



build your own

1

CHOOSE YOUR BASE


DAIRY
8.50

- Yogurt
- Greek Yogurt
- Chia Pudding
- Cottage Cheese
- Ricotta

2

MODIFY

choose up to three

- | | |
|---------------|--------------|
| Granola | Almonds |
| Mixed Berries | Pineapple |
| Pears | Goji Berries |
| Apples | Flax Seeds |
| Bananas | Coconut |
| Peaches | Papaya |

3

TOP IT

choose one

- Honey
- Agave
- Maple Syrup
- Balsamic Gastrique

BOWLS


GRAIN
9.50

- Oatmeal
- Grits
- Farro
- Cereal
- Granola

- | | |
|---------------|-----------|
| Raisins | Apples |
| Cranberries | Bananas |
| Almonds | Peaches |
| Goji Berries | Papaya |
| Mixed Berries | Almonds |
| Pears | Pineapple |
| Dates | Walnuts |

- Cream
- Maple Syrup
- Agave
- Honey
- Almond Milk
- Greek Yogurt


EGG
11.50

- Scrambled*
- Poached*
- Hard Boiled*
- Fried*
- Over Easy*

CHOOSE SIDE

- Potato Hash & Choice of Breakfast Meat
- Italian Sausage, Farro, Spinach & Tomatoes
- Chard, Ricotta, Roasted Peppers & Peas
- Quinoa, Asparagus, Mushrooms & Pesto

CHOOSE TOAST

- Sour Dough
- Multi-Grain
- Cinnamon Raisin
- White

Gluten Free Bread Available Upon Request

PASTRIES

- Danish 4
- Croissant 4
- Muffin 3.50

- Gluten Free Coffee Cake 4
- Bagel 4
- Turnover 3.50
- Toast 2.50

SIDES

- Crispy Bacon
- Griddled Sausage
- Turkey Sausage
- Kielbasa
- Ham

STAPLES

YOUR BOWL. YOUR WAY. 

FRENCH TOAST
Bread, Maple Syrup & White Chocolate Cream 11

PANCAKES
Buttermilk Batter, Butter, Maple Syrup & White Chocolate Cream 11

EGGS BENEDICT*
Grilled Canadian Bacon, Poached Eggs, Hollandaise on Toasted English Muffin 13

SMOKED BACON OMELET*
Smoked Bacon, Cheddar Cheese & Herbs 12.50

PROSCIUTTO OMELET*
Proscuitto, Fresh Mozzarella, Chard & Tomatoes 12.50

EGG WHITE VEGGIE OMELET*
Egg Whites, Feta Cheese, Spinach & Tomatoes 12.50

All Omelets Served With Hash Potatoes & Choice of Toast

PLEASE NOTIFY YOUR SERVER IF YOU HAVE FOOD ALLERGIES.
* CONSUMING RAW OR UNDERCOOKED MEATS, EGGS, SEAFOOD OR POULTRY MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.