



ANTAHPURA

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ANTAHPURA MESSAGES

Aromatherapy Massage <i>An Aroma infused massage with the pressure point stimulation helps to detox and energize</i>	60/90 min	5,000/6,500
Balinese Massage <i>Traditional Indonesian massage with combined techniques of powerful strokes to relieve pain & restore balance</i>	60/90 min	4,500/6,000
Deep Tissue Massage <i>Relaxing massage working on major muscle groups of the body to knead away stress and strains</i>	60/90 min	5,500/7,000
Swedish Massage <i>Classical Swedish techniques of effleurage, kneading and friction with moderate pressure to relax and rejuvenate</i>	60/90 min	4,500/6,000
Thai Aroma <i>Traditional Thai style oil massage with the combination of stretching, pressure point and kneading techniques</i>	60/90 min	4,200/5,500
Hot Stone Massage <i>Intensely relaxing hot stones to warm up stiff muscles to stimulate blood flow and increase healing</i>	90 min	6,000
Four Hand Massage <i>Synchronous massage technique by two therapists to lead body, mind and spirit to a state of transcendence</i>	90 min	8,500
Back Massage <i>Incorporating Neck, Shoulder & back massage to relieve back pain and correct repetitive stress</i>	30 min	2,800
Indian Head Massage <i>Using the ancient techniques of pressure point, focusing on the crown chakra, freeing the energy flow</i>	30 min	2,800
Foot Reflexology <i>Feel the trance by magical touch on energy points that stimulate the reflex zones of feet</i>	30 min	2,800

ANTAHPURA FACIALS

Deep Cleansing <i>An exfoliating, cleansing and moisturizing facial with Rose, Sandalwood, and tea tree essential oils</i>	60 min	4,500
Anti-Ageing <i>An anti-oxidant, lifting & firming facial to restore youth and radiance</i>	75 min	6,000
Rose Renewal (AA) <i>An instant hydrating facial with Damask Rose and Geranium for dry, dull and tired skin</i>	60 min	5,000
Express Cleansing <i>Quick cleansing and toning of the skin with herbs and flowers to get an instant skin refresh</i>	30 min	3,000

All prices are in Indian rupees and subject to applicable government taxes