



Food. Thoughtfully Sourced. Carefully Served.

REGIONAL

COMFORT

ALTERNATIVES

SIGNATURE BREAKFAST BUFFET* 19

Kids ages 5-14 \$9.95

Featuring a variety of pastries, seasonal fruit, cereal, bacon, sausage and much more! Eggs prepared to order to complement your meal.

EGGS BENEDICT* Prices Vary

LOCAL STYLE- Local Virginia Ham, Sausage, Potatoes, Hollandaise 13

FIELD STYLE- Sautéed Squash, Onions, Peppers, Mushrooms, Potatoes, and hollandaise 13

CHESAPEAKE- Crab cake, seared tomato, red onions, Spinach, potatoes, and old bay hollandaise 17

BREAKFAST BURRITO* 14

Local chorizo, cage free scrambled eggs, sautéed peppers, tomatoes, red onion, cheddar cheese, and avocado crème served with a side of breakfast potatoes

HASH ON RYE 14

Lyon Bakery rye, two fried eggs, house made corned beef, roasted potatoes

TOASTED OATMEAL FLAPJACKS 12

Local organic butter, maple syrup

AVOCADO TOAST* 15

Lyon Bakery sourdough, avocado bacon spread, over easy egg, cherry tomato, local goat cheese, arugula and olive oil drizzle

CINNAMON & SUGAR BELGIAN WAFFLE 12

Roasted apples, spiced whipped cream Vermont Maple syrup

STUFFED FRENCH TOAST 12

Fresh strawberries, vanilla cream cheese, Valencia orange reduction

SOUTHERN COMFORT* 12

Two cage free eggs, sausage, gravy, cheddar cheese, biscuit crumble, and arugula on a toasted flatbread

YOGURT PARFAIT GF 5
Granola and seasonal berries

STEEL CUT OATMEAL GF 8
Roasted peaches, honey, house-made granola, McCutcheon’s local preserves, brown sugar, raisins, milk

EGG WHITE OMELET* GF 14
Spinach, tomato, and onion served with a side of sausage

HAM & CHEESE OMELET* GF 14
Edwards of Surry Ham, cow tipper gouda, caramelized onions

HAVE IT YOUR WAY* GF 12
Two eggs, breakfast potatoes, all natural bacon, and sausage

SMOKED SALMON* 14
Toasted everything bagel, chive cream cheese, red onion, capers, tomatoes

BANANA YOGURT SUNDAE GF 9
Low fat greek yogurt, banana, fresh berries, granola, local honey

CHICKEN SAUSAGE 4

NATURALLY CURED BACON 4

COLVIN FUN MILL GRITS 6

STONYFIELD ORGANIC YOGURT 3

SEASONAL FRUITS AND BERRIES 10

KASHI ORGANIC CEREAL 4

QUENCH

SMOOTHIES 5
Banana-strawberry
Apple-kale

TAZO TEA 3

HOT CHOCOLATE 4

MILK 3
Whole, 2%, Skim, Soy

STARBUCKS BREWED COFFEE 3

FRESH EXTRACTED JUICES 5
Apple, Orange, Cranberry, Grapefruit

Stay Fit Cuisine. Please notify your server if you have food allergies.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. *These dishes may contain raw or undercooked ingredients