

THOMSONS

KITCHEN & BAR

BREAKFAST MENU

SIMPLE & CLASSICS

THOMSONS TWO EGGS * GFA DFA

Two cage-free eggs* any style, natural smoked bacon*, maple sausage*, herbed smashed hash, toast

19

BABY SPINACH & SUMMER SQUASH OMELET * V GF DFA

Sautéed baby spinach, roasted zucchini, goat cheese, herbed smashed hash, toast

17

AVOCADO TOAST GFA DFA V

Poached cage-free eggs*, smashed avocado, toasted sourdough bread, sun-dried tomatoes, Grana Padano cheese, arugula salad

17

BREAKFAST SANDWICH GFA DFA

Cheese omelet, natural smoked bacon*, tomato, avocado, garlic aioli, cheddar cheese, herbed smashed hash

18

ORGANIC QUINOA POTATO PANCAKE V

Pan-seared quinoa potato pancakes, tomato parsley salad, lemon sour cream

14

BENNY'S

ALL EGGS BENEDICTS ARE SERVED WITH FARM FRESH CAGE-FREE POACHED EGGS, TOASTED ENGLISH MUFFINS AND HERB SMASHED HASH POTATOES

CANADIAN BENEDICT

Canadian peameal bacon* & classic hollandaise* sauce

19

TOMATO & AVOCADO

Sliced steak tomato, avocado & chipotle hollandaise* sauce

18

SMOKED SALMON FLORENTINE GF DF

Natural smoked salmon*, wilted spinach & pesto hollandaise* sauce

19

BOWLS

TOMATO MUSHROOM POLENTA *

Mushroom sugo, Canadian cheese curd polenta, natural smoked bacon*, sunny side cage-free eggs*

17

CANADIAN NATURAL SMOKED SALMON *

Sautéed baby spinach and tomatoes, pickled carrots, herbed smashed hash, natural smoked salmon*, cage-free poached eggs*, dill lemon oil

19

BISON BREAKFAST POUTINE *

Cage-free poached eggs*, braised Alberta bison short rib*, spinach, cheese curds, pesto hollandaise sauce*, herbed smashed hash potatoes

21

MORNING BEVERAGES

LOCALLY ROASTED DIRECT TRADE COFFEE
DECAF AVAILABLE

BREWED COFFEE 4.5

ESPRESSO/AMERICANO 4.5

CAFÉ LATTE 5.5

CAPPUCCINO 5.5

MILK 2% 3.5

CHOCOLATE, ALMOND, SOY, OAT 4

MASALA CHAI

Authentic Indian chai

5.5

PEPPERMINT LEAVES

Caffeine-free peppermint leaves

5.5

RED NECTAR

Caffeine-free blend of South African Rooibos & honeybush

5.5

JASMINE SILVER TIP

Full leaf green tea scented with jasmine

5.5

BIG HIBISCUS

Caffeine-free hibiscus blend

5.5

ESKA WATER 250 ML | 1 L

Still or sparkling

5 | 9

JUICES

Orange, cranberry, apple, grapefruit, tomato

4.5

VIVEAU SPARKLING MINERAL WATER

Wild blueberry, ripe cherry, crisp apple cider

5

FRESH JUICES

Fresh orange, fresh melon, fresh carrot

8

EXTREME GREEN SMOOTHIE

Apple, spinach, banana

8

MORNING STARTER

SUNRISE GREEK YOGURT GF V

House granola, peach compôte, fresh field berries

12

CITRUS OVERNIGHT QUINOA & CHIA SEEDS GF DF VG

Overnight organic quinoa and chia seeds, almond milk, orange lemon marmalade, dried fruits, toasted coconut flakes, fresh berries

14

VEGAN STEEL CUT ORGANIC OATS GF DF VG

Hot steel cut oats, seasonal fresh berries, toasted almonds, toasted coconut flakes

11

SWEETS

PRAIRIE CORNMEAL CHEESE PANCAKES V

Cornmeal buttermilk pancakes, peach compote, lemon crumble, vanilla mascarpone cheese, Canadian maple syrup

18

SUMMER CAMP S'MORE WAFFLE V

Vanilla cocoa waffle, hazelnut cocoa spread, toasted marshmallow, graham crumble, cinnamon whipping cream

19

CEREALS

HOUSE MADE GRANOLA

SUGAR-FREE GRANOLA CEREAL

7

ORGANIC CEREAL

SIDES

TOAST

5

NATURALLY SMOKED BACON * 7

SEASONAL FRUITS

8

ROASTED SAUSAGE 7
Maple breakfast or chicken basil

BAGEL & CREAM CHEESE

5

HERB SMASHED HASHBROWN 5

DAILY MUFFIN OR DANISH

3

ONE BUTTERMILK PANCAKE 7

CAGE-FREE EGG ANY STYLE *

3

ONE WAFFLE & MAPLE SYRUP 10

TWO CAGE-FREE EGGS ANY STYLE *

6

AVOCADO 6

V Vegetarian VG Vegan P Pescatarian GF Gluten-free DF Dairy-free GFA Gluten-free available DFA Dairy-free available

*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.

*18% gratuity will be added to groups of 8 or more. Prices are exclusive of gratuity & tax. Must be 18 years and older to consume alcoholic beverages.