

Grains & Fruit

STEEL CUT OATS ^{V GF} fatso peanut butter, banana, coconut flakes, toasted pumpkin seeds, hemp hearts	11
HOMEMADE BIRCHER MUESLI ^V highwood crossing overnight oats, greek yogurt, chia, granola, berries	13
HEALTHY TRAVELER ^{GF} quinoa, spinach, poached eggs, sliced avocado, hemp hearts, pumpkin seeds, smoked salmon	20
SLICED FRUIT AND BERRIES	16

Specialities

SANDSTONE BREAKFAST SANDWICH empire provisions mortadella, fried egg, american cheddar, grilled tomato, mayo, thick cut bread	18
ALBERTA STEAK AND EGGS sterling silver striploin 6 oz, two eggs any style, grilled asparagus, hollandaise, calabrian chilis	24

GLUTEN-FREE BUN

Prices are exclusive of gratuity and tax. Please notify your server if you have food allergies.

Consuming raw undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

Cage-Free Eggs

THOMSONS CLASSIC BREAKFAST two eggs any style, choice of two breakfast meats, crispy brussels sprouts, 9 grain toast	19
BAKED EGG SOUFFLÉ ^{V GF} wild mushrooms, sun-dried tomato, herbs, dancing goat feta, mixed greens	17
SANDSTONE OMELET ^{GF} <i>natural or egg whites</i> crab, asparagus, dancing goat chevre, crispy brussels sprout hash	21

BUTTERMILK PANCAKES birch syrup cream cheese, toasted pecans, fresh berries, maple syrup	18
AVOCADO TOAST ^V slow-cooked eggs, smashed avocado, buttered rye bread, tomato jam, fine herbs	19

CRISPY PORK BELLY HASH two sunny-side up eggs, duck fat potatoes, peppers, cotija cheese, salsa, flour tortillas	18
CLASSIC EGGS BENEDICT valbella back bacon, poached eggs, hollandaise sauce, toasted english muffin, crispy brussels sprout hash	18

On the Side

EGG ANY STYLE	3
THICK CUT BACON	6
PAN-SEARED VALBELLA SAUSAGE maple breakfast or chicken basil	6
GRILLED VALBELLA BACK BACON	6
VALBELLA MAPLE PEPPER HAM STEAK	6
SMOKED BONE MARROW	8
CRISPY BRUSSELS SPROUTS HASH	6
TWO BUTTERMILK PANCAKES maple syrup	7
AVOCADO	5

Juices & Smoothies

FRESHLY SQUEEZED ORANGE OR RED GRAPEFRUIT	9
GREEN SMOOTHIE kale, spinach, avocado, greek yogurt, local honey	10
BERRY SMOOTHIE mixed berries, banana, almond milk, fatso peanut butter	10

Morning Beverages

LOCALLY ROASTED DIRECT TRADE COFFEE <i>decaffeinated available</i>	
BREWED	4
ESPRESSO / AMERICANO	4
CAFFE LATTE / CAPPUCINO	5
TAZO TEA	5

THOMSONS
RESTAURANT

SANDSTONE
LOUNGE

^V vegetarian ^{GF} gluten-free