

LUNCH

ZUPPA E INSALATA

WHITE BEAN MINISTRONE \$7 ^{VG}
baby kale | extra virgin olive oil

PANZANELLA \$12
burrata cheese | heirloom tomato
basil | shaved red onion | mixed greens
grilled focaccia | white balsamic
whole grain mustard vinaigrette

ROMAINE SALAD \$9
parmesan | fried polenta
classic dressing | white anchovy

TUSCAN SALAD \$10
campari tomato | shaved pecorino | mixed
greens | cannellini beans | kalamata olives
cucumber | shaved red onion | oregano
vinaigrette | sliced sweet pepper

NONA'S ITALIAN MEATBALL SALAD \$18
mixed greens | arugula | artichokes
heirloom tomatoes | red onions
radicchio | salami | pepperoni
fontina cheese | nona's meatball
candied lemon vinaigrette

add a protein to your salad +
chicken \$5 | rock shrimp \$6 | flat iron steak \$9
salmon \$8 | meatball \$8

ANTIPASTI E FLATBREAD

FIO FLAT BREAD \$14
smokey blue and ricotta mousse
arugula | balsamic drizzle
prosciutto di parma | dried figs

CLASSICO FLATBREAD \$13
tomato sauce | buffalo mozzarella
hand sliced pepperoni | basil
cracked black pepper | sea salt

CALAMARI DIABLO \$12
parmesan cheese | lemon juice
fresh herbs | diablo sauce

NONA'S MEATBALL \$11
nona's house made meatball
marinara sauce
buffalo mozzarella | basil oil

SANDWICHES & MORE

All sandwiches served with a choice of salad: pasta, caesar or house salad.
Choice of dressing: balsamic, ranch, italian

FIO BURGER \$17 +
hand formed beef and lamb patty
feta aioli | green harissa
quick pickled cucumber | shaved red onion
arugula | brioche bun

OPEN FACE BROILED SALMON BLT \$18 +
grilled herb ciabatta | mixed greens
bacon | avocado | artichoke
saffron mayo | lemon caper crème fraiche

PRESSED ITALIAN GRINDER \$14
zesty italian sausage | pepperoni
grinder relish | marinara sauce
white hoagie roll

CAPRESE PRESS \$13
heirloom tomato | fresh buffalo mozzarella
arugula pesto | basil
balsamic glaze | white hoagie roll

LINGUINI COTTA \$15
whole wheat linguini
roasted garlic | cured tomatoes
italian parsley | parmesan
fresh arugula | arugula pesto

BRAISED BEEF SHORT RIB & GNOCCHI \$19
seasonal vegetables | ricotta gnocchi
roasted tomato | bacon carbonara alfredo
shaved horseradish cheddar
barolo syrup

CHICKEN PARMESAN \$18
chicken breast | spaghetti pasta
house made marinara
parmesan shards | basil

SEASONAL FRESH FISH PICCATATA \$19
caper berries | pappardelle pasta
tomatoes | lemon butter sauce

DOLCE

HOUSE MADE LEMONCELLO GELATO \$5
amaretto cookie

VEGAN

WHITE BEAN MINISTRONE \$7
baby kale | extra virgin olive oil

VENETIAN FLATBREAD \$13
white bean spread | roasted mushrooms | spinach | roasted garlic
red pepper coulis

VEGAN MEATBALL POMODORO \$14
bucatini pasta, cashew ricotta, micro basil