relief from back or neck pain, sciatic pain, muscle strains and arthritis.

Relaxing BABOR massage

60 MIN
120 BGN

Full body massage to reduce the physical and mental fatigue with the executive BABOR oils and fragrances.

Nourishing Massage With Aromatic Candle

50 MIN
115 BGN

Classical full body massage with 100% natural vegetable and essential warm oils.

Hot Stone

60 MIN
120 BGN

A deeply relaxing treatment that incorporates warm stones into your medium pressure massage. The heat of the stones penetrates deep into the body, allowing the muscles to relax and revitalize.

Foot Massage

30 MIN
65 BGN

The perfect way to bring relief to tired legs and feet. Applying acupressure on the reflex zones of the feet improves blood circulation, relieves stress and creates positive effect on the whole body.

Back & Legs Massage

40 MIN
85 BGN

Massage with medium pressure on back, neck, shoulders and full legs.

Custom Tailored Massage

60 MIN
130 BGN

This massage is tailored to you and your needs - with your selection of the type of oil, intensity and the parts of the body you would like to focus on.



SIGNATURE RITUALS

Signature Ortus Rose Massage

60 MIN
120 BGN

Full body massage with natural oil extracted from real Bulgarian roses. Bulgaria is one of the few places blessed with the ideal conditions to grow the oilseed rose. Its oil contains minerals, vitamins and antioxidants which have calming, anti-inflammatory and nourishing effect. This delicate massage with floral scent will bring you emotional and physical relaxation.

Couples Massage

75 MIN
230 BGN

Enjoy quality time with your loved one. This treatment starts with aroma jacuzzi bath for two prior to your customized side-by-side massage in the elegant spa suite.

Massage for Expectant Mothers

40 MIN
100 BGN

Massage with pure almond oil fully personalize by the pregnant lady needs.

ADDITIONAL TREATMENTS

Scalp massage

15 MIN 25 BGN

Facial massage & BABOR booster ampule

15 MIN 40 BGN

BABOR facial mask

25 BGN

Turkish Bath

60 MIN
130 BGN

The ultimate purifying experience. This traditional Turkish treatment dating back hundreds of years, starts with full body scrub with "kese" glove and continues with full body foam massage.

BABOR Shaping Treatment

120 MIN
170 BGN

Every stage of this treatment is designed to improve the body appearance. It starts with sea salt oil bath, followed by Shaping active body scrub, Detox body wrap and special shaping massage to finish the therapy. The treatment combats excess fat deposit formations, shapes, refines and smooths the body's silhouette.

Ortus Rose Journey

120 MIN
170 BGN

This exquisite treatment with the benefits of stress-relief, hydration and rejuvenation, begins with rose jacuzzi bath, then the whole body is gently exfoliated and prepared for the full body rose massage. The journey is completed with a soothing facial and head massage, which will provide a total relaxation.

Couples Origin Ritual

120 MIN
400 BGN

Complete body treatment that combines the power of natural local essential oils with the best facial care from the world's cosmetic leader. The treatment includes aroma jacuzzi bath for two, gentle body scrub, medium pressure massage and facial treatment in the exclusive atmosphere of the private spa suite.





FACIALS

BABOR HSR® Lifting

60 MIN
130 BGN

High-quality anti-wrinkle face care treatment that activates collagen and elastin synthesis. It optimizes the buildup of collagen, resulting in absolute lifting effect with smoother appearance and firmer contours of the skin.

Hydro Cellular Hyaluron Booster

60 MIN
120 BGN

High-performance skincare for the intense repair of moisture deficits. The active ingredients optimize the skin's ability to store moisture long term and protect against dehydration.

Ultimate A16 Detox

60 MIN
130 BGN

Treatment designed for all types of stressed, demanding skin with signs of environmentally-induced aging. Promotes the regeneration of the skin and increases its resistance against oxidative damage, UV radiation and pollution.

Calming Treatment for Sensitive Skin – Intense Calm

60 MIN
120 BGN

Instantly soothes and strengthens sensitive and irritated skin, making it healthier and softer.

Express Crush Therapy

30 MIN
70 BGN

This express treatment includes all of the basic elements of a complete facial: cleansing, peeling and application of special ampule based on your skin type. Smooths fine lines and erases signs of fatigue.

BABOR Men Energy Treatment

30 | 60 MIN
70 | 110 BGN

Babor's treatment developed especially for male skin. Speeds up skin regeneration, including the micro-cuts after shaving and provides a long-lasting hydration effect.

BODY TREATMENTS

Shaping Active Body Scrub

25 MIN
60 BGN

Full body scrub performed with special sea salts mixed with essential oils. This treatment firms and tones the skin and refines the body's silhouette.

Detox Body Wrap

30 MIN
65 BGN

The special algae wrap combined with thermo lotion promotes the metabolic processes and stimulates the removal of the toxic and unhealthy substances from the skin cells.

Full Body Detox Therapy

60 MIN
110 BGN

Combined Active body scrub with Detox body wrap for thorough detox experience.

Refine Cellular Fat Burning Therapy

60 MIN
120 BGN

Highly-effective anti-cellulite treatment which incorporates the innovative method of "Stop Cellulite Wraps" with active ingredients to reduce the fat deposits and smooth the surface of the skin.



Hours of Operation

Daily 09:00 AM - 09:00 PM

Environment

Ortus is a place of relaxation and tranquility. In consideration of our guests' comfort - smoking, alcohol consumption and cameras are not permitted. A guest showing signs of intoxication will be denied access. It is required to shower prior to a treatment and usage of the facilities. We respectfully ask that you turn off your cell phone so that the tranquility of all our guests may be preserved.

Scheduling an Appointment

Advance bookings are recommended to secure your preferred treatment time. Appointments can be made by contacting the Ortus Reception. Our dedicated team will assist you in selecting the treatments best suited to your needs.

Canceling an Appointment

Please notify us 4 hours prior to your scheduled appointment if you need to change or cancel your reservation to avoid being charged in full for the service.

Arriving

Please arrive at least 30 minutes prior to your treatment in order to complete your consultation form and take time to relax. Please be aware that if you arrive late it may be necessary to decrease your treatment time with respect to the next reservation.

Health

Please advise us if you are pregnant, have allergies or other health concerns when booking any treatments. Kindly be informed that the therapists cannot provide treatments to guests suffering from certain illnesses.

What to Wear

Bathing suits or towels are required in all areas. Only guests with appropriate sports clothing and sports shoes will be allowed to use the Fitness Center.

Valuables

The Hotel is not responsible for loss or damage of personal items and valuables. Please leave your valuables at the safe deposits in your room.

Payments and Gratuities

The prices are in BGN and inclusive of VAT. All major credit/debit cards and cash are accepted. For hotel guests the payments can be charged to the room account. Additional gratuity for your therapist is at your discretion.

Aftercare

We recommend full relaxation after the treatment. Drinking water or tea will help your body release the toxins. To extend your experience at home, a variety of products are available for purchase at Ortus Reception.

Age Requirement

All guests must be 16 years of age or older to enjoy the facilities and the treatments. Persons between 16 and 18 years old are solely allowed when accompanied by an adult.



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