

networks BREAKFAST

FOOD. THOUGHTFULLY SOURCED. CAREFULLY SERVED.

BREAKFAST BURRITO \$11

scrambled cage-free eggs, hash browns, chihuahua and cheddar cheeses, your choice of bacon, sausage, ham, or chorizo

NETWORKS OMELET \$12 V GF

egg whites, spinach, cherry tomato, feta cheese, prepared in olive oil

BUTTERMILK PANCAKES \$11 V

blackberries, mascarpone cream, sugar, and oat crust

NETWORKS BREAKFAST BUFFET \$15.95

(when available) served 6:00am to 10:00am cage-free scrambled eggs, bacon, sausage, breakfast potatoes, chef's griddle item of the day, fresh seasonal fruit, greek yogurt, steel cut oatmeal, brown sugar and a variety of dried fruits and nuts to customize your yogurt or oatmeal, assortment of pastries, muffins, toast, and bagels, coffee, tea, and juice

GO GREEN OMELET \$12 V GF

egg whites, asparagus, zucchini, broccoli, spinach, onions

STEAK 'N EGGS* \$16 GF

naturally raised flat iron, chimichurri, two eggs any style

SOUTHWEST OMELET \$12 GF

chorizo, cilantro, jack cheese, tomatoes, onions

SMOKED SALMON* \$13 GF OPTION

toasted bagel with cream cheese, tomatoes, onions, and capers

CORNED BEEF HASH* \$12 GF

two eggs any style, chipotle sauce

HUEVOS RANCHEROS \$11 GF

corn tortillas, cage-free eggs, ranchero sauce, queso fresco

STEEL CUT OATMEAL \$7 VG

dried fruits & assorted spices

CINNAMON FRENCH TOAST \$11 V

with butter, maple syrup, and roasted fruits

THREE EGG OMELET \$12 GF

choose 3 of the following: bacon, sausage, ham, chorizo, peppers, mushrooms, onions, spinach, tomatoes, asparagus, cheddar, swiss, feta, jack cheese

\$0.50 for each additional ingredient

TWO CAGE FREE EGGS

ANY STYLE* \$11 GF

breakfast potatoes, choice of meat

THE BENEDICT \$11

traditional Canadian bacon, toasted muffin, and hollandaise

SEASONAL FRUIT

SELECTION \$10 VG GF

the chef's picks

YOGURT PARFAIT \$7 V

with granola and seasonal berries

PORK SAUSAGE, BACON, HAM \$4

CHICKEN SAUSAGE \$5

TOAST OR BAGEL \$3

ASSORTED COLD CEREALS \$5

FRUIT CUP \$5

BOWL OF BERRIES \$7

FRUIT SMOOTHIE OF THE DAY \$6

ORANGE, APPLE, CRANBERRY, GRAPEFRUIT, TOMATO JUICE, V-8 \$4

TAZO HOT TEA \$3.25

TORREFAZIONE ITALIA COFFEE \$3.25

CAPPUCCINO, LATTE, ESPRESSO \$4

2%, WHOLE, SKIM MILK \$2

PEPSI, DIET PEPSI, MIST TWIST, MOUNTAIN DEW, DR. PEPPER, ICED TEA, LEMONADE \$3

TAZO ICED TEAS: PEACHY GREEN, PASSION, SANGRIA BLACK \$3



StayFit Cuisine

V – vegetarian

VG – vegan

GF – gluten free

PLEASE NOTIFY YOUR SERVER IF YOU HAVE FOOD ALLERGIES

*The Illinois Department of Public Health advises that eating raw, or undercooked meat, poultry, eggs, or seafood, poses a health risk to everyone, but especially to the elderly, young children under 4, pregnant women, and other highly susceptible individuals with compromised immune systems. Thorough cooking of such animal food reduces the risk of illness.