

# BREAKFAST



THOUGHTFULLY SOURCED \* CAREFULLY SERVED

## BREAKFAST BUFFET \$21

Selections include scrambled eggs, breakfast potatoes, crepes, bacon, sausage, cereals, fresh fruit, juice, and coffee

## LONG ISLAND CONTINENTAL \$16

Includes fresh fruits, assorted pastries, cereal, oatmeal, milk, coffee and juice

## HAM AND WHITE CHEDDAR PANINI \$13

Fried egg, shaved ham, Dijon spread



WHENEVER POSSIBLE  
WE USE FRESH PRODUCE  
GROWN AT LOCAL FARMS

REGIONAL

### MULTI-GRAIN

#### BANANA PANCAKES \$12

Caramelized bananas, granola, maple syrup and butter

#### CHALLAH FRENCH TOAST \$12

Three citrus marmalade, spiced whipped butter, Vermont maple syrup

#### THE BENEDICT \$14

Toasted traditional Canadian bacon, muffin and hollandaise

### MAINE LOBSTER

#### EGGS BENEDICT \$16

Toasted Pilgrim bread, cob smoked bacon, chive hollandaise

### GLUTEN FREE

#### SPANISH OMELET\* \$13

Tomatoes, artichokes, mushrooms, red peppers, feta and smoked gouda cheeses

### COASTAL HARBOR

#### SMOKED SALMON \$13

Sliced tomatoes, red onion, capers, toasted bagel

COMFORT

### STEEL CUT OATMEAL \$8

Macerated berries, orange blossom honey cream

- Brown sugar, milk, roasted fruits
- Brown sugar, raisins, milk

### CARAMELIZED ONIONS AND ROASTED PORTOBELLO OMELET \$13

Grafton cheddar, cranberry pecan toast

### ZUCCHINI AND CHEESE

#### FRITTATA \$13

Guyère, goat and white cheddar cheeses, tomato, onion and ciabatta toast

### TWO CAGE FREE EGGS

#### ANY STYLE \$12

Breakfast potatoes, choice of meat

### GRILLED CHICKEN HASH \$13

Egg white omelet served on top of a grilled chicken, vegetable and potato hash, cherry tomato compote

### KEY LIME WAFFLE \$12

Fresh berries and whip cream

### QUENCH

Torrefazione Italia Coffee \$4

Selection of Tazo Teas \$4

Juices \$4

Milk \$4

### Alternatives

Cage Free Eggs Any Style \$8

Bacon, Ham, or Sausage \$6

Fresh Bagels \$5

Assorted Muffins \$5

Large Croissant \$5

Danish \$5

Yogurt Parfait \$9

Vanilla Greek Yogurt, Seasonal Berries, House Made Granola

Seasonal Fruit Selection \$9

StayFit Cuisine

\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish or fresh shell eggs may increase your risk of food borne illness.

Before placing your order, please inform your server if a person in your party has a food allergy.

