## body refinement treatments
- marine salt body scrub: 60 minutes, Rp. 1,260,000++
- crushed coffee and vanilla: 60 minutes, Rp. 1,260,000++
- royal java lulur: 60 minutes, Rp. 1,260,000++

## body envelopment treatments
- traditional balinese borsch: 60 minutes, Rp. 1,300,000++
- aloe & cucumber body envelopment: 60 minutes, Rp. 1,300,000++
- seaweed spirulina envelopment: 60 minutes, Rp. 1,300,000++

## facial therapies
- royal kriya: 60 minutes, Rp. 1,300,000++
- ingan jyot: 60 minutes, Rp. 1,450,000++
- padmawati: 60 minutes, Rp. 1,450,000++

## rituals
- moksha - calm: 2 hours 15 mins, Rp. 2,500,000++
- aamand - bliss: 2 hours 30 mins, Rp. 2,600,000++
- nirmala - revive: 4 hours, Rp. 4,200,000++

## yoga at kriya
- personalized session: 60 minutes, Rp. 750,000++
- pranayama - breathing practice: 60 minutes, Rp. 750,000++
- guided meditation for clarity: 60 minutes, Rp. 750,000++
- power yoga: 60 minutes, Rp. 750,000++

## recreation
- resort & bay club entrance: day use, Rp. 300,000++
- personalized fitness training: 60 minutes, Rp. 325,000++
- swimming lessons: 60 minutes, Rp. 325,000++

## squash
- squash court rental: 60 minutes, Rp. 110,000++
- squash partner: 60 minutes, Rp. 160,000++
- squash lesson: 60 minutes, Rp. 265,000++

## tennis
- includes rackets and balls: 60 minutes, Rp. 130,000++
- daytime court fee: 60 minutes, Rp. 170,000++
- nighttime court fee: 60 minutes, Rp. 160,000++
- tennis partner: 60 minutes, Rp. 265,000++
- tennis lesson: 60 minutes, Rp. 265,000++

## resort bicycles
- bicycle rental: 4 hours, Rp. 60,000++
- bicycle rental: 8 hours, Rp. 110,000++

## kids club
- two hours: Rp. 195,000++
- half-day: Rp. 315,000++
- full-day: 9:00 AM - 6:00 PM, Rp. 495,000++
kriya rituals

Magnificent. Precious. Refined. Sublimely styled spa experiences replenish calm, awaken your inner glow and revive the spirit.

Choose:
Moksha - Calm
2 hours 15 minutes
serene | comforting | restorative

Papaya Body Buff
Aromatic Salts Hydro-Soak
Traditional Healing Massage

Aanand - Bliss
2 hours 30 minutes
flowing | clarifying | soothing

Crown Chakra Scalp Therapy
Royal Java Lulur Scrub
Milk and Bali Herb Soak
Java Honey Cucumber Facial

Nirmala - Revive
4 hours
purifying | stimulating | awakening

Marine Salts Body Scrub
Seaweed and Spirulina Wrap
Kriya Aromatherapy Massage with Purifying Oil
Royal Kriya Facial

body envelopment treatments
60 minutes
The bounty of the Ocean and Nature infuses the senses for true rejuvenation.

aloe and cucumber body wrap
hydrating | soothing | healing

seaweed spirulina envelopment
drainage | decongesting | detoxifying

traditional balinese bouch
harmonizing | firming | warming

ayurveda rituals
60 minutes
Experience ancient Ayurveda healing at Kriya to enjoy the wisdom of true wellness.

choornasvedam
warming | soothing | nurturing

shirodara
tranquil | serene | calming

sarvangadharana
therapeutic | synchronised | revitalizing

facial treatments
60 minutes
Rejuvenate the complexion with Kriya's fine facial products and techniques.

padmawati
hydrating | firming | purifying

ingan jyot
lifting | toning | soothing

royal kriya
purifying | beautifying | cleansing

massage therapies
60 minutes
Experience expert massage therapies customized to your needs at Kriya Spa.

traditional healing massage
regenerating | healing | relaxing

authentic balinese massage
revitalizing | stimulating | energizing

reflexology
soothing | rejuvenating | balancing

crown chakra scalp therapy
beautifying | comforting | nurturing

four hands massage
therapeutic | detoxifying | uplifting

specialised massage therapies
90 minutes
Experience expert massage therapies customized to your needs at Kriya Spa.

aromatic warm stone massage
warming | invigorating | purifying

yoga massage
stretching | reviving | rebalancing

ancient ayurveda massage
enlivening | vitalising | stimulating

spa policy
reservations
To make your reservation at Kriya Spa please dial extension 844006 from
within the hotel. A valid credit card is required to hold your reservation.

spa hours
The Spa is open 9:00 AM to 9:00 PM daily.

pre-arrival information
We encourage you to arrive 15 minutes prior to your scheduled appointment to allow time to check in
and familiarise yourself with our facility.

Do leave at home or deposit valuables in your room
safe, as Kriya Spa cannot be held responsible for loss of
personal items.

cancellation
Please notify Kriya Spa 24 hours prior to your scheduled appointment time should you need to
change or cancel your reservation so that you may
avoid being charged in full

for scheduled services. A 50% cancellation fee
will be levied, for treatments cancelled less than
twenty four hours prior to appointment time.

No shows will be charged
the full amount for missed services.

prohibited
Smoking, alcohol consumption and photography are strictly prohibited in and around the Spa.

right of refusal
The Spa reserves the right to refuse certain treatments to guests with medical contraindications
and/or guests under the influence of alcohol.

age limitation
Children under age 14 are not permitted in the spa facilities. Please do not leave children under the age
of 14 unsupervised in Spa Reception.

spa retail return policy
Items purchased in the spa retail area are non-returnable, although exchanges can be made on a
case-to-case basis; please contact Spa Reception.

hair & nail by kriya

traditional indonesian creambath
cream bath only 30 m. Rp. 420,000++
cream bath wash & blow dry 60 m. Rp. 780,000++
cream bath styling iron 75 m. Rp. 950,000++

hair mask
hair mask only 30 m. Rp. 420,000++
hair mask blow dry 60 m. Rp. 780,000++
hair mask styling iron 75 m. Rp. 950,000++

hairdressing
wash & blow dry 30 m. Rp. 420,000++
social blow dry 60 m. Rp. 780,000++
wash & styling iron 60 m. Rp. 780,000++
cut & blow dry (short hair) 60 m. Rp. 580,000++
cut & blow dry (long hair) 60 m. Rp. 680,000++
mens hair cut 30 m. Rp. 300,000++

nail salon
express manicure 30 m. Rp. 210,000++
express pedicure 30 m. Rp. 210,000++
esential manicure 60 m. Rp. 380,000++
esential pedicure 60 m. Rp. 380,000++

stress relief manicure 75 m. Rp. 440,000++
stress relief pedicure 75 m. Rp. 440,000++

semi-permanent gel and acrylic nails
gel manicure 60 m. Rp. 580,000++
gel pedicure 60 m. Rp. 680,000++
gel french manicure 60 m. Rp. 380,000++
gel french pedicure 60 m. Rp. 680,000++
acrylic full set 90 m. Rp. 950,000++
acrylic refill 45 m. Rp. 480,000++
nail art/finger tips 45 m. Rp. 500,000++

kriya spa

touch therapies
traditional healing massage 60 m. Rp. 1,315,000++
Authenticate balinese massage 60 m. Rp. 1,315,000++
Reflexology 60 m. Rp. 1,315,000++
Crown chakra scalp therapy 4 hands massage 60 m. Rp. 2,100,000++

specialized massage therapies
aromatic warm stones 90 m. Rp. 1,900,000++
yoga massage 90 m. Rp. 1,900,000++
ancient ayurveda massage 90 m. Rp. 1,900,000++

ayurveda therapies
shiroodhara 60 m. Rp. 1,680,000++
choornaasvedam 60 m. Rp. 1,365,000++
sarvangadhara 60 m. Rp. 1,680,000++

vila escapes
half day 60 m. Rp. 1,900,000++
full day 60 m. Rp. 2,800,000++