

THOMSONS

KITCHEN & BAR

BREAKFAST MENU

SIMPLE & CLASSICS

- THOMSONS TWO EGGS** * GFA DFA 19
Two cage-free eggs* any style, natural smoked bacon*, valbella maple sausage*, herbed smashed hash, toast
- BABY SPINACH & SUMMER SQUASH OMELET** * V GF DFA 17
Sautéed baby spinach, roasted zucchini, goat cheese, herbed smashed hash, toast
- AVOCADO TOAST** GFA DFA V 17
Poached cage-free eggs*, smashed avocado, toasted sourdough bread, sun-dried tomatoes, Grana Padano cheese, arugula salad
- BREAKFAST SANDWICH** GFA DFA 18
Cheese omelet, natural smoked bacon*, tomato, avocado, garlic aioli, cheddar cheese, herbed smashed hash
- ORGANIC QUINOA POTATO PANCAKE** V 14
Pan-seared quinoa potato pancakes, tomato parsley salad, lemon sour cream

BENNY'S

ALL EGGS BENEDICTS ARE SERVED WITH FARM FRESH CAGE-FREE POACHED EGGS, TOASTED ENGLISH MUFFINS AND HERB SMASHED HASH POTATOES

- CANADIAN BENEDICT** 19
Canadian peameal bacon* & classic hollandaise* sauce
- TOMATO & AVOCADO** 18
Sliced steak tomato, avocado & chipotle hollandaise* sauce
- SMOKED SALMON FLORENTINE** GF DF VG 19
Natural smoked salmon*, wilted spinach & pesto hollandaise* sauce

BOWLS

- TOMATO MUSHROOM POLENTA** * 17
Mushroom sugo, Canadian cheese curd polenta, natural smoked bacon*, sunny side cage-free eggs*
- CANADIAN NATURAL SMOKED SALMON** * 19
Sautéed baby spinach and tomatoes, pickled carrots, herbed smashed hash, natural smoked salmon*, cage-free poached eggs*, dill lemon oil
- BISON BREAKFAST POUTINE** * 21
Cage-free poached eggs*, braised Alberta bison short rib*, spinach, cheese curds, pesto hollandaise sauce*, herbed smashed hash potatoes

MORNING BEVERAGES

LOCALLY ROASTED DIRECT TRADE COFFEE
DECAF AVAILABLE

- BREWED COFFEE** 4.5
- ESPRESSO/AMERICANO** 4.5
- CAFÉ LATTE** 5.5
- CAPPUCCINO** 5.5
- MILK 2%** 3.5
- CHOCOLATE, ALMOND, SOY, OAT** 4

- MASALA CHAI** 5.5
Authentic Indian chai
- PEPPERMINT LEAVES** 5.5
Caffeine-free peppermint leaves
- RED NECTAR** 5.5
Caffeine-free blend of South African Rooibos & honeybush
- JASMINE SILVER TIP** 5.5
Full leaf green tea scented with jasmine
- BIG HIBISCUS** 5.5
Caffeine-free hibiscus blend

- ESKA WATER 250 ML | 1 L** 5 | 9
Still or sparkling
- JUICES** 4.5
Orange, cranberry, apple, grapefruit, tomato
- VIVEAU SPARKLING MINERAL WATER** 5
Wild blueberry, ripe cherry, crisp apple cider
- FRESH JUICES** 8
Fresh orange, fresh melon, fresh carrot
- EXTREME GREEN SMOOTHIE** 8
Apple, spinach, banana

MORNING STARTER

- SUNRISE GREEK YOGURT** GF V 12
House granola, peach compôte, fresh field berries
- CITRUS OVERNIGHT QUINOA & CHIA SEEDS** GF DF VG 14
Overnight organic quinoa and chia seeds, almond milk, orange lemon marmalade, dried fruits, toasted coconut flakes, fresh berries
- VEGAN STEEL CUT ORGANIC OATS** GF DF VG 11
Hot steel cut oats, seasonal fresh berries, toasted almonds, toasted coconut flakes

SWEETS

- PRAIRIE CORNMEAL CHEESE PANCAKES** V 18
Cornmeal buttermilk pancakes, peach compote, lemon crumble, vanilla mascarpone cheese, Canadian maple syrup
- SUMMER CAMP S'MORE WAFFLE** V 19
Vanilla cocoa waffle, hazelnut cocoa spread, toasted marshmallow, graham crumble, cinnamon whipping cream

CEREALS

- HOUSE MADE GRANOLA**
- SUGAR-FREE GRANOLA CEREAL** 7
- ORGANIC CEREAL**

SIDES

- TOAST** 5
- SEASONAL FRUITS** 8
- BAGEL & CREAM CHEESE** 5
- DAILY MUFFIN OR DANISH** 3
- CAGE-FREE EGG ANY STYLE** * 3
- TWO CAGE-FREE EGGS ANY STYLE** * 6
- NATURALLY SMOKED BACON** * 7
- ROASTED VALBELLA SAUSAGE** 7
Maple breakfast or chicken basil
- HERB SMASHED HASHBROWN** 5
- ONE BUTTERMILK PANCAKE** 7
- ONE WAFFLE & MAPLE SYRUP** 10
- AVOCADO** 6

V Vegetarian VG Vegan P Pescatarian GF Gluten-free DF Dairy-free GFA Gluten-free available DFA Dairy-free available

*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.

**18% gratuity will be added to groups of 8 or more. Prices are exclusive of gratuity & tax. Must be 18 years and older to consume alcoholic beverages.