



# 3 TIDES BREAKFAST

## SIGNATURE CINNAMON ROLL

1 FOR 5 ~ 3 FOR 12

## CONTINENTAL PASTRY BOARD 16

Signature Cinnamon Roll + Pain au  
Chocolate + Croissant + Illy® Coffee  
+ Juice

## COCKTAILS

### SOURSOP MIMOSA 14

Soursop + Sparkling Wine

### BRUNCH SPRITZ 14

Passion Fruit + Campari  
Sparkling Wine

### BLOODY MARY 14

Signature Tomato Spice Blend + Vodka

## BEVERAGES

### ILLY® COFFEE 6

### ILLY® CAPPUCCINO • LATTE 8

### IKAATI® TEA 6

### PULLED PORK BENEDICT 20

Coffee Rubbed Pork Shoulder + Soft Poached Eggs  
Cilantro Hollandaise + Arugula

### PINEAPPLE PANCAKES 17

Grilled Pineapple + Toasted Coconut + Maple Rum Syrup

### SHRIMP N GRITS 22

Three Cheese Grits + Grilled Shrimp + Creole Sauce

### GUAVA DUFF FRENCH TOAST 17

Guava Brioche + Rum Sauce + Guava Jam

### BREAKFAST FLATBREAD 18

Sunny Side Up Eggs + Chorizo + Avocado Crema  
Arugula + Smoked Gouda

### 3 TIDES BREAKFAST 18

Sourdough Toast + House Bacon + 2 Eggs + Beans

### DAILY YOGURT BOWL 13

House Granola + Fresh Berries + Fruit + Chia + Flax

### BLUE CRAB BENEDICT 23

Crab Cake + Soft Poached Eggs + Old Bay Hollandaise + Spinach

### SMOKED SALMON AVOCADO TOAST 20

Smashed Avocado + Grilled Multigrain + Chili Aioli  
Soft Boiled Eggs + Pickled Red Onions + Fried Capers

### OMELETTE 18

3 Eggs + Toast + filling choice of: Bacon + Chicken Sausage  
Bell Peppers + Mushrooms + Tomatoes + Spinach + Onions  
Cheddar + Goat Cheese

### BREAKFAST SANDWICH 18

Sourdough + Sunny Side Up Eggs + House Bacon + Onion Jam  
Avocado + Lettuce + Tomato

Grilled Artisanal Toast 5

Applewood Smoked Bacon 9

Three Cheese Grits 6

Breakfast Potatoes 6

## SIDES

Berry Oatmeal 10

Chicken Sausage 6

Smoked Salmon 12

Seasonal Fruit Bowl 10

Cage Free Eggs 6

Should you have any dietary requirements or allergies, please ask for the Manager.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may  
increase your risk of foodborne illness.

All prices displayed are subject to VAT and a 15% Service Charge.



VEGAN-GLUTEN FREE-VEGETARIAN