

re-discover yourself



menu of spa services



The Spa at Hyatt Hyderabad Gachibowli offers extensive wellness facilities whether guests are looking for classic international treatments, traditional ayurvedic treatments, personal yoga sessions or beauty and healing therapies.



spa international experiences

hyatt touch 30 minutes ₹2000
Head, shoulder & back – a quick therapy for relaxing the muscles.

hyatt fusion* 60 | 90 minutes ₹3500 | 3800
Customized treatment of either head and back, or back and legs.
Treatment can be customized as per the requirement and need.

swedish massage* 60 | 90 minutes ₹3400 | 3700
Manipulation of the soft tissue of the muscles against the bone;
it relaxes the body, increases circulation, removes metabolic waste
products, and can help the recipient obtain a feeling of connectedness.

foot reflexology* 60 minutes ₹2700
A relaxing foot therapy which helps in detoxifying by stimulating
pressure points on feet. This gentle therapy encourages the body to
work naturally to restore its own healthy balance.

deep tissue* 60 | 90 minutes ₹3900 | 4600
Full body massage with medium to hard pressure which helps in
opening knots in the back and helps in circulation of blood.

hot stone massage 75 minutes ₹4000
This therapy uses heated rocks combined with oil and massage.
This unique therapy assists with circulation, alleviates sore muscles
while providing a sensuous and nurturing experience.

aromatherapy 90 minutes ₹4500
A holistic treatment based on the application of carefully blended
essential oils in a nourishing vegetable base using lymphatic and
pressure point. Choose from grounding, invigorating or detoxifying
oils, to intensify the therapeutic effects of this age-old treatment.



jet lag massage

45 minutes

₹3100

An experience to clear the body of toxins using Sunflower and Wheat gram oils blended with essential oils of Peppermint, Eucalyptus and Orange to awaken, Sandalwood, Vetiver and Rose to calm or Grapefruit, Cyprus and Juniper to detox.

couples connect *

60 | 90 minutes

₹5500 | 7500

A massage for couples done in our special couple treatment room. Helps you relax and unwind from your daily busy routine. A great treatment for couples to get pampered and help revitalize the body.

thai massage

60 minutes

₹3500

A deep complete body treatments, which starts at the feet and steadily advances up to the head. With gentle flowing exercise movements to stir you into a sequence of yoga - like stretches. It focuses on applying the right pressure on the 10 main energy points, traditionally called the sip - sen.

balinese

60 | 90 minutes

₹3500 | 4000

Uses a variety of techniques including combination of gentle stretches, acupressure and reflex zone. It will boost your circulation and target knotted tissue to address physical issue as well & its highly recommended person who is looking for sport massage and deep relaxation.

body wraps

body wrap - aroma cocoon

75 minutes

₹4500

A full body wrap with gentle application of essential oils which helps in detoxification by stimulating perspiration.



rejuvenating earth wrap

75 minutes

₹3500

Begin a soothing journey with a clay mask made of exotic herbs and spices. The warming and soothing effects of ginger and cardamom enhance the natural healing abilities of the body. Feel revived, nurtured and rejuvenated.

ayurveda experiences

abhyanga

60 minutes

₹4000

A synchronized whole body massage performed by two therapists using exclusive dosha specific oil blends. The massage is followed by a steam bath and hot shower. The treatment improves physical consistency, helps to remove toxins and induces relaxation whilst normalizing blood pressure and eliminating impurities.

shirodhara

60 minutes

₹4500

Luke warm herbal oil is poured in an even stream onto the forehead to pacify and revitalize the mind and body. In addition to its intense rejuvenating and anti aging effects, Shirodhara improves memory, normalizes sleep pattern and helps to treat other neurological disorders.

kati vasti

30 minutes

₹2200

This massage is exclusively good for lower back pain. A small circle is made on the lower back with a paste made of black gram or wheat flour, known for their therapeutic qualities. Warmed oil is then poured into the depression created by the ring of the paste. This soothes muscular tissue, alleviates pain and lubricates discs and nerves.

choornaswedana

60 minutes

₹4000

A body massage with Dosha specific oils, therapeutic sweating is induced by the application of warm herbal poultices. Choornaswedana is also known as the “bundle massage”. This therapy helps in relieving neurological disorders, rheumatism, arthritis and sport injuries.



skin experiences

express facial 30 minutes ₹2000

Special designed for the busy executive always on the run, the Express Facial is a quick confidence booster and skin brightener.

honey & rose facial 60 minutes ₹2700

An intensive treatment that replenishes lost moisture using pure essential oils of Honey and rose and cucumber pack – this hydrates, clams and soothes all skin types.

hyatt facial 60 minutes ₹2700

Rose quartz crystals surrender their soothing, nurturing vibrations, calming the most sensitive of skins. Feel the warm pink energy of the crystals as the face is gently cleansed, exfoliated and hydrated using pure blended essential oils of Rose, Aloe Vera and Sandalwood dust.

mountain dew skin freshener facial 60 minutes ₹3000

Designed to awake the body's innate healing ability, which is suppressed due to stress and environmental factors leading to dry, dehydrated, sun damaged and sensitive skins, this is a deep cleansing facial, using a selection of pure essential oils according to your skin type.

exfoliation experiences

hyatt salt scrub 60 minutes ₹2900

Essential oil infused into natural sea salt assists to tone dry, greasy, irritated and sensitive skins.

detoxifying salt scrub 60 minutes ₹2700

Contains natural sea salt infused with essential oils of soften smoothen there new rough dry skin.



invigorating salt scrub 60 minutes ₹2700
Contains natural sea salt infused with 100% pure essential oils of orange eucalyptus and peppermint. Mentally and physically stimulating.

grounding salt scrub 60 minutes ₹2700
Essential oils of rose, Vetiver and sandalwood infused into natural sea salt help to stimulate and strengthen the skin, while calming and soothing the mind.

lemon grass & ginger salt 60 minutes ₹2800
An invigorating scrub made with fresh honey, with rose seeds and rose water that gently exfoliates the skin and restores balance and energy.

spice salt scrub 60 minutes ₹2800
Black pepper, cardamon and ginger is infused into natural sea salt. Warming and soothing, improves muscular tension, joint pains and helps in relaxation.

hand & foot treatments

honey & rose manicure 60 minutes ₹1800

peppermint, orange & eucalyptus pedicure 75 minutes ₹2300

express pedicure 45 minutes ₹1500

express manicure 30 minutes ₹1100



salon services

salon package foot massage+ head massage +hairwash blow dry	120 minutes	₹2400
aroma oil experience	45 minutes	₹1800
nourishing hair experience	30 minutes	₹1500
shampoo/blowdry	₹800 (short) ₹ 1000(long)	
haircut for men		₹ 1000
haircut for ladies	₹1200 (short) ₹ 1500(long)	
hair spa	₹ 1500 (short) ₹ 1800(long)	
hair wash		₹300
threading		₹250
chin / upper lips		₹100
hair cut child		₹650
men's hair colour		₹1600
ladies hair colour	₹2500 (short) ₹ 3000(long)	
root touch up		₹ 1800
traditional head massage		₹ 1800



waxing full legs	₹ 700
waxing half legs	₹ 400
waxing full hands	₹ 400
waxing half hands	₹ 300
waxing under arm	₹ 400
waxing chin/ lips	₹ 300
waxing back	₹ 1700

special packages

the invigorating ritual 125 minutes ₹6500

This ritual is designed to re-balance and invigorate. It will leave you feeling vital and alive.

Your journey includes:

Invigorating Salt Scrub-45 minutes

Swedish massage-60 minutes

Express Facial-25 minutes

Ritual Concludes with a Herbal Infusion tea

detox ritual 200 minutes ₹7500

Designed to deep cleanse, revitalise and tone the body as well as soothe the senses this ritual will leave you feeling balanced and energised.

Your journey includes:

Detoxifying Salt Scrub-45 minutes

Herbal Infusion | Aromatherapy Massage-90 minutes

Mountain Dew Skin Freshener Facial-60 minutes



pool usage

week days	₹500
weekend	₹1000
yoga (from 7 AM onwards, with 24 hours prior appointment)	₹1000
fitness center (operational 24 hours)	

membership

1 month Includes 4 treatments (60 minutes each) Usage of pool and fitness centre Usage of hydrotherapy Usage of steam, sauna, kniepp pool Usage of relaxation rooms Valid for one month only Spouse card: Additional ₹3,000 entitles your spouse to all facilities and O1 additional treatment.	₹12,000
3 months Includes 10 treatments (60 minutes each) Usage of pool and fitness centre Usage of hydrotherapy Usage of steam, sauna, kniepp pool Usage of relaxation rooms Valid for one month only Additional: 15% discount on F&B o2 treatment upgrades from 60 to 90 minutes Spouse card: Additional ₹6,000 entitles your spouse to all facilities and O2 additional treatment.	₹30,000



6 months

₹55,000

Includes 20 treatments (60 minutes each)

Usage of hydrotherapy

Usage of pool and fitness centre

Usage of steam, sauna, kniepp pool

Usage of relaxation rooms

Valid for six months only

Additional: 15% discount on F&B

04 treatment upgrades from 60 to 90 minutes

Spouse card: Additional ₹10,000 entitles your spouse to all facilities and 03 additional treatment.

12 months

₹1,00,000

Includes 40 treatments (60 minutes each)

Usage of pool and fitness centre

Usage of hydrotherapy

Usage of steam, sauna, kniepp pool

Usage of relaxation rooms

Valid for one year only

Additional: 15% discount on F&B

06 treatment upgrades from 60 to 90 minutes

One night complimentary room voucher

Spouse card: Additional ₹10,000 entitles your spouse to all facilities and 03 additional treatment.

*signature therapies

*all government levied taxes extra



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