

Sugar Mill

SPA & SANCTUARY



Located in the Park Hyatt St Kitts
Spa Hours 10:00 am - 6:00 pm
For information on Fitness Access, Amenity Access, or Spa Reservations,
please contact our Spa Desk at ext 4840.



MASSAGE

CUSTOM MASSAGE

\$165 / 50 min | \$245 / 80 min

This personalized massage is created exclusively for you. Tell us about your wellness goals and areas of preference, then unwind with a customized experience. Your expert therapist may use a variety of massage techniques to relief stress and tension in your body.

LIAMUIGA HOT-STONE MASSAGE – 80 min \$250

Renew you mind, body and uplift your spirits with heated volcanic stones. Achieve the perfect mental balance with our hot stone treatment that calms the mind as it renders muscles more limber and open to massage with anti-oxidant-packed essential oils.

JUST THE TWO US PRENATAL MASSAGE – 50 min \$170

This tranquil massage allows expecting moms to relax and escape as our experienced therapist relieves muscle tension and joint pain which improves your overall mood and reduces anxiety.

Our specialized massage is sympathetic to mothers and babies after first trimester.

SPORTS MASSAGE – 50 min \$180/ 80 min \$250

A powerful massage designed to alleviate deep-seated tension and muscular stress.

Specialized techniques and stretches focused on specific areas of concern and alleviate common discomforts such as stiff neck, intense lower back pain, and sore, tight shoulders.

MASSAGE ENHANCEMENTS

DETOXIFYING DRY BRUSH EXFOLIATION \$25

This invigorating treatment detoxifies, exfoliates, improves circulation, and stimulates the lymph system.

HEATED STONE TREATMENT \$25

Incorporate heated stones into any treatment to ease tension and heighten relaxation.

HAIR & SCALP TREATMENT \$25

Warmed oils with a soothing scalp massage will send you into a blissful state of mind.

NOURISHING HAND TREATMENT \$25

A texter's delight of exfoliation, steamed towels, a botanical hand masque and massage will relieve the tension for any keyboard warrior.

EXFOLIATING FOOT TREATMENT \$25

Soothe your soles with the stress relieving combination of exfoliation, steamed towels, and a botanical rich foot masque and massage.

POOLSIDE MASSAGE +\$75

Enjoy your personalized massage poolside.

IN-ROOM MASSAGE +\$75

Indulge in the privacy of your guest room.

NAILS

CUSTOM MANICURE \$45

Includes hand and arm massage, hot towels, with expert cuticle and nail detailing with polish application.

CUSTOM PEDICURE \$65

Includes a relaxing massage with botanically rich products and hot towels to hydrate and restore tired feet.

LONG WEAR MANICURE \$60

Extend the life of your manicure for up to 10 days with long wearing polish.

POLISH CHANGE \$20

GEL POLISH REMOVAL \$25.

HAIR

FORMAL STYLE \$80

Perfect for any special occasion. Work with your stylist to create the perfect style for you. Does not include a shampoo and blow dry.

WASH & STYLE \$55 and up based on length of hair.

WAXING

french bikini \$45 | bikini \$35

brow shaping \$25 | full brow with face \$50

half arm \$35 | full arm \$50

half leg \$45 | full leg \$70

underarm \$25 | back \$65

choice of: lip, chin, jawline, cheek, nose,
toes, or ears \$15

SKINCARE

CUSTOM FACIALS 50min \$185

Relax, unwind and fully rejuvenate your skin by cleansing, toning, exfoliating, extracting and customized treatment mask chosen by your expert esthetician based on the specific needs of your skin. Treatment is completed with décolleté massage and application of serums, hydrators and SPF. This personalized skincare experience improves your skin's brightness, clarity and texture.

SKINCARE ENHANCEMENTS

Hydra Facial Hyperpigmentation enhancement \$45

Brighten and balance skin tone while minimizing the appearance of dark and sunspots

Hydra Facial Fine lines & Wrinkle enhancement \$45

Accelerate skin's surface renewal and instantly plumps your skin to minimize the appearance of wrinkles

Hydra Facial Lymphatic Drainage \$35

Optimize your skin's health by encouraging detoxification through mechanical lymphatic therapy.

EXFOLIATION

Coconut Sugar Glow 50min \$160

Revitalize your body and indulge your senses with our exfoliating and hydrating body treatment. Our experienced therapists will first exfoliate away dead skin cells with a blend of brown sugar and coconut oil both indigenous to our island allowing your skin to be prepped and ready absorb the hydrating and healing properties of coconut oil.