



DAMAI

SPA
MENU

D A M A I

H O S L I S T I C W E L L B E I N G

In today's fast-paced world, true wellbeing demands a holistic approach that nurtures both the mind and body.

We've designed and curated an exclusive selection of immersive therapies. These therapies integrate cutting-edge technology with science-backed practices and time-honored traditions to help you overcome the unique challenges of modern life and achieve true harmony within.

D A M A I

MIND BODY WELLNESS PROGRAMS

Our expertly curated Mind Body Wellness programs harness the healing elements of vibration, sound, light, touch, and water, combined with cutting-edge technology, to promote deep relaxation, stress reduction, and enhanced wellbeing for the 21st-century individual.

THE RECOVERY

120 mins | \$448++

Designed to alleviate the symptoms of fatigue and jet lag, this treatment promotes deep recovery. By realigning your body's natural rhythms and restoring resilience through heat, light, and plasma therapy, it fosters profound rest, restores energy, relaxes muscles and joints, and enhances mental clarity.

THE WAVES

120 mins | \$438++

This multi-sensory experience harnesses vibroacoustic therapy and calming soundscapes to promote mind-body harmony, guiding brainwave patterns into states of relaxation, meditation, and deep sleep. It provides a holistic approach to achieving a calmer state of being, clearing brain fog, and enhancing mental clarity, ultimately leading to a transformative state of awakening.

THE AWAKENING

90 mins | 60 mins \$327++ | \$218++

This immersive multi-sensory experience blends vibroacoustic therapy with soothing soundscapes to foster mind-body harmony, gently guiding brainwave patterns into states of relaxation, meditation, and deep sleep. It provides a holistic approach to achieving a profound sense of calm, clearing brain fog, and enhancing mental clarity, ultimately leading to a transformative awakening of both mind and body.

Prices are in Singapore Dollars, subject to 10% service charge and prevailing government taxes.

ADVANCED BODY TREATMENTS

Our results-driven advanced body treatments feature modern techniques and science-backed formulations of oceanic minerals and natural organic botanicals, tailored to address your unique requirements.

BRAIN BODY HACKER

60 mins | \$198++

Tailored to de-stress the mind and enhance the brain-body connection, experience deep relaxation as advanced treatment techniques and results-driven products work synergistically to release hypertonic muscle tension, alleviate tension headaches, and improve disrupted sleep.

SEA TOX

90 mins | \$298++

This treatment harnesses the potency of sea elements to boost circulation and cellular metabolism, enhance lymphatic drainage, reduce fluid retention, and firm the skin. It also offers natural relief from muscle and joint tension.

SALTY ME

45 mins | \$148++

Indulge in this invigorating body and scalp scrub treatment, which combines sea salt, seabed magnesium, peppermint, and lemon to awaken your senses and refresh your skin. It soothes tired muscles, exfoliates dead skin cells, and leaves you with a healthy glow and a revitalised scalp.

DAMAI

CLASSIC MASSAGE

DAMAI OIL MASSAGE

120 mins | 90 mins | 60 mins \$396++ | \$297++ | \$198++

Rooted in the ancient wisdom of traditional healing, this nurturing massage leads you to a state of deep relaxation. Generous amounts of warm, herbal-infused oil nourish your skin as flowy, circular strokes and focused pressure on your vital energy points support detoxification and improve circulation.

CALM MIND MASSAGE

120 mins | 90 mins | 60 mins \$396++ | \$297++ | \$198++

This serene treatment artfully blends the gentle rhythm of Swedish massage with the therapeutic power of organic aromatherapy oils. Using light to medium pressure to release tension and instil a sense of calm, this massage will leave you feeling balanced and tranquil.

DEEP TISSUE MASSAGE

120 mins | 90 mins | 60 mins \$436++ | \$327++ | \$218++

This powerful deep tissue massage, designed to release deep-seated tension and restore vitality. Through strong pressure and flowing strokes, using hands, elbows, and forearms, this massage penetrates deep into muscles and connective tissue, easing tension and joint stress. Emerge feeling revitalized and re-energized.

D A M A I

CLASSIC FACIAL

ESSENTIAL FACIAL

90 mins | 60 mins \$297++ | \$198++

Experience a truly personalized facial tailored to your unique skin concerns. This results-driven treatment addresses everything from sensitivity and oiliness to dehydration, leaving your skin balanced and revitalized. Enjoy a renewing exfoliation, a deep cleansing massage to boost circulation, and a nourishing masque customized to your skin's need.

ADD-ONS

Elevate your spa experience with luxurious ampoule and mask add-ons that amplify your results.

AMPOULE

Rejuvenating Intensive Repair	15 minutes	\$80++
Rejuvenating Pure Vitamin C	15 minutes	\$80++
Co-Enzyme Q10	15 minutes	\$80++

MASK

Biomatrix Mask	15 minutes	\$80++
Chitosan Mask	15 minutes	\$80++
Smoothing Collagen Mask	15 minutes	\$80++

Prices are in Singapore Dollars, subject to 10% service charge and prevailing government taxes.



DAMAI

Grand Hyatt Singapore, 10 Scotts Rd, Singapore 228211

T +65 6416 7132 E damai.sg@hyatt.com W singapore.grand.hyatt.com

HYATT name, design and related marks are trademarks of Hyatt International Corporation.

©2008 Hyatt International Corporation. All rights reserved. Reg. No. 198601909E