

**VOUSY**  
body conditioning

# Reset. Recover. Relax.

Aligning everything from toes to face and head.

Body care and recovery for world-class athletes.

Aesthetic facial, head care for VIPs, artists and models.

Body · Face · Head

- one continuous system, one integrated treatment

Blending cutting-edge European and American research with refined Japanese techniques this treatment works with the body as one continuous system.

Through gentle oscillation, skin manipulation, pumping, and breath-based approaches, it engages muscles, skin, joints, organs, circulation, and the nervous system.

By addressing recovery, aesthetics, and relaxation as a whole, each session is fully customized to your condition and needs on the day.

## Price list / Session (JPY)

15 mins	9,000	Intro session	Neck, back, legs, or shoulders
30 mins	20,000	Quick session	An efficient session for quick rebalancing
60 mins	40,000	Signature session	Full-body conditioning, including head and facial work
90 mins	50,000	Bespoke session	A customized blend of structural, fascial, and cranial work
120 mins	60,000	The VIP session	A complete head-to-toe structural conditioning

## Noted

All treatments are provided dry.

Pressure and techniques are adjusted to your preference.

Full-body sessions are recommended for maximum and lasting results.

Prices are inclusive of consumption tax and subject to a 15% service charge.

Now available at THE SPA.