

FIRST PLATES

PARKER HOUSE ROLLS birch butter, smoked maldon salt	6
EAST COAST OYSTERS half dozen, mignonette, horseradish	19
CHEF'S FARMER RADISHES seared halloumi, pumpkin and sesame seeds, labneh	13
CARROT HARISSA rosemary garlic potato chips	7
FRIED CAULIFLOWER "RICE" five spice, gai lan, pistachio, chilis	15
PRAIRIE PHO rare beef, farmhouse noodles, micro cilantro, basil, bone broth	10
SMOKED POPLAR BLUFF POTATOES grass-fed beef tallow, pickled shallot, urfa biber chili, sour cream	11
THOMSONS SALAD Urban farm greens, carrot, beet curls, radish, sunflower seeds, ginger kombucha vinaigrette	12
GRILLED CARROTS bbq spiced, cashew cream	11
SMOKED VADOUVAN WINGS cracked black pepper, orange crème fraîche, chive	15

MIDDLE PLATES

SOBA NOODLE roasted maitake mushroom, shaved daikon, edamame, pickled carrot, crunchy shiitake, shichimi dressing	12
BEAR AND THE FLOWER PORK BELLY achiote marinated, cumin salt, cilantro, ancho cream	12
CAESAR SALAD crispy skin chicken, charred baby gem lettuce, brioche crumb, grizzly gouda, garlic anchovy dressing, bacon jam, slow cooked egg	19
B.C. ALBACORE TUNA cucumber, snap pea, dill, cashew cream, crushed chips	16
SMOKED ALBERTA BONE MARROW beef brisket, marmalade, parsley salad, toast	22
B.C. SPOT PRAWN PASTA green olive pesto, calabrian chile, cured egg yolk, orecchiette	22
BISON CARPACCIO celery salt, tomato chutney, shaved celery, olive, horseradish	19
PAN-ROASTED SCALLOPS lardo, charred corn, ancho cream	19
CHICKEN BAHN MI cucumber, quick pickled carrots, chili, mint, pho broth	16
SMOKED LAMB RIBS korean bbq sauce, charred scallions	18

GENEROUS PLATES

CAULIFLOWER HARIRA chic pea, turmeric pumpkin seeds, chermoula	23	FISH AND CHIPS beer battered haddock, coleslaw, tartar sauce, grilled lemon	21
ROASTED CHICKEN rhubarb matbucha, lebanese cous cous, basil	26	THOMSONS BURGER CHOICE OF FRIES OR MIXED GREENS two alberta chuck patties, beefsteak tomato, american cheddar, butter lettuce, dill pickles, red onion, burger sauce, yellow mustard, sesame bun	19
ORA KING SALMON collard greens, almond tahini, crispy shallots	32	ADD THICK BACON	3
TOP GRASS SIRLOIN charred broccolini, summer squash, steak sauce	32	ADD EGG	2
		ADD AVOCADO	2
		SUBSTITUTE CAESAR SALAD	3

DESSERTS

CAKE OF THE WEEK
big slice, best shared
12

VALHRONA CHOCOLATE TART
caramelia, urfa biber chili ganache,
salted oat crust, sorbet
10

SWEET CORN BRÛLÉE
blackberry preserves, honey whipped
dancing goats waltz, toasted corn cake
10