



Tanglewood

A SOUTHERN KITCHEN

Fruit, Yogurt & Oatmeal

The Classics

Sides

Richard McCaw
Chef De Cuisine

Luke Stelmach
Director of Outlets

Cereal	9
Selection of Kellogg's cereals choice of milk: whole, 2%, almond or oat milk	
Yogurt Parfait <small>(vg)</small>	12
Greek yogurt, toasted granola, fruit, berries and fruit puree	
Chia Seed Parfait	12
Prepared with almond milk, tropical fruit, and gluten free cereal <small>(gf) (v)</small>	
Classic Bircher Muesli <small>(vg)</small>	12
Overnight oats with apples, raisin, almonds, honey and yogurt, berry garnish	
Steel-Cut Oatmeal <small>(vg)</small>	14
Sliced banana, blueberries and toasted coconut with side of mixed seeds	
Creamy Southern Grits <small>(vg)</small>	12
Side of aged cheddar cheese	
*Eggs Any Style <small>(gfa)</small>	21
Two cage-free eggs, choice of bacon, sausage or chicken sausage	
Choice of toast, Chef's daily potato and griddled tomato	
*Traditional Benedict <small>(gfa)</small>	22
English muffin, Canadian bacon, hollandaise sauce	
Chef's daily potato and griddled tomato	
Lox & Bagel	21
Toasted bagel, smoked salmon, cream cheese, onion, sliced egg, heirloom tomato, capers, lemon	
Griddled Pancakes	21
Fluffy stack of pancakes, blueberry coulis and honey whipped butter	
French Toast	21
Cinnamon glazed thick cut of brioche, crème Chantilly, salted caramel drizzle	
*Biscuits & Gravy	22
Buttermilk biscuits, house made sausage gravy, two cage free eggs your way	
Bakery Basket	
Freshly baked muffins, croissants & danish	12
Gluten Free Basket	
daily muffin, toast points	10
Chef's daily potatoes <small>(vg)</small>	7
Bacon, ham, or pork sausage <small>(gf)</small>	8
Chicken sausage <small>(gf)</small>	9
Toasted bagel with cream cheese <small>(vg)</small>	7
*Two Cage free eggs <small>(gf) (vg)</small>	12
Cottage cheese <small>(vg)</small>	4
Fruit cup <small>(gf) (v)</small>	8
Toast <small>(v) (gfa)</small>	4

(gf) Gluten Free (v) Vegan (vg) Vegetarian
(gfa) Gluten Free Available (tn) Tree Nuts

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of a foodborne illness. Some food items prepared may contain nuts or trace amounts of nuts.

BREAKFAST

Signature Dishes	
*Bayou Benedict <small>(gfa)</small>	25
Poached egg, crawfish hollandaise, Tasso ham, English muffin	
Chef's daily potato and griddled tomato	
*Egg White Skillet <small>(vg)</small>	25
Scrambled egg whites, crisp hash of sweet corn, roasted peppers, griddled tomato, scallion	
Sweet Potato & Mushroom Hash <small>(v)</small>	22
Mixed wild mushrooms, roasted cherry tomato, sautéed spinach, avocado fan	
*Country Ham Sandwich	24
Cheddar scrambled eggs, carved ham, cheese focaccia, Chef's daily potato and griddled tomato	
*Avocado Toast <small>(gfa) (vg)</small>	21
Protein bread, smashed avocado, local tomato compote, poached cage-free eggs, fruit cup with berries	
Omelet 24	
Build your own omelet	
From cage-free eggs with Chef's daily potato and griddled tomato	
Your Choice of:	
<u>Meats:</u> ham, bacon, sausage, chicken sausage, shrimp or smoked salmon	
<u>Vegetables:</u> diced peppers, tomatoes, wilted spinach, onions, jalapeño or mushrooms	
<u>Cheeses:</u> Cheddar, Swiss, pepper jack or mozzarella	

Breakfast Buffet 35

Freshly prepared omelet, nitrate-free
bacon, pork and chicken sausages,
Chef's southern daily specialties,
smoked salmon, charcuterie, cheese,
fruit, yogurt, cottage cheese, local
greens, vegetable crudité, bakery items,
sliced breads, tableside coffee,
infused water, fruit and vegetable juices

Mimosa bar for adults 21 years and older

Kids 4-12 pay their age
Kids under 4 complimentary

Espresso, latte or cappuccino	6
Freshly brewed coffee	4.5
Hot tea selection	4.5
Freshly squeezed Florida orange juice or grapefruit juice	6
Pepsi, Diet Pepsi, Dr. Pepper, Starry, Orange Fanta	4.5
Strawberry Banana Smoothie	9
Apple or cranberry juice	5
Mimosa	12
Prosecco, orange juice	
Bloody Mary	
Vodka, bloody Mary mix, garnish	12