



CITY CLUB
VITALITY HARMONY BALANCE

CITY CLUB HEALTH & FITNESS CENTRE

BE FIT. STAY FIT. LIVE FIT

Join Melbourne's best CBD gym & fitness centre right in the heart of Collins Street featuring state-of-the-art facilities, cutting edge Life Fitness equipment, indoor swimming pool, rooftop tennis court, and a team of dedicated professional trainers. We have everything you need to fulfill your fitness goals.

FACILITIES

At City Club Health & Fitness, we offer state-of-the-art facilities, along with cutting edge Life Fitness and Total Gym Gravity equipment. City Club has three studios for group classes, including aerobics, spin and mind & body.

City Club members can also enjoy access to an indoor heated swimming pool, Jacuzzi, spa, sauna, steam room and plunge pool. Play a game of tennis on our full size roof top tennis court or have hit of golf on one of our golf ranges. Bookings are essential and professional coaching is available.

MEMBERSHIPS

Achieve your fitness goals with a City Club Health & Fitness tailored membership, which offers access to cutting edge fitness equipment and indoor swimming pool and spa facilities, as well as your own personal secure locker.

GROUP FITNESS

We offer a diverse range of group fitness classes in our specialty studios, on a weekly basis, for extra flexibility and convenience for those with busy schedules.

PERSONAL TRAINING

Our trainers understand that different exercise regimes suit different people, which is why they work closely with you to devise a unique plan which meets your health and fitness objectives. By keeping you motivated, improving your technical skills, introducing you to new equipment and new exercises, your trainer will make sure every work out counts. Leave your excuses at the door and book your first training session today!

MASSAGE AND BEAUTY SERVICES

City Club Health & Fitness offers a range of restorative massage therapies, facial treatments and aesthetic services, with a focus on total wellbeing.

Our experienced therapists will provide you with guidance on our range of treatments to suit your unique needs, for a deeply rejuvenating experience. Complimentary access to the pool, sauna and steam rooms is included in the City Club Wellness experience.

OPENING HOURS

Monday to Friday | 6:00am to 8:00pm

Saturday, Sunday and public holidays | 8:00am to 8:00pm

PRICING:

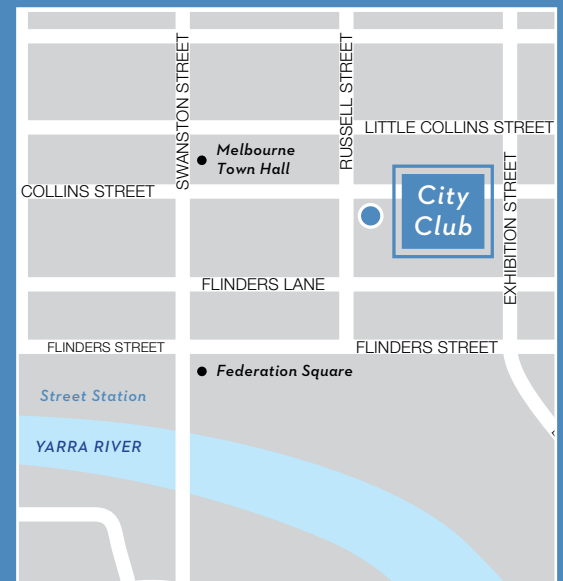
	Platinum	Gold	After Hours [^]
Monthly Membership Fee *minimum 3 months	\$175*	\$120*	\$66*
Join Fee	\$75	\$75	\$75
3 months prepaid	\$525	\$360	

[^]After Hours: Sunday to Thursday: 8pm to 6am, Friday to Saturday: 8pm to 8am

Casual Visit	\$30
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During supervised hours only

WHERE TO FIND US:



CITY CLUB HEALTH & FITNESS CENTRE

Grand Hyatt Melbourne
Level 9, 123 Collins Street, Melbourne
Victoria 3000, Australia

+61 3 9653 4894 TELEPHONE

ghmelbourne.cityclub@hyatt.com

melbourne.grand.hyatt.com



CONDITIONS OF ENTRY

By entering these premises, you are acknowledging that you will adhere to the following rules and regulations:

- Guests are responsible for knowing their own physical limitations and ensuring the safe use of equipment.
- Directions of the Chief Health Officer.
- Appropriate attire and closed-in footwear must be worn.
- Children under the age of 16 years old must be supervised by a parent or adult guardian who assumes responsibility for them at all times when using the gym floor, wet areas and tennis courts.
- Do not leave valuables unattended as Grand Hyatt Melbourne is not responsible for loss, damage or theft of personal property.
- Guests that require a locker key, a deposit is to be exchanged.
- It is the responsibility of the guest to return the locker key upon departure. Failure to return a locker key will incur a \$20.00 fee.
- Use of photographic devices is prohibited without prior approval from City Club management.
- No glassware or alcoholic beverages are permitted within the facility.
- Smoking is not permitted inside the facility.
- No running, ball games or diving in the pool, Jacuzzi or plunge pool.
- Please shower prior to use of the wet area facility.
- Bags are not permitted within the exercise areas.
- All equipment must be thoroughly wiped down with provided sanitising wipes after use.
- Please return all weight and general equipment to their appropriate place after use.
- Please show due courtesy and consideration to fellow members and guests by sharing equipment thoughtfully.
- Please show consideration to other users by disposing of all towels in the trolleys and baskets provided.

DISCLAIMER

I hereby represent to City Club that I am physically capable of and there is no medical reason to prevent me from proceeding with the use of City Club facilities without endangering my health. I acknowledge that entering and utilising City Club facilities are at my own risk. I acknowledge that I am responsible for knowing my own physical limitations and will ensure the safe use of equipment. I hereby release and will indemnify and keep indemnified City Club for any injury or loss suffered by me while on City Club premises.

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