



CITY CLUB HEALTH & WELLBEING

City Club Health & Wellbeing offers a range of results-orientated massage therapies, aesthetic services and facial treatments with a focus on total wellbeing.

Our private treatment rooms are housed within one of Asia Pacific's largest hotel gyms located on level 9 of Grand Hyatt Melbourne.

With a team of highly trained therapists, we can customise treatments to suit the unique needs of the individual and address a range of areas including: High performance facials, detoxification, rejuvenation and relaxation to relieve overworked muscles and minds.

Utilisation of the pool, spa, sauna and steam room is all part of the City Club Health & Wellbeing experience.

Supervised hours:

Monday – Friday
6:30am – 7:30pm

Weekends/Public Holidays
8:00am – 7:00pm

Grand Hyatt Melbourne

Level 9, 123 Collins Street Melbourne,
3000, Australia

 (03) 9653 4894

 ghmelbourne.cityclub@hyatt.com

Medik8®

BEAUTIFUL SKIN FOR LIFE

Medik8 uses unique technology to deliver high performance advanced skin care with proven benefits for the skin. From active ingredients, to time release delivery systems, Medik8 products* combine the best available technology to deliver long lasting and visible results.

*Medik8 products available for purchase

Suitable for unisex and available for all skin types and concerns include:

- Skin Ageing
- Redness
- Pigmentation
- Recovery
- Blemishes
- Pore Refining

Medik8 is used in our beauty treatments and some of our most popular products include:

- Cleansers
- Serums
- Exfoliators
- Moisturisers
- Masks



MASSAGE THERAPY

Relaxation Massage

30 | 45 | 60 | 90 minutes

80 | 100 | 115 | 160 price

Use of long, fluid, slow moving strokes to release unwanted tension and relax the mind, body and soul.

Deep Tissue Massage

30 | 45 | 60 | 90 minutes

80 | 100 | 115 | 160 price

Focuses on realigning deeper layers of muscle and connective tissue.

Remedial Massage

30 | 45 | 60 | 90 minutes

90 | 110 | 125 | 170 price

Addresses specific muscular-skeletal complaints or injuries to assist in recovery and rehabilitation. This treatment can be claimed with most health funds.

Pregnancy Massage

60 minutes

125

Only available for expecting mothers during their second or third trimester. This treatment can be claimed with most health funds.

FACIAL TREATMENTS

Express Facial

30 minutes

80

The ideal treatment for busy people, incorporating the use of powerful antioxidants and nourishing ingredients, providing the intensive boost your skin needs to help repair, refresh and look its best.

Signature Facial

60 minutes

135

Tailored for your specific skin care concerns to achieve targeted results and solution focused. Whether it is to calm and reduce redness, restore skin vitality, target blemishes or brighten the complexion.

Radiance Boosting Facial

75 minutes

155

This brightening and revitalising treatment incorporates the use of a papaya enzyme peel and an enriched Vitamin C mask to help boost, radiance to your skin as well leaving it brighter and instantly hydrated.

PACKAGES

Pick Me Up Package

60 minutes

150

Indulge your senses with a 30 minute express facial, followed by a 30 minute relaxation massage.

Hideaway Package

120 minutes

230

Relax and unwind with a 60 minute relaxation massage, followed by a 60 minute signature facial.

HANDS & FEET

Express Manicure or Pedicure

30 minutes

45

Includes nail cut, file and polish. Shellac, Gel & SNS not available.

Ultra-Hand or Foot Renewal

60 minutes

80

Indulge your hands or feet with this specialised treatment that soothes and hydrates. This treatment also includes massage, nail maintenance and an optional polish to finish.

ENHANCEMENTS

Tinting

Lash

30

Brow

20

Lash & Brow

45

Waxing

Brow or Chin or Lip

20

Underarm

25

Arm

40

Bikini Line

40

Half leg

40

Full leg

60

Chest

40

Back

60

Torso

60