

# BREAKFAST



FOOD. THOUGHTFULLY SOURCED. CAREFULLY SERVED.

GOOD FOR YOUR HEALTH, OUR COMMUNITIES AND OUR PLANET

## FULL AMERICAN BREAKFAST BUFFET \$16.95

Our extensive buffet, offers a variety of fresh seasonal fruit, juices, hot and cold cereals, yogurts, pastries, hot breakfast items and coffee. Available most mornings throughout the year.

## CONTINENTAL BREAKFAST \$10.95

House baked breakfast pastries, fresh fruit, vanilla yogurt, coffee or tea & juice.

## STEAK AND EGGS \$18.95

Grilled six ounce natural steak with two cage-free eggs, breakfast potatoes, and toast or gluten free english muffin.



fresh local ingredients that reflect the season and the local flavors

### REGIONAL

#### BUTTERMILK PANCAKES \$11.95

Maple syrup and butter  
Add bananas & chocolate chips \$2.00  
Multi-Grain Pancakes also available

#### VANILLA BEAN FRENCH TOAST \$12.95

Thick sliced, sweet vanilla crust with fresh berries

#### CORNED BEEF HASH \$13.95

Over easy cage-free eggs, chipotle sauce & toast or biscuit

#### COUNTRY BENEDICT \$14.95

Country ham and poached cage-free eggs on a biscuit with peppercorn hollandaise sauce, breakfast potatoes

#### CHEESE GRITS WITH SAUSAGE BISCUIT \$9.95

Weisenberger grits, sharp cheddar cheese

#### FRIED EGG SANDWICH \$10.95

Naturally cured bacon, two cage-free eggs and cheddar, served with breakfast potatoes

### COMFORT

#### STEEL-CUT OATMEAL \$6.95

Dried fruits, nuts, chocolate chips, granola, brown sugar, raisins and milk, served on the side

#### THREE EGG OMELET \$13.95

Your choice of naturally cured bacon, sausage, chicken sausage, or country ham, cheese and fresh vegetables, with potatoes and choice of toast or biscuit

#### HEALTHY BREAKFAST WRAP \$11.95

Scrambled cage-free egg whites, spinach, mushrooms, & swiss cheese in a whole wheat tortilla. Fresh fruit

#### TWO CAGE FREE EGGS ANY STYLE\* \$12.95

Breakfast potatoes, choice of meat & toast or biscuit

#### BELGIAN WAFFLE \$12.95

Fresh berries, butter & warm maple syrup

#### SMOKED SALMON & BAGEL \$16.95

Icelandic smoked salmon, toasted bagel, with cream cheese, sliced tomato, red onion & capers

#### QUENCH

Fresh Pineapple Raspberry, or Strawberry Banana Smoothie \$5.95

Blueberry & Kiwi Booster \$3.95

Chilled Juices - orange, grapefruit, tomato, cranberry, or apple \$3.95

Hot Chocolate \$3.95

Fresh Hormone-Free Milk, - whole, 2% and skim \$2.75

Starbuck's Coffee and Tazo Teas \$3.95

Bloody Mary / Bloody Maria / Mimosa Cocktail \$9.00

Red Bull - regular or sugar free \$4.95

#### ALTERNATIVES

Chicken Apple Sausage or Naturally Cured Bacon \$4.95  
Choice of One

Fresh Baked Cinnamon Roll, cream cheese icing \$4.95

Yogurt Parfait - with granola and seasonal berries \$6.95

Fresh Fruit Cup \$5.95

Buttery Croissant, Muffin, Bagel or Gluten Free English Muffin \$3.95

Kashi Organic Promise Cereal - with dried organic fruits \$5.95

WE ONLY SERVE CAGE-FREE EGGS, HORMONE-FREE MILK AND NATURALLY CURED BACON

PLEASE NOTIFY YOUR SERVER IF YOU HAVE FOOD ALLERGIES  
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS