



THE PROMENADE CAFE



**BREAKFAST
MENU**



BREAKFAST AT THE PARK

Weekday | Weekend

Please request for the menu from our friendly team

Adult	39 45
Child (5 – 12 Years Old)	27 32

TOAST AND BAKERIES

12

Served with Seasonal Berry Jam, Organic Honey & Butter

Choose three pieces of toast from below:

White | Multi-Grain | Rye | Sourdough | Raisin | Gluten Free Bread | Wholemeal

OVEN FRESH BAKERY BASKET

16

Choose one from below:

Mixture of Pastries | Croissants

MUESLI & OATMEAL

16

Homemade Bircher Muesli (V, EF)

Natural Yoghurt | Vanilla | Cardamom Poached Fruits | Chia Seeds

Hot Oatmeal (V, NF, EF)

Honey | Milk | Raisins | Cinnamon Sugar

Please let one of our staff know if you have any special dietary restrictions, food allergies or food intolerances.

GF. Gluten Free | **DF.** Dairy Free | **NF.** Nut Free | **EF.** Egg Free | **P.** Pork | **S.** Sustainable Seafood | **★** Healthy Choice | **V.** Vegetarian |

15% service charge will be added to the final bill on public holidays.

BREAKFAST SPECIALTIES

Buttermilk Pancakes (V) 22
Berries | Pure Maple Syrup | Whipped Cream

Chickpea and Corn Pancake (Vegan, GF) 24
Coconut Vanilla Yoghurt | Maple Glazed Berries | Chia Seeds |
Coconut Flakes

Hilltops Boorowa Farm Free Range Two Eggs Any Style 24
Roast Tomato | Sourdough Toast | Hash Brown

Choose One Egg Style from below:

Fried Egg (Sunny Side Up, Over Easy & Over Hard) |

Poached (Soft, Medium & Hard) |

Boiled (Soft, Medium & Hard) |

Scrambled |

Omelette (Egg White Omelette +\$6)

Eggs Benedict 25

Choice of Smoked Salmon or Champagne Ham (P)

English Muffin | Poached Eggs | Hollandaise Sauce | Grilled Tomato

Low Carb Breakfast (*, DF) 25

Two Hilltops Farm Free Range Poached Eggs (Soft, Medium & Hard) |

Sourdough Toast | Smoked Salmon | Citrus | Steamed Asparagus |

Sautéed Spinach | Button Mushrooms

Avocado on Toast (*, GF available) 20

Crushed Avocado | Sourdough | Persian Feta | Lemon Wedges

Sides 8

Avocado | Streaky Bacon | Smoked Salmon | Sausages | Sautéed Mushroom |

Sautéed Spinach

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ENERGIZE YOUR DAY 14

Enjoy a variety of freshly squeezed fruits and vegetables perfectly blended into juices and smoothies.

Health Smoothie

Banana | Fresh Orange Juice | Strawberries | Mint Leaves | Soy Milk | Ground Almonds

Healthy Body Juice

Cucumber | Beetroot | Apple | Carrots

SELECTION OF COLD DRINKS

Freshly Squeezed Juice 12

Orange | Apple | Pineapple | Watermelon | Carrot

Chilled Juice from the Bottle 6.5

Orange | Apple | Pineapple | Grapefruit | Tomato

SELECTION OF HOT DRINKS

Coffees 6.5

Choose one from below:

Espresso | Long Black | Macchiato | Flat White | Café Latte | Cappuccino | Café Mocha

Hot Chocolate | Chai Latte 6.5

Selection of Loose Leaf Teas 7

English Breakfast | Earl Grey | Green | Chamomile | Peppermint | Chai | Lemongrass | Lemongrass & Ginger | Decaf Ceylon | French Earl Grey | Irish Breakfast | Lavender | Orange Pekoe |

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