

An intimate sanctuary of calm and relaxation, thoughtfully curated to provide health and wellbeing for all our guests.

Allow our professional therapists to tailor and deliver your experience through a holistic sensory journey enriching the body and mind.

Discreet and personalised, The Spa at Park Hyatt Auckland becomes a space where you are our sole focus.



THE SPA partners

THE SPA partners

iKOU

A signature collection of iKOU wellness-based organic luxury spa treatments. Created in the world heritage listed Blue Mountains, Australia, iKOU means “to rest, to relax, to restore”. Inspired by global spa culture, iKOU treatments combine high-performance benefits of organic, wild harvested Australian fruit and flower extracts and native New Zealand clays and oils with a deeply relaxing journey of aromatherapy. iKOU Rituals are a signature “head-to-toe” degustation of treatments curated to transform body and mind.

LINDA MEREDITH

This skincare collection, is a groundbreaking innovation that works to powerfully enrich and support the skin. Each product contains its own potent combination of essential oils, vitamins and active ingredients. The Linda Meredith skincare range was developed to remedy skin concerns and not skin types. In a world of fillers and aggressive medical treatments, it offers a truly natural alternative solution.

KESTER BLACK

Nail polish that is kind on you and the planet. Kester Black blends ethics and beauty in a way that redefines the industry standard. Their products are cruelty-free, carbon neutral and Vegan.



THE SPA escape

THE SPA escape

Total Indulgence · 3.5 hours · \$650

Full body indulgence, complete with a Linda Meredith at home facial product.

- 30 minutes Organic Coconut and Native Hibiscus Body Polish
- 90 minutes The Ultimate Haute Couture Facial
- 60 minutes Swedish Massage
- 30 minutes Express Pedicure

Time Essentials Delight · 1.5 hours · \$320

Enjoy this combination of express, yet effective, 30 minute treatments. Eliminate everyday tension while renewing the mind, leaving you feeling tranquil and refreshed.

- 30 minutes Hot Stone Back Massage
- 30 minutes Active Haute Couture Facial
- 30 minutes Fragonia and Bergamot Scalp and Head Treatment

De-Stress Body and Mind Balance · 2.5 hours · \$400

Ease the mind, balance the body and restore hydration in this soothing head to toe rejuvenation ritual with a focus on mood lifting benefits using essential oils to promote a feeling of positivity and wellbeing. This calming treatment will leave you feeling nourished and revitalised.

- 30 minutes Italian Orange and Jojoba Body Scrub
- 60 minutes De-Stress Aromatherapy Full Body Massage
- 60 minutes Pure Results Calming Facial and Scalp Massage

THE SPA escape

Couples Retreat · 2.5 hours · \$760

Spend quality time with that special someone. Relax the body, mind and soul in a spacious double room. Complete with an iKOU home spa gift to continue your wellness journey at home.

- 75 minutes Balance and Calm Aromatherapy Massage
- 35 minutes Collagen Infusion Facial
- 40 minutes Suite Relaxation - Fruit Platter and Champagne for two



THE SPA facial experiences

THE SPA Linda Meredith facial experiences

The Ultimate Haute Couture Facial · 90 minutes · \$330

The “Queen of Facials” is the ultimate experience of Linda Meredith. The highly personalised Haute Couture Facial is combined with algae derived V-Tox, the natural alternative to anti-ageing injectables. Oxygen is infused to feed the skin and to stimulate the skin’s natural metabolic process and production of collagen.

The Haute Couture Facial · 75 minutes with Infusion · \$220

· 60 minutes without Infusion · \$200

As unique as our fingerprints, the Haute Couture Facial embraces the individual needs of your skin. A truly personal experience with the treatment products selected specifically to address your individual concerns. Unique product layering techniques are combined with active ingredients to deliver results to achieve your skin care goals.

The Infusion Facials · 60 minutes with Oxygen · \$210

· 35 minutes without Oxygen · \$140

- **COLLAGEN** Designed to immediately reduce the appearance of fine lines, even skin and diffuse redness. Collagen also acts as an enabler to increase effectiveness of your at home skincare routine.
- **HYALURONIC** Designed to deliver concentrated moisture binding actives, which boost the skin’s natural anti-ageing processes for lifted, tightened and plumped skin for up to seven days.

The Active Haute Couture Facial · 30 minutes · \$120

Designed for when you are short on time or just need a “top up” in the expert hands of your therapist. A thorough double cleanse is followed by layers of deeply hydrating treatment gels, creams and renewing micro-peel.



THE SPA organic

THE SPA organic

iKOU Rituals

New Zealand Glacial Clay Signature Experience · 75 minutes · \$275

Invite rest for the mind through the healing powers of the earth in this deeply relaxing and nurturing cocoon experience. Detoxifying and rejuvenating, with nutrient rich Sea Kelp, native New Zealand glacial clay and fruit essences to restore an all over healthy radiance for skin and hair. This experience includes;

- Blue Cypress and Wattleseed Scrub
- Sea Kelp and New Zealand Glacial Clay Cocoon
- Quandong and Bergamot Deep Conditioning Scalp Massage
- Lemon Myrtle and Manuka Body Soufflé

Rainforest Revival Ritual · 90 minutes · \$320

Revive and refresh with an uplifting sea salt scrub ritual. Relax your mind with a full body massage to release tension and make you fell energised while leaving your skin radiant.

- iKOU New Zealand Manuka and Lemon Myrtle Body Scrub
- Reviving Full Body Massage
- Foot Restoration Massage with Lemon Myrtle and Cucumber Mask

White Flannel Flower Sanctuary Ritual · 105 minutes · \$310

Unwind and allow your body to receive the healing benefits of deep relaxation.

Inspired by the beauty of the White Flannel Flower, this popular ritual is a complete degustation of iKOU treatments. Connect with the inner joy that lives within you while exotic ingredients restore a radiant all over glow.

- Organic Coconut and Jasmine Body Polish
- Australian White Flannel Floral Hydrating Cocoon with Facial
- Full Body White Flannel Flower Soufflé and Foot Massage

THE SPA organic

iKOU Pure Results Luxury Wellness Facials

iKOU White Flannel Flower Anti-Ageing Facial · 90 minutes · \$240

Indulge both skin and mind with this sensory, high performance facial that delivers visible anti-ageing results. Radiant skin is revealed with an AHA and BHA Australian Desert Lime Face Polish, toning and firming the skin, whilst boosting hydration and collagen using active, organic ingredients infused into the skin with an acupressure facial massage. This facial incorporates aromatherapy scalp, foot, arm, and lower leg massage with Australian White Flannel Flower to inspire a blissful experience.

De-Stress Organic Luxury Facial · 90 minutes · \$240

Stress has a powerful effect on ageing and skin sensitivity. This restorative facial focuses on calming, collagen regeneration, nourishing and rebuilding skin elasticity, while protecting hydration using organic and wild harvested Australian fruit and flower extracts. This sensory iKOU facial incorporates a white clay desquamation face polish with hyaluronic infusion masque to brighten and balance skin.

Men's Essential Age-Defying Facial · 90 minutes · \$240

Skin is deeply cleansed and detoxified with natural plant exfoliants and extracts for superior deep pore cleansing and smoothing benefits. This results driven facial incorporates deeply penetrating organic oils, peptides and potent plant extracts including Tasmanian mountain pepper berry, to stimulate collagen and elastin, lock in moisture, improve firmness and deliver advanced age-defying benefits.

Men's Express Hydrating Facial · 30 minutes · \$120

This deep cleansing, results driven express facial, will boost and hydrate tired, dull skin, locking in moisture while stimulating collagen.

THE SPA organic

iKOU Scrubs

iKOU Customised Body Scrubs · 60 minutes · \$170

Transform body and mind with iKOU organic high performance body scrubs. Polish away dull skin to reveal a radiant glow with instant results. Rich in essential fatty acids and antioxidants with selected oils to promote cell renewal and long lasting healthy skin results. The finishing application of a triple butter Organic Body Soufflé leaves the mind relaxed and skin rejuvenated. The perfect indulgence to enjoy before a massage.

New Zealand Manuka and Lemon Myrtle Renewal Body Scrub

A detoxifying, energising salt scrub with deep cleansing Manuka and lemon myrtle for rejuvenation of balanced skin types. Ideal for normal to oily and congested skin.

Organic Italian Orange and Jojoba Body Buff

A fast results sugar scrub rich in hydrating Jojoba Oil for cell renewal and healthy skin. Ideal for normal to dry and dehydrated skin.

Organic Coconut and Native Hibiscus Body Polish

A gentle but effective coconut and jasmine rich body polish for sensitive skin.

THE SPA massage



THE SPA massage

Eliminate tension with the benefits of therapeutic massage techniques

Balance and Calm Aromatherapy Massage ·

30 minutes · \$125 / 60 minutes · \$200 / 75 minutes · \$235 / 90 minutes · \$275

A full body relaxation massage combines rhythmic movements and gentle massage manipulation with the art of the senses. Create your own journey with your choice of iKOU organic, aromatherapy plant based oil blends. Intuitively guide your mind and body to greater relaxation and energy balance.

Native Clay and Hot Oil · 90 minutes · \$275

This unique full body massage ritual based on Ayurvedic wellness uses anti-inflammatory herb and plant extracts combined with heat to provide long lasting muscular pain relief. A ring of native Australian clay is placed on the back, into which hot, therapeutic oils continuously flow, gently releasing spinal tension.

Fragonia and Bergamot Scalp Treatment · 45 minutes · \$140

Head and scalp massage is an age old healing holistic therapy, relieving mental fatigue and tension. Fragonia and bergamot are renowned for releasing stress and assisting with conditions such as a dry scalp. The warming iKOU mask provides deep conditioning and invites rest for the mind.

THE SPA massage

iKOU Rainforest Foot Ritual · 30 minutes · \$120

Providing massage to restorative points in the feet can assist in easing tension, increase circulation and provide balance to the body's natural equilibrium. A native New Zealand Manuka and Lemon Myrtle foot soak and scrub followed by a specialty massage, a soothing lemon scented tea tree and cooling cucumber mask, leaves you with a spring in your step. Absolute bliss for tired feet and legs.

Sensory Stones Massage · 90 minutes · \$285

Enjoy the uplifting effects of hot and cold, smooth volcanic rocks releasing pressure and stiffness in problem areas allowing the body to enter a state of deep relaxation.

Deep Tissue Massage

30 minutes · \$120 / 60 minutes · \$200 / 75 minutes · \$235 / 90 minutes · \$275

Our deep tissue massage is tailored to your needs, to release muscle soreness and tension, realigning deeper layers of muscle while increasing circulation.

Swedish Massage

30 minutes · \$120 / 60 minutes \$200 / 75 minutes · \$235 / 90 minutes · \$275

A relaxing full body therapeutic massage using long strokes, to relax and calm the body.



THE SPA beauty

Add the perfect finish to your pampering experience.

Deluxe Nail Care · Manicure or Pedicure · 60 minutes · \$120

Revive and restore tired hands or feet with our 60 minutes luxurious on bed experience. Includes foot soak, exfoliation, nail shaping, cuticle push back, massage and polish.

Express Nail Care · Manicure or Pedicure · 30 minutes · \$60

Time effective nail care for those who have regular manicures and pedicures. Includes a warm compress, file, buff, shape and polish.

Gentlemen's Nail Care · Manicure or Pedicure · 45 minutes · \$75

Detailed nail shaping, cuticle and skin care, with half arm or half leg massage and nail buff.

Note: gel and shelac polish application and removal not available with nail care services.

Waxing

· Lip	15 minutes	\$25
· Chin	15 minutes	\$25
· Underarm	15 minutes	\$35
· Half arm	30 minutes	\$45
· Full arm	45 minutes	\$60
· Bikini	30 minutes	\$45
· Brazilian	45 minutes	\$80
· Half leg	30 minutes	\$50
· Full leg	45 minutes	\$65

Brows and Lashes

· Brow Tint	15 minutes	\$25
· Brow Shape	30 minutes	\$30
· Lash Tint	30 minutes	\$35



THE SPA *etiquette*

THE SPA etiquette

Reservations

We highly recommend booking your treatment in advance to ensure that your preferred time and service is available. Please note that a valid credit card, gift voucher or room number is required at the time of booking to secure your treatment.

A credit card surcharge of 2.2% will applied to all credit cards payment.

Pre-arrival

It is recommended that you arrive at least 20 minutes prior to your appointment to prepare for your spa experience. Treatments begin at the time scheduled. Late arrivals are subject to a time reduction in the length of the scheduled treatment.

Health considerations

Please advise if you are pregnant or have high blood pressure, allergies, ailments or disabilities at time of booking, especially, as some services may not be appropriate for you.

Hygiene and personal belongings

For your comfort, we ask that you refresh prior to any body treatment and shower before using any water facilities following a massage. Disposable underwear, robes and slippers are available. Please leave all jewellery and other personal items of value at home or in your room safe as The Spa cannot be held responsible for lost or misplaced personal items.

Access to our hydrotherapy, Fitness Centre and pool facilities

Access to our hydrotherapy area and fitness centre is accessible to all guests having a treatment of 90 minutes or more. The Infinity Pool and Terrace is available exclusively to hotel guests and Spa & Fitness Centre members with a valid membership card. Public access to this area is restricted.

THE SPA etiquette

Spa environment

We strive to provide you with the most relaxing and soothing spa experience from the moment you arrive, to the moment your journey concludes. We respectfully ask that mobile phones are turned off so that the tranquility of The Spa may be preserved. Smoking is not permitted. Your cooperation in providing a quiet environment is greatly appreciated.

Cancellation

A minimum of 12 hours' notice for a single person reservation is required in advance of your scheduled appointment. Failure to arrive for your scheduled appointment will result in full charges of the scheduled service. Group bookings of 2 or more guests will require a minimum of 24 hours notice.

Information privacy

Because we consider the privacy and confidentiality of your information to be of utmost importance, we access your information in accordance with the Global Privacy Policy for Guests (privacy.hyatt.com) or by request from spa reception.

Parking

Enjoy complimentary valet parking when you book any treatment of 60 minutes or longer. Subject to availability, conditions and black out dates apply.

Age minimum

Bookings available to guests aged 16 and older

