SPA
AVANIA

TREATMENTS

Massage

Avania Signature: Sooth • Rejuvinate • Classic **$215 / $295**
60 / 90 minutes
Our classic swedish massage focuses on gentle techniques to promote circulation and blood flow throughout the body for a complete relaxation experience.

Therapeutic Deep Tissue: Specialized • Theraputic • Decompress **$225 / $305**
60 / 90 minutes
Personalized by your therapist to meet the unique needs of your body, the therapeutic deep tissue massage focuses on areas of discomfort to encourage natural healing responses in your body.

Hot Stone*: Warm • Sooth • Grounding **$225 / $295**
60 / 90 minutes
The most relaxing of all massages, hot stone massage is the preferred treatment for those looking to relax and relieve stress. Heated stones, used in conjunction with traditional massage techniques, create a massage experience beneficial to those who experience muscle tension, have had a muscle related injury or are looking for the ultimate in relaxation.

Hot Herbal Poultice*: Compressions • Warmth • Detox **$215**
60 minutes
Gentle compressions open the body. An herbal compress is steamed and pressed gently on to detox and soothe tension. Our warming jivaka oil helps us flush and ease the body.

CBD Trigger Point Therapy: Customize • Release • Rejuvinate **$340**
90 minutes
A customized treatment using soothing CBD with the efficient releasing powers of trigger point work. This treatment unlocks the body, reduces inflamation and alleviates pain.

Luk Pra Kob: Stretch • Detox • Relieve **$230**
90 minutes
Luk Pra Kob, is an ancient thai healing art form thai bodywork, that is enhanced by a steamed herbal compress. It incorporates movement and stretching to balance and stimulate the body's ability to heal and rejuvenate. A blend of aromatic oils with anti-oxidant properties improve circulation, release pain, encourage inner strength and clarity of mind.

Expecting Mother: Quiet • Nurture • Comfort **$215 / $295**
60 / 90 minutes
Pregnancy massage supports the physiological, structural and emotional well-being of both mother and fetus. Various forms of massage therapy are applied throughout pregnancy, giving the mother-to-be a renewed sense of comfort and self.

Spa Reflexology: Balance • Boost • Ease **$145 / $205**
30 / 60 minutes
Spa reflexology uses reflex points, massage and stretching of the feet to promote wellness and relaxation of the body. 30 minute focuses on hands or feet. 60 minute includes hand and feet and is elevated with hot stones on the feet.

Relief Massage: Focused • Upper body • Theraputic **$115**
30 minutes
Our relief massage focuses on a specific area of the body for maximum time efficiency.

Facials

Vibrant Citrus Facial: Anti-oxident • Plump • Firm **$240**

60 minutes

Our vibrant citrus facial incorporates the perfect combination of a fresh and invigorating dose of vitamin C. Indulge in the citrus aroma while treating overly sun exposed dehydrated dull skin. Feel the uplifting splash of vitality and hydrate your Scottsdale skin kissed skin.

Regenerative Scared Nature: Organic • Hydrate • Radiance **$235**

60 minutes

Offering an organic treatment for all skin types, this facial utilizes butterfly bush extract to protect the DNA of skin cells for notable anti-aging. These rich and nourishing products have been formulated in accordance with ecocert™ guidelines.

Sublime Skin: Resurface • Anti-aging • Lifting **$235**

60 minutes

The natural filler solution. The professional range has been enhanced with a special focus on peels with the aim of providing increased performance and customized solutions for different skin needs. This facial specifically targets wrinkles, hyperpigmentation, sensitive skin, and delicate areas.

Ultra Glow: Hydrate • Glow • Vitality **$225**

60 minutes

Straight from sonoran desert the prickly pear extract will give the skin an immediate glow. A unique combination of lactic acid, powerful concentration of hyaluronic acid, and tranquility blend will leave your skin refreshed and illuminated.

Cryo Sculpt: Sculpting • Firming • Anti-Inflammatory **$305**

60 minutes

Combines the benefits of cold therapy and sculpting gua sha. After waking up the skin with the unique skin activator, an enzyme exfoliation prepares skin to receive the potent collagen boosting formulas from Dr. Babor. The cryo gua sha massage is followed by a firming peel off mask to reveal a radiant, refreshed and more even complexion.

Diamond Luminous*: Illuminating • Glowing • Brightening **$265**

60 minutes

For brighter radiant skin, glycolic peels effectively lighten hyperpigmentation by exfoliating and oxygenating the skin, resulting in a healthier and more luminous appearance.

Dr Babor Pro*: Resurface • Restore • Cosmeceutical **$295**

60 minutes

High-performance cosmeceutical products to boost skin activity and vitality of the skin. Targets wrinkles, large pores, hyperpigmentation, acne or scarring. This unique treatment uses the Dr. Babor Pro protocol and anti-inflammatory peels to deliver maximum targeted results.

Platninum Hydrafacial*: Exfoliate • Hydrate • Restore **$315**

60 minutes

Deep cleansing, painless extractions, and penetrates deep hydration using vortex fusion™, the platinum hydrafacial includes lymphatic drainage to improve blood circulation and removes toxins from the skin. Red LED light improves the signs of aging, blue LED light improves the appearance of oily or congested skin. Red and blue LED has therapeutic benefits and helps the skin's production of Vitamin D. . *

Signature Hydrafacial*: Renew • Resurface • Restore **$215**

30 minutes

Deep cleansing, painless extractions, and penetrates deep hydration using vortex fusion™.

Clarifying Back Facial: Deep Cleansing • Exfoliating • Hydrating **$155**

30 minutes

This deep clarifying back facial targets the hard to reach areas. You will experience both exfoliating and hydrating using AHA acids and prickly pear extract leaving the skin cleansed.

Wrap / Body

Desert Essence Wrap*: Warm • Tone • Renew **$235**

60 minutes

Take back the years with a gentle dry brush and warming cactus toning gel body wrap. This dry wrap firms and revitalizes the skin, preventing sagging and stimulating new growth. Our Blushing Agave oil moisturizes and soothes, leaving the skin toned and refreshed. **Not for those with a shellfish allergy*

Sanded Ground Wrap*: Polish • Detox • Rewind **$235**

60 minutes

This Arizona mud based mask and scrub blend exfoliates and clarifies skin. While in a detoxing cocoon you will enjoy gentle scalp massage. Once rinsed, our moon dip cream contains everything needed to reduce wrinkles, boost collagen production and cell renewal, brighten, hydrate, and reduce hyperpigmentation.

Tranquility Wrap*: Nourish • Balance • Repair **$235**

60 minutes

Out with the old and in with the nutrients! An invigorating exfoliation followed by a painted on nutritional mask that reduces skin structure damage, regenerates, tones and creates a barrier for the skin. Enjoy a scalp massage while you are warmly wrapped and soaking it all in. Once rinsed, the body will be left silky and hydrated with our tranquility body cream.

Babor Ritual*: Exfoliate • Lymphatic • Hydration **$345**

90 minutes

This indulgent journey begins with a stimulating body polish fortified with natural poppy seeds, rich in antioxidants and essentials nutrients. The body is cocooned in a decadent firming cream with mood elevating notes of orange, mimosa and vanilla musk. The journey is complete with a bespoke babor facial that will leave the skin invigorated and glowing.

Vichy*: Quench • Refresh • Glow **$245**

60 minutes

Smooth and illuminate the body with our hydrating sugar scrub, enhanced by a chosen scent. Our fully immersive eight headed rain shower bar will cleanse the skin and our nourishing lotion will replenish hydration to the skin leaving it silky and radiant.

Couples Services

Time for two. Enjoy your services side by side in our private couples suite.

Experience Massage **$480**

60 minutes

Journey Massage **$640**

90 minutes

Touchless Services

Himalayan Salt Room — **$105**
Individual 30 minutes — **$165**
couple 30 minutes
In Eastern Europe salt mines decades ago, "halotherapy" is a therapeutic, 100% natural, non-invasive treatment. It is a method of inhaling pure, dry, micronized salt air particles. These particles reach deep into the lungs absorbing bacteria and pollutants, providing an anti-inflammatory property. Additional benefits encourage clear skin, enhanced breathing, superior endurance, deeper, more restful sleep and overall wellness.

Spa Wave Gentle
30 minutes — **$95**
60 minutes — **$180**
Spa Wave provides a full body mixture of lighter and deeper vibrations designed for both relaxation and chakra balancing. Multi-channel frequencies are designed to resonate with the body's energy centers and to enhance the massage experience with an accompanying audio journey to a deep, relaxed state.

Spa Wave Energy — **$95**
30 minutes — **$180**
60 minutes
Designed to quickly balance the body's energy centers, while music, tones and natural sounds help deliver a relaxed mental state.

Salon

Avania Ritual Manicure: Replenish • Shape • Reveal — **$85**
30 minutes
Unwind with hand soak followed by an indulgent hand and arm massage using a luxurious lotion enchanced with the scent of choice. Includes shaping, cuticle care and polishing of the nails.

Avania Ritual Pedicure: Exfoliate • Moisturize • Restore — **$105**
45 minutes
Relax and Replenish. Start by choosing a scent to enhance the service. Enjoy a tranquil foot soak followed by a sugar scrub exfoliation. Includes a foot and leg massage using a lushious lotion, callus removal, shaping, cuticle care and polishing of the nails.

Moroccanoil Manicure: Revive • Indulge • Amplify — **$105**
45 minutes
Experience luxury with a nail treatment elevated with a luxurious moroccanoil souffle cream. Includes shaping, cuticle care, polishing of nails and includes parafin.

Moroccanoil Pedicure: Buff • Hydrate • Indulge — **$125**
60 minutes
Moroccanoil products indulge the senses and nourish the skin. The body buff gently exfoliates and the souffle and blend of oils give long lasting hydration. Includes parafin.

Shellac Manicure: Clean • Strong • Lasting — **$105**
45 minutes
Basic cutical clean up and shellac application.

Shellac Manicure with Removal: Remove • Refresh • Strength — **$115**
60 minutes
Removes any previous shellac. Followed by a basic cutical clean up and shellac application.

Salon

Nail Refresher: File • Buff • Polish **$55**
30 minutes
A short and sweet nail renewel.

Gentlemens Manicure: Fresh • Clean • Refined **$65**
30 minutes
Relax and restore with a brief soak, cuticle care and shaping.

Gentlemens Pedicure: Exfoliate • Restore • Hydrate **$85**
45 minutes
Recharge and renew with chosen scent that is experienced though the treatment. A sugar scrub, followed with a leg and foot massage, along with cuticle care and shaping will leave you revived and ready to take on the day.

Womens Haircut **$75**
30 minutes
Recreate or revive your hair

Womens Haircut **$105**
60 minutes
Invigorate your hair and your day with a cut and style

Moroccan Remedy **$85 / $105**
30 / 60 minutes
Combining our luxurious moroccanoil with skillful scalp manipulation, nurture and smooth your hair.
30 minutes will leave with wet hair. 60 minutes includes blowout

Moroccan Remedy for Men **$65**
30 minutes
A skilled scalp manipulation combined with nourishing moroccanoil and an edge up

Shampoo Style Short **$75**
30 minutes
Custom short style for any day

Shampoo Style Medium **$85**
45 minutes
Custom medium style for any day

Shampoo Style Long **$85**
60 minutes
Custom long style for any day

Bridal Updo **$145**
75 minutes
An up-do for your special day

Full Highlight **$185**
90 minutes
Brighten up your day and your hair

Partial Highlight **$165**
75 minutes
Subtle but refreshingly new you

Permanant Color **$135**
90 minutes
Revitalize your style and bring in a new you

Bang Trim **$25**
15 minutes
Take it up a notch with a little refresher

Mens Haircut **$50**
30 minutes
Start fresh or restore your look

Enhancements

Enhancement time is built into service time

CBD Foot Ritual: Alleviate • Sooth **$40**

This perfect CBD infused foot enhancement is to restore the free flow of energy throughout the body. It provides a profound sense of relaxation and well-being.

CBD Hand Ritual: Alleviate • Sooth **$40**

For those whose daily work involves using their hands, wrists and arms, this massage helps reduce pain and tension in the muscles and tendons of the hands and arms while improving circulation and range of motion. Our shea butter balm leaves your hands and arms feeling cool, refreshed and relaxed.

CBD Facial Massage: Soothe • Balance • Ease **$30**

Alliviate stress and tension of the face with the anti-inflammitoy assistance of CBD.

Moroccanoil Scalp Massage: Nourish • Stimulate • Indulge **$30**

Gentle scalp massage using luxurious moroccanoil used to promote health and vitality to scalp and hair.

Diamond Knesko Collagen Face Mask: Brighten • Hydrate • Energize **$45**

Illuminate and vitalize the skin. Infused with real diamond to leave you looking radiant.

Nano Gold Knesko Collagen Face Mask: Firm • Lift • Repair **$45**

Luminous skin starts here. Gold and collagen come together to reinvigorate and repair skin.

Black Pearl Detox Knesko Collagen Face Mask: Detoxify • Purify • Balance **$40**

Perfect for all skin types, reset and detox with a nice dose of hydration.

Therabody Spot Treatment: Target • Power • Relieve **$50**

Babor Ampules: Boost **$15**

A customized booster to elevate and enhance the facial.

Nail Enhancements

French: Elegant • Classic • Radiant **$10**

15 minutes

Sophisticated and beautiful

Paraffin: Revitilize • Smooth • Soothe **$20**

15 minutes

Pamper and nourish the skin, warm and sooth within

Shellac Removal **$20**

20 minutes

Remove to renew