



HYATT
REGENCY™
CAPE TOWN

THE MARKET

MORNING 6:30AM - 12:00AM

FRESHLY BAKED FROM THE OVEN

- Plain croissant** contains gluten and diary R 45
Chocolate croissant contains gluten and diary R 55
Almond croissant contains gluten, diary and nuts R 50
- Blueberry crème cheese muffin** contains gluten and diary R 45
Diary free oatmeal raspberry muffin contains gluten R 40
Gluten free breakfast muffin contains diary R 45

MORNING BREAKFAST SANDWICH

- Cheese croissant** contains gluten and diary R 85
English muffin, fried egg and cheddar contains gluten and diary R 75
Avocado hummus toast gluten free and vegetarian R 75

BOOST YOUR DAY

- Dairy free bircher, almond milk, banana, grated apple, raisin, nuts** contains nuts R 110
Overnight oats, greek yoghurt, chia seeds, pistachio, raspberry, passion fruit pulp contains diary and nuts R 115
Gluten free protein bowl, avocado, black beans, sweet potato, cauliflower rice R 75

AFTER 12:00PM

ALL DAY SANDWICHES

- Cesar chicken wrap- baby gem lettuce, caper, parmesan** contains gluten and diary R 125
Mozzarella Panini- mozzarella, tomato, pesto, arugula, pine nuts contains gluten and diary R 135
Bagel- smoked salmon, cottage cheese, avocado, cucumber, lemon pickle contains gluten, diary and seafood R 145
Falafel, chickpea, sour dough, avocado, beetroot humus gluten free and vegetarian R 115

SWEET ENDINGS

- “Bo Kaap” milk tart infused cheesecake** contains gluten and diary R 55
Tiramisu, lady finger, double espresso contains gluten and diary R 65
Fudge chocolate pecan brownie contains gluten and diary R 45
Oreo white chocolate cheesecake contains gluten and diary R 60

GIANT COOKIES

- Crunchy apricot cookie, coconut, cornflakes** contains gluten and diary R 40
Chocolate chip cookie, hazelnut contains gluten and diary R 40
Oatmeal raisin cookie contains gluten and diary R 40