

SMOOTHIES & JUICE

SERVED IN 8 OZ. CUPS

BALANCE SMOOTHIE 8
banana, strawberry,
coconut milk, almond flour (GF) (DF)

REFRESH SMOOTHIE 8
kale, apple, kiwi, banana (GF) (DF) (NF)

PURE GREENS JUICE 8
apple, cucumber, celery, romaine
zucchini, kale, spinach, lemon, ginger (GF) (DF) (NF)

ROCKIN' BEET JUICE 8
apple, carrot, beet, lemon, ginger (GF) (DF) (NF)

GOLDEN GIRL JUICE (GF) (DF) (NF) 8
pineapple,
carrot, turmeric, lemon, ginger

LA COLOMBE SPECIALTY COFFEE

macchiato café 4
latte 6
cappuccino 6
americano café 6
espresso 4
add a shot of espresso 3

OTHER BEVERAGES

juice - orange, grapefruit, apple, cranberry 5
La Colombe brewed coffee - regular & decaf 5
Palais des Thés tea 5
english breakfast, earl grey, green tea,
jasmine, mint, chamomile, chai

EYE OPENERS

HOUSE MADE GRANOLA 14
choice of milk or greek yogurt with berries (NF)

STEEL CUT OATMEAL 9
seasonal house made jam, golden raisins,
sugar (GF) (DF) (NF)

SEASONAL MIXED BERRIES 15
agave syrup, morning muffin crumbles (DF) (NF)

GREEK YOGURT 14
mixed berries, mango puree
oven roasted pistachio (GF)

PEANUT BUTTER OVERNIGHT OLD-FASHIONED ROLLED OATS 14
greek yogurt, fresh blueberries,
caramelized pecan (GF)

MARKET FRUIT PLATE 15
cantaloupe, watermelon, blackberries,
passion fruit coulis (GF) (DF) (NF)

BANANA BREAD 9
hazelnut, blueberries

BREADS & BAKED GOODS
basket of assorted mini pastries 8
toast 5
english muffin 5
breakfast potatoes 5
smoked bacon 6
pork patties 6
chicken sausage 6
small pancake stack 6
bagel - everything, sesame seed, plain 5

BUTTERMILK PANCAKES (NF) 14

BRIOCHE FRENCH TOAST (NF)

BELGIAN WAFFLE (NF) 3
add banana, or berries, or chocolate chips

OUR FARM EGGS

TWO EGGS ANY STYLE 22
choice of bacon, pork patties, or chicken
sausage, roasted yukon gold potatoes (GF) (NF)

WILD MUSHROOM OMELET 23
wild mushrooms, goat cheese, herb
roasted yukon gold potatoes (GF) (NF)

ANGUS HANGER STEAK & EGG 27
two eggs any style, grilled hanger steak,
yukon potatoes, winter petite salad (GF) (DF) (NF)

EGG WHITE & CRAB FRITTATA 26
jumbo crab meat, asparagus tips, tomato
confit, persian cucumber salad (GF) (DF) (NF)

TWO FREE RANGE EGGS BENEDICT 25
canadian bacon, wilted spinach,
english muffin, hollandaise (NF)

BREAKFAST SANDWICH 21
farm raised eggs, applewood bacon, cooper
cheese, roasted tomato, wheat ciabatta (NF)

AVOCADO TOAST 19
shaved cucumber, breakfast radishes,
arugula salad, fried capers (DF) (NF) 3
add one egg any style

BALMORAL SMOKED SALMON & BAGEL 25
chopped hardboiled egg, shaved red onion,
capers, cucumber and tomato salad, fine
herb cream cheese, choice of toasted bagel (NF)

PLANT BASED BOWL 25
vegan "just egg" tofu, espelette spice, sun
dried tomato, yukon potato, baby bell
pepper, green onion (V) (NF)