FACE CEREMONIES

TAO OF CLEAN, CUSTOMIZED FACIAL
A deep cleansing purifying treatment customized for all skin types. Includes an exfoliating peel to renew the skin, a deep-cleansing massage to promote circulation and a masque to balance and nourish the skin. A heated hand treatment completes the experience.

50 minutes / $115

LUMINOUS PEARL ANTI-OXIDANT FACIAL
Ultra-oxygenating, anti-aging treatment based on vitamin-rich super berries, plant cell cultures to rejuvenate and crushed pearl powder to renew. Concentrated, nourishing oils, serums and plant essences combine with exclusive acupressure and muscle-easing face and neck massage followed by a nourishing algae-rich masque for increased cellular renewal and a healthy radiance.
* A scalp massage & cooling foot treatment is included in the 80 minute version.
50 minutes $135 / 80 minutes $190

HEAVEN & EARTH AROMATHERAPY FACIAL
Reconnect with nature, spirit and self with this deluxe facial based on the ancient and influential art of Aromatherapy. Centered on a global bouquet of skin renewing aromatic oils, this facial imparts complete vitality and relaxation. Includes an invigorating foot scrub, specially developed aromatherapy facial.
* A scalp massage & cooling foot treatment is included in the 80 minute version.
50 minutes $125 / 80 minutes $180

FACIAL CHI REFRESHER
A deep-cleansing introductory facial based on organic Moor Mud to refine, brighten and remineralize skin. Includes a skin analysis and massage of the face and shoulders, as well as a heated hand treatment.
25 minutes $75

FACIAL ENHANCEMENTS
PRO Peel 25 minutes or upgrade $75
Chitosan Masque - upgrade $25
Eye Rescue - upgrade $25

BODY CEREMONIES

AROMA ZEN
Purify, calm, cleanse and renew with this signature body treatment. Open with an energy balancing ritual and nourishing mineral salt scrub followed by a warm aromatherapy massage.
* 80 minutes will include a soothing cocoon wrap enhanced with a tension-melting scalp massage and herbal foot treatment. Customize your experience by intuitively selecting your choice of Ginger, Lavender or Mandarin Geranium oils.
50 minutes $125 / 80 minutes $180

BAMBOO FOOT CEREMONY
Refresh tired toes and energize the legs after long days on your feet. Warm bamboo massage melts away muscle tension enhanced by essences of Indonesian & Thai Ginger to provide soothing warmth. Dry skin is banished with crushed bamboo & pineapple enzymes while warm compresses ready you for a final cooling foot massage with pain relieving herbs.
25 minutes $75

GOLDEN LOTUS GINGER WRAP
A luxurious application of East Asian Ginger oils mixed with shea butter and organic coconut helps relieve muscle tension, promote detoxification and hydration. A rich creme made with mineral infused waters helps to moisturize and nourish the skin as it is applied with effleurage movements to the body. The body is then wrapped in warm blankets while a acupressure scalp and foot massage is performed
50 minutes $125

TEMAPEL OF TRANQUILITY
Awaken the senses with the signature aroma of Sweet Neroli Blossoms in this deeply relaxing yet uplifting experience featuring energy balancing, reflexology to clear the mind, and a warm Neroli oil meditative massage.
* 80 minutes includes a lymphatic dry brush technique and Eucalyptus infused foot cleansing ritual
50 minutes $125 / 80 minutes $180
MASSAGE CEREMONIES

EAST MEETS WEST CUSTOM MASSAGE
Personalized to your individual needs, this fusion of classic western and eastern massage techniques blend together to relieve muscle tension, promote circulation and deep relaxation.
25 minutes $70 / 50 Minutes $115 / 80 minutes $170

ORGANIC AROMA JOURNEY MASSAGE
Taking massage to the next level, this enhanced treatment begins with Lavender-infused towels to warm the body as a calming aromatic ritual imparts comfort and serenity, with your choice of Lavender, Ginger, Neroli or Harmony oil.
25 minutes $75 / 50 minutes $125 / 80 minutes $180

CALM MIND MASSAGE
Clear your head of distraction and prepare for deep slumber. Begin with a scalp and temple massage with a thoughtful blend of lavender, cajeput & peppermint essential oils designed to quiet thoughts and relieve scalp tension. Your full body massage features soothing techniques and a lavender oil.
50 minutes $125 / 80 minutes $180

AROMA STONE MASSAGE
Therapeutic heat is slowly released into the belly of the muscle by warm, basalt stones. Balancing stones are placed on key energy points, whilst luxuriously warmed oils are massage deeply into the body for maximum relaxation.
50 minutes $150 / 80 minutes $225

MOTHER-TO-BE HARMONY MASSAGE
A specially tailored massage for the expectant mother’s needs from the first trimester on. Tried and tested pregnancy safe massage techniques combined with a Chinese geranium infused oil that balances hormone levels and addresses women’s issues specifically. This therapeutic massage will aid in relief from overall body tension and improved circulation.
50 minutes $125 / 80 minutes $180

WARM BAMBOO MASSAGE
Known for its healing properties, this massage works at all levels to balance, calm and energize you physically, mentally and spiritually. This rejuvenating enhancement will add to the holistic experience. The use of bamboo ensures healthy circulation, relief of muscle tension, deep relaxation and even aids in detoxification.
50 minutes $150 / 80 minutes $225

COUPLES MASSAGE
Receive any two massage treatments simultaneously in our Couples Suite.
Pricing based upon services selected.

HAND / FOOT CEREMONIES

Choose Aromatherapy Option:

EUCALYPTUS
Soak in muscle-relieving minerals, exfoliate with Turkish salts and moisturize with invigorating Fuß Balm

WILDFLOWER
Indulge in a chamomile and calendula soak, exfoliate with a creamy herbal pumice and moisturize with Chamomile lotion.

SPA MANICURE
A healthy twist to a regular manicure. This deluxe treatment incorporates a unique Multi-Acid Peel for hand exfoliation based on a 20% multi-acid complex, moisturizing Myrrh Nail Oil, and hand soak.
Spa Manicure $35 French +$10 Shellac +$15

SPA PEDICURE
This pedicure helps to stimulate circulation as well as revitalize and remineralize tired feet. The feet are exfoliated followed by a rejuvenating foot soak. A foot and calf massage with an aromatherapy moisturizer concludes this revitalizing experience.
Spa Pedicure $70 French +$10 Shellac +$15
HOW TO SPA

Prepare yourself for your spa journey. The more relaxed you are, the more your treatments will enhance your well-being.

APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival at Tranquil Waters Spa. Reservations are subject to availability and must be guaranteed with a credit card.

SPECIAL EVENTS

Ask us about reserving the spa for your event - bridal shower, birthday or girls’ night out.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 4 business hours in advance. Appointments starting before noon must be changed or canceled by 9 PM the evening prior. A full service charge will apply to all no-shows and untimely cancellations.

ARRIVAL

We suggest that you arrive 10 minutes before your appointment time to fill out your personal care guide where you can explain your special health considerations or specific needs.

LATE ARRIVAL

As a courtesy to clients booked after you, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

WHAT SHOULD YOU WEAR?

Luxurious bathrobes and sandals are provided for your comfort. You may leave your personal belongings in a locker. For your treatment, disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times.

SHOULD YOU SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any treatment, but if you wish to shave we recommend doing so two hours before any facial or body exfoliation treatments.

IS THERE AN AGE REQUIREMENT TO USE THE SPA?

All spa guests must be 16 or older to schedule a treatment.

CELLULAR PHONES

In consideration of our other guests, we ask that you turn off your cell phone and/or pager before entering the spa.

PAYMENT AND SERVICE CHARGES

We accept all major credit cards. Guests of the Hyatt Regency may charge the service to their room accounts.

VALUABLES

Tranquil Waters Spa is not responsible for damage to or loss of personal belongings. Our recommendation is to not bring valuables to the spa.

Thank you, and we look forward to your visit!

FACILITY & AMENITIES

All guests of Tranquil Waters Spa are offered complimentary use of the fitness facility and other amenities including:

* Fitness Center
* Pool
* Whirlpool
* Steam Room

TO SCHEDULE AN APPOINTMENT

Call 425-207-2416 or dial ext. 2416 from any hotel phone. You can also press the “SPA” button on your room phone, or email TranquilWatersSpa@Hyatt.com.

HOURS OF OPERATION

We highly recommend making advance reservations for your spa services.

Monday - Friday - 10AM - 8PM
Saturday - 9AM - 7PM
Sunday - 9AM - 5PM

In-Room Massage and select other services may be available. Please call for additional information.

Services before and after hours are available by special request, and are subject to availability and a $25 surcharge.