

HYATT REGENCY DUSSELDORF

RIVE SPA & FITNESS



“*SANITAS PER AQUAM* *HEALTHY THROUGH WATER*”

Water as an elixir of beauty makes us firmer, more beautiful and slimmer and is the basis for a healthy body.

It is therefore crucial for the condition of our connective tissue and beautiful skin. Water activates the metabolism, improves circulation and supplies the body with oxygen.

Our luxurious Rive Spa rituals are derived from the basic elements of our world and give you sensual pleasure and a deep sense of well-being. We focus on the choice of sensory world and treatment rituals according to your individual ideas and will be happy to advise you.

Together we will find the right sensory world for you that meets your current needs. Regardless of whether you want to recharge your batteries, relax, unwind or achieve a special skin result.

This holistic sensory experience combines fragrances, precious ingredients, tea enjoyment, massages and music are coordinated with each other.

Choose one of the Rive Spa rituals to suit your sensory worlds to suit your ritual:

- *INSPIRATION* - individual, customized
- *REFLEKTION* - anti-aging, detox
- *DISCOVER* - invigorating, nourishing
- *FLOW* - relaxing, calming



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Partner rituals

The exclusive spa experience side by side in the partner spa cabin with a nourishing aroma bath is a special break for two. time out for two. After the "Rive Spa Couple Rituals" you also have the also have the opportunity to use our spa and fitness area free of charge.



The Couple's Spa Experience 2.5 hours/260 Euro per person

Organic Aromatherapy Bath 30 min
Organic Sugar & Rose Body Polish 30 min
Caviar Body Wrap 30 min
Personal Signature Massage 60 min
Smoothie/tea and selection of fresh fruit



Tempting Spa 2,0 hours/250 Euro per person

Organic Seaweed & Lemon Body Polish 30 min
Deep Muscle Release Massage 60 min
Enzyme Facial 30 min
Smoothie/tea and selection of fresh fruits



Let's Celebrate Spa 90 min/160 Euro per person

Organic Aromatherapy Couple Bath 30 min
Organic Aromatherapy Massage 60 min
Smoothie/tea and selection of fresh fruits



Women rituals

Experience the intensive symbiosis of the coordinated coordinated treatments. Afterwards you also have the the opportunity to use our spa and fitness area free of charge.



The Fashionista 2.5 hours/220 Euro

Personal Signature facial treatment 60 min
Rive Spa pedicure 45 min
Rive Spa manicure 45 min
Smoothie/tea and selection of fresh fruit



Cosmopolitan 2.0 hours/210 Euro

Organic Seaweed & Body Peeling 30 min
Clay Masque 30 min
Personal Signature Massage 60 min
Smoothie/tea and selection of fresh fruits



The Vamp 2,0 hours/215 Euro

Organic Aromatherapy Massage 60 min
Organic Aromatherapy Facial 60 min
Smoothie/tea and selection of fresh fruits



Women's beauty, manicure & pedicure



Aroma spa manicure from CND 60 min/65 Euro

Soothing hand bath, gentle exfoliation, nail shaping and care nails, de-stressing hand massage, including CND color polish.



Aroma Spa Pedicure by CND 60 min/70 Euro

Soothing foot bath, gentle exfoliation, nail care, de-stressing foot massage, massage, including CND color polish.



Express manicure/pedicure by CND 30 min/45 Euro
Shape and care for nails, de-stressing aromatic oil massage



Can be booked in addition to another treatment:

- UV polish 16 euros
- Hand wrap 20 Euro
- Waxing ab 15 Euro
- Eyebrow tinting 15 Euro
- Eyelash tinting 15 Euro
- Eyebrow shaping 15 Euro
- Hand massage 15 Min/20 Euro
- Head massage 15 Min/20 Euro
- Foot massage 15 Min/20 Euro



Men's rituals

With the Rive Spa Man rituals, you will experience harmony and relaxation in holistic treatments. Enjoy your personal wellness time with a Rive Spa Man Ritual. You also have the opportunity to use our spa and fitness area free of charge.



The Executive 2.5 hours/255 Euro

Aroma oil peeling 30 min
Individual massage 90 min
Enzyme facial treatment 30 min
Smoothie/tea and a selection of fresh fruit



The Manager 1,5 hours/160 Euro

Aroma seaweed peeling 30 min
Detoxifying body massage 60 min
Smoothie/tea and a selection of fresh fruit



The Athlete 1.5 hours/165 Euro

Personalized signature facial 30 min
Aromatherapy massage 60 min
Smoothie/tea and a selection of fresh fruit



Men's beauty, manicure & pedicure



Rive Spa Personal Signature Facial 60/90 min 110/140 Euro

The Personal Signature Facial is a care concept individually tailored to your and needs. This exclusive facial treatment is complemented by a vitalizing facial massage and a facial mask.



Aroma Spa men's manicure by CND 45min/50 Euro

Soothing hand bath, gentle exfoliation, nail shaping and care nails, de-stressing hand massage



Aroma Spa men's pedicure by CND 45 min/60 Euro

Soothing foot bath, gentle exfoliation, nail shaping and care nails, de-stressing foot massage



Express manicure/pedicure by CND 25 min/40 Euro

Nail shaping and care, de-stressing aromatic oil massage



Facials

The facial treatments support the natural renewal of the skin through a combination of massages, lymphatic drainage and acupressure techniques. Highly potent organic substances support the skin's own repair and regeneration processes.



TOP CITY 45 min/90 Euro

The ideal facial treatment for maximum results in the shortest possible time. Leaves your skin deeply cleansed, clarified and ideally moisturized.



TOP Enzyme Peeling Vitamin C & Papaya 60 min/130 Euro

The deep cleansing and enzyme peeling enriched with organic fruit acid specifically targets age and pigmentation spots as well as fine wrinkles and uneven skin texture on the face and décolleté. Stimulating acupressure is followed by intensive head, face and neck massages.



TOP Rose Crystal Lymphatic Luxury 90 min/165 Euro

This beauty ritual includes deep cleansing and three highly effective masks to clarify, moisturize and tighten the skin. After a stimulating acupressure, the lymphatic system is stimulated by gently stroking the lymph with energetic rose quartz crystals. An intensive facial massage as well as foot, hand, arm, leg and head massages round off the treatment.



Facials

The anti-ageing care philosophy is based on three principles: Prevent, Correct and Protect. Through a targeted products and massage techniques, the respective treatment goal is optimally supported.



Personal Signature, caring 60 min/110 Euro

It soothes and gives a healthy radiance to dehydrated to dry skin that is stressed by daily influences such as environmental pollution and climate changes. Massage techniques and products specially tailored to the skin type into balance.



Personal Signature, clarifying 60 min/110 Euro

Ideal for oily and blemished skin. Deep cleansing, skin-soothing treatment. Gives the skin more vitality, balance and purity. Massages and products specially tailored to the skin type and the Mirco peeling improve radiance.



Personal Signature, anti-age, correcting 90 min/150 Euro

Ideal for skin showing the first signs of ageing such as wrinkles, loss of elasticity or pigmentation spots. Intensive skin-firming treatment that prevents and corrects the first signs of skin ageing. Massage techniques specially tailored to this skin type and special combinations of active ingredients restore vitality and firmness to the skin and reduce the visibility of pigmentation spots.



Massages



Personal Signature 30/45/60/90 min 65/85/110/150 Euro

With the Personal Signature Massage, your individual wishes are taken into account and a massage tailored to your needs is carried out. Various aromatic oils lift your mood and counteract tension and depression.



Detox & Contour 45/60/90 min 95/120/160 Euro

The detox body massage works intensively on the connective tissue, stimulating and stimulating the lymph flow. The massaged-in detox oil actively promotes purification and detoxification. At the same time, it firms and tightens the skin.



Deep muscle release 45/60/90 min 95/120/160 Euro

This deep tissue massage uses a classic "kneading treatment" and special grip techniques to work on tense muscles. This stimulates the metabolism and releases deep-seated tension.



Back, neck and shoulder 45 min /85 Euro

The back massage covers the back, neck and shoulders. It is a wonderful way to loosen painfully tense muscles and stiff necks.



Massages



Foot Reflexology 45 min/85 Euro

This massage involves massaging the acupuncture points on the soles of the feet. Each of these points is associated with a specific organ.



River Stone Body 60/90 min 120/160 Euro

During the River Stone massage, round, warm lava stones nestle against the body. The stones are placed on the energy centers of the body and gently massaged with the smooth stones.



Body treatments



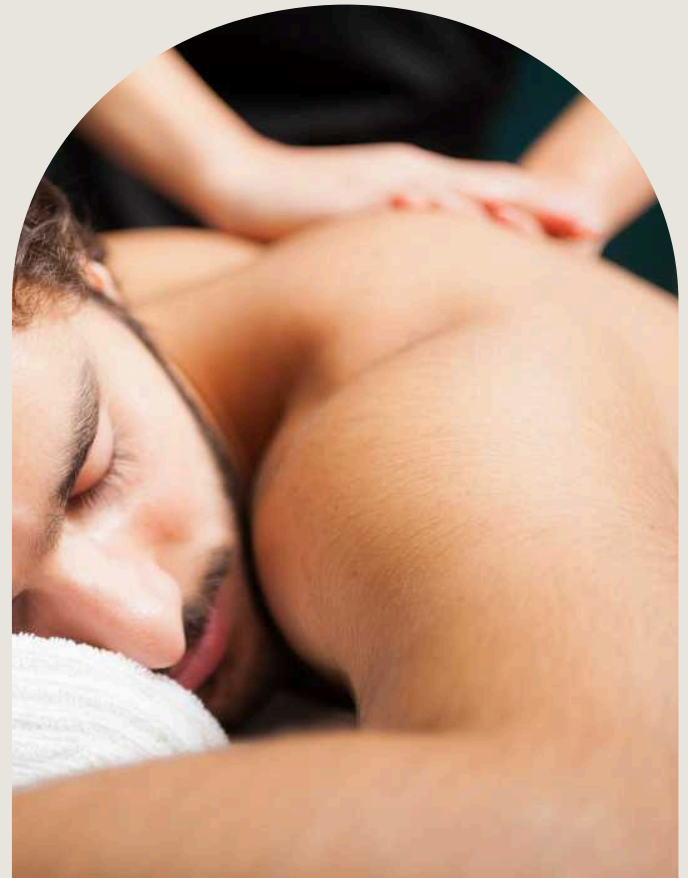
Renew Body Experience 90 min/185 Euro

This luxurious anti-ageing body treatment begins with a regenerating body scrub, followed by an enveloping body mask. This balancing ritual is concluded with a full body massage using the purest aromatic oil.



Detox Body Experience 90 min/185 Euro

This revitalizing full-body treatment detoxifies with a stimulating body scrub based on aromatic oil and seaweed. Seaweed. Your entire body is then treated with a mineral-rich seaweed-based mud pack. A back, neck and shoulder massage with detox body oil rounds off the pampering time.



Body care

The Rive Spa Body Polish provides a deep cleansing of the skin. Freed of all ballast, your skin breathes again, regains its radiance and feels soft and supple. A subsequent mini-massage with pleasantly scented aromatic oil provides optimal care for skin in need of nourishment.



Organic Sugar & Rose Polish 60 min/90 Euro

A luxurious experience with a floral fragrance. This balancing salt body scrub removes dead skin cells and moisturizes the skin at the same time. The skin is smoothed and supple.



Organic Seaweed & Eucalyptus Body Polish 60 min/90 Euro

An invigorating experience with refreshing eucalyptus. This activating body scrub removes dead skin cells, the body is detoxified and toxins are flushed out of the body.



Body wraps

The Rive Spa Body Wraps pamper your skin in two ways. They begin with a sensitive relaxing massage to prepare you optimally, while the subsequent warming body care provides the skin with nutrients.



Caviar body wrap 60 min/90 Euro

This body wrap made from precious caviar contains anti-ageing ingredients and is derived from a stem cell complex. The body skin is smoothed and particularly elastic.



Slim & Shape Body Wrap 60 min/90 Euro

This body wrap made from 100 % pure, natural micropulverized algae has a detoxifying, deacidifying effect, stimulates the metabolism and mineralizes. Water retention and fat deposits are broken down in a targeted manner. The body is regenerated and the tissue is tightened and firmed.



Rive Spa & Fitness memberships

Our modern fitness area is equipped with high-tech endurance training equipment from TechnoGym™ and enables an effective work-out away from home with a view of the MediaHarbor. The equipment offers internet access as well as iPod and iPhone use during use. Our exclusive wet area has a spacious whirlpool, a Finnish sauna and an aroma steam bath.



Annual membership "Full Day" 1 year/1,500 Euro

- Use of the exclusive spa and fitness area daily
- from 7.00 am to 10.00 pm
- 10% discount on all wellness treatments
- An unlimited number of meals in our restaurant
- One free meal per spa stay in the DOX Restaurant & Bar (provided you are accompanied by at least one full-paying guest)
- The annual fee is paid by direct debit authorization



Annual membership "Half Day" 1 year/900 Euro

Use of the exclusive spa and fitness area
from Monday to Friday, 10.00 a.m. to 4.00 p.m.
10% discount on all wellness treatments
The annual fee is paid by direct debit authorization



Rive Spa & Fitness memberships



10 card 295 Euro

Use of the exclusive spa and fitness area
Monday to Sunday daily from 9.00 am to 9.00 pm
10% discount on all spa treatments
The card is valid for 1 year from the 1st visit



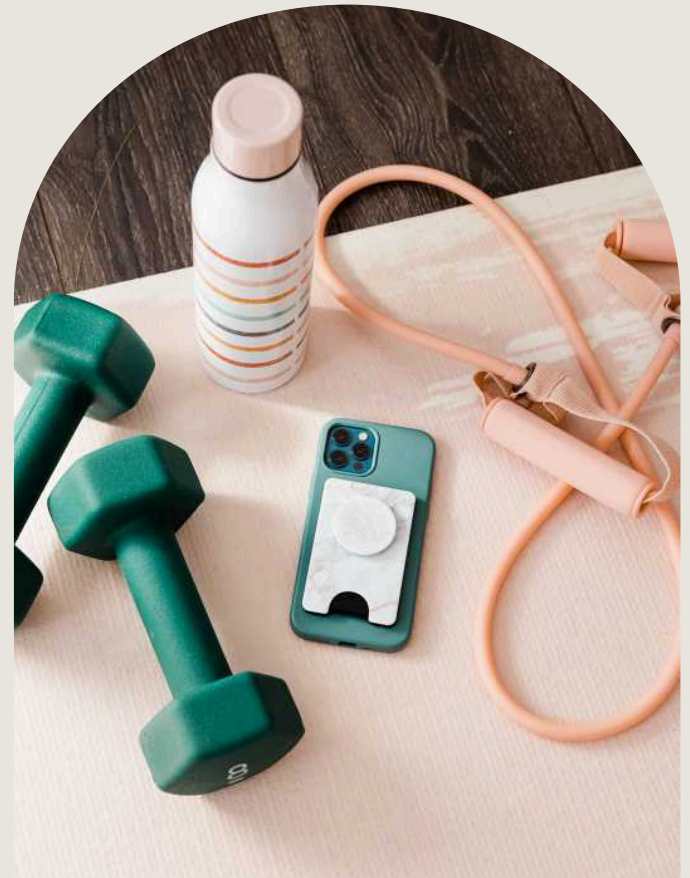
Day ticket 38 Euro

Use of the exclusive spa and fitness area
Mondays to Fridays from 9.00 am to 9.00 pm (except on public holidays). On weekends on request



Personal trainer

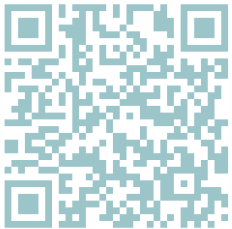
An effective way to reach your goal is a customized work-out with a personal trainer. If you are interested, please contact us to to design your training plan together with you.



Vouchers

Make your loved ones happy with a voucher from our Rive Spa a pleasure. Whether a facial treatment, a relaxing massage, a revitalizing full-body treatment or a membership - the variety is huge.

Find out more in our voucher store e-guma:



General information

Spa times

Our Rive Spa is open daily from 7.00 am to 10.00 pm.
Treatments can be booked between 9.00 am and 9.00 pm.
The fitness room is open 24 hours a day for hotel guests.

Appointments

We ask you to arrive at least 15 minutes before your scheduled treatment appointment so that you can relax and prepare for your spa experience. If you arrive late, we will unfortunately not be able to extend the duration of your treatment beyond the agreed time.

Cancellations/cancellations of appointments

The treatments you have chosen will be specially prepared for you. Prepared especially for you. Please let us know promptly if you are unable to attend. Treatment appointments can be canceled or postponed until 10 p.m. the evening before at no additional cost. For group appointments of four or more people, a cancellation free of charge is possible up to 24 hours before the agreed appointment. We reserve the right to charge a fee in the event of a later cancellation.

Parking

To ensure a relaxed spa experience from the moment you arrive, the Hyatt Regency Düsseldorf offers underground parking. The elevator in the underground car park takes you directly to the Rive Spa.

Payment methods

The Rive Spa accepts cash and all major EC and credit cards. credit cards. All prices include 19% VAT. Prices are subject to change without notice. Depending on capacity utilization, we reserve the right to request advance payment.

Spa clothing

When using the wet area, the wearing of swimwear is at your discretion. When using the sun terrace, we ask that you wear swimwear. In the fitness area it is necessary to wear sports shoes and appropriate sportswear is required. The Rive Spa has lockable changing room lockers and is not liable for lost or misplaced items.

Spa environment

We aim to provide you with a relaxing and restful spa experience from the first to the last minute. Please refrain from using your cell phone in the Rive Spa. Your courtesy ensures a quiet and relaxed environment and is greatly appreciated by other guests. Alcohol is not served in the Rive Spa.

Spa hygiene

For your comfort, health and hygiene, we ask you to wash before before each treatment, after the massage and before using the sauna and steam room. Please place a towel on the seat/lying area when using the sauna.

Children and teenagers

The facilities of the Rive Spa are available to hotel guests, members and external spa guests over the age of 16. Children and under the age of 16 may use the entire spa area in the presence of a parent or guardian.

Health

For your safety, we recommend that you inform the spa staff before about any pregnancy or physical complaints physical complaints such as high blood pressure, heart problems, diabetes or similar.



Speditionstraße 19
40221 Dusseldorf



+49 211 9134 1731



rivespa-duesseldorf@hyatt.com

Webseite:

