



*•Please circle your choice of appetizers, main course and dessert.*

### LITE BITES

**Seasonal Soup, GF**  
Potato leek chowder

**Senate Bean Soup**  
White bean and Virginia ham with cornbread croutons

**Shrimp and Grit Fritters**  
Wild-caught grilled shrimp, Colvin Run Mill grits, smoked Gouda cheese, herb and crystal hot sauce aioli

 **Vegetable Skewers, GF**  
Grilled seasonal vegetables, pistou dipping sauce

**Hot Charcuterie Board**  
Lothar's local apple bratwurst, potato wurst, spiced ham, apple compote, grilled sour dough

**Corn and Crab Hush Puppies**  
Hush puppies with a citrus sambal dipping sauce

### FIELD

 **Roasted Beet, GF**  
Beet greens, red beets, yellow beet puree, local goat cheese,  
shallot raspberry confit vinaigrette

 **House Salad**  
Mixed greens, frisse, cherry tomatoes, shredded carrots,  
cucumber chips, balsamic dressing

 Stay Fit Cuisine. GF- Gluten Free. Half Portions are available for children under 12. 18% gratuity for parties of six or more. Please notify your server if you have food allergies.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. \*These dishes may contain raw or undercooked ingredients

 **Chicken Harvest Salad, GF**  
Arugula, frisse, grilled chicken breast, roasted pumpkin, smoky Marcona almonds, persimmon mustard vinaigrette

 **Grilled Chicken Caesar**  
Gem lettuce spears, shaved parmesan, white anchovies, parmesan crostini, Caesar dressing

 **Off the Cobb, GF**  
Grilled chicken, smoked bacon, egg, avocado, grilled corn,  
bleu cheese, tomatoes, lemon Dijon vinaigrette

 **Grilled Steak, GF\***  
Flat iron steak, frisse lettuce, arugula, vine ripened tomatoes, feta cheese, pickled shallots, warm bacon malt vinaigrette

### BARN AND SEA

**Po Boy**  
Blackened flounder, frisse lettuce, sliced tomatoes, citrus remoulade, baguette

**Brisket Sandwich**  
Salt beef, quick pickled kraut, stone ground mustard, house made pickles, Lyon Bakery marble rye

 **BBQ Chicken Sandwich \***  
Dry rubbed and grilled BBQ chicken, tomato and apple cabbage slaw, soft roll

**Grilled Triple Cheese**  
Smoked Gouda, White Cheddar and Havarti cheeses, caramelized onions, grilled tomato, sour dough bread



**Potomac Burger \***

Grass fed beef, bleu cheese, bacon, mushrooms,  
frisse, tomato, onion bun

**Elements Burger \***

Creek Stone beef, Appalachian cheese, sunny side up  
egg,  
arugula, horseradish aioli, potato bun

 **Virginia Local Club**

Locally raised turkey breast, Virginia ham, smoked  
bacon,  
persimmon spread, toasted sour dough bread

**FINAL BITES**

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