



LUM'A SPA & FITNESS CENTER

THE FACIALS

Brightening Facial | 60 minutes; AED 650

This treatment targets pigmentation issues using natural skin brighteners and gentle exfoliation, avoiding harsh chemicals.

Detox Facial | 60 minutes; AED 650

Utilizing nutrient-rich products like the Nordic Detox Mask, this facial removes impurities and infuses bio minerals. A two-step exfoliation and peel will instantly illuminate your skin, revealing a smoother, softer texture.

Anti-Aging Facial | 60 minutes; AED 650

This potent age-defying treatment combines rejuvenating peptides with antioxidant-rich botanical stem cells, protecting against free radicals and promoting a radiant, youthful appearance.

Soothing Facial | 60 minutes; AED 750

A calming, detoxifying treatment for sensitive skin, featuring cool, purifying clays and soothing peptides.

Moisture Miracle Facial | 60 minutes; AED 750

Designed to deliver deep hydration, this treatment uses hydrating peptides to boost the skin's renewal of hyaluronic acid, resulting in plumper, firmer skin.

Radiance Facial | 30 minutes; AED 350

This quick treatment provides an instant dewy glow, enhancing your skin's radiance and boosting your confidence.

THE RITUALS

Turkish Hammam Ritual | 90 minutes; AED 950

Traditional Ritual, that designed to purify the body, relax the mind and revitalize the spirit. The Turkish Bath experience is a complete wellness ritual with the steps of warmth, scrub and foam massage.

Moroccan Hammam Ritual | 90 minutes; AED 950

Moroccan Hammam ritual with organic black soap, which include steam to eliminate toxins and prepare body for the treatment, followed by the Kessa Glove scrub from head to foot and a nourishing detox body mask to complete the experience.

Sculpt & Glow Body Ritual | 90 minutes; AED 1000

Exfoliate, hydrate, and detoxify with our revitalizing package designed to promote a glowing complexion and enhance circulation.

BODY TREATMENTS

Pearl-Rose Body Polish | 45 minutes; AED 375

Cleansing, moisturizing, enrich & revitalizing body scrub

Lavender Body Polish | 45 minutes; AED 375

For sensitive skin, cleansing & moisturizing body scrub

Lymphatic Drainage

90, 120 minutes; AED 750, 950

A specialized treatment designed to enhance your body's natural detoxification and renewal processes



THE MESSAGES

Lum'a Five Element Aroma

60, 90, 120 minutes; AED 550, 750, 950

Signature Therapy; Deep tissue massage, more focused on to lower back

Traditional Thai

60, 90, 120 minutes; AED 550, 750, 950

Designed to expose flexibility through stretching and yoga techniques

Sports Massage

60, 90 minutes; AED 550, 750

A vigorous massage concentrating on specific muscles and muscle groups

Classical Swedish

60, 90, 120 minutes; AED 550, 750, 950

Medium to gentle pressure; Designed for mental relaxation

Four Hands Massage | 60 minutes; AED 800

Two therapists work together to provide a synchronized, balanced massage that eases tense muscles and invigorates your body, mind and spirit.

Foot Reflexology | 60 minutes; AED 500

Ancient Therapy; Medium to firm pressure

Indian Head Massage | 30 minutes; AED 350

Traditional Indian champi massage

Release | 30 minutes; AED 350

Focusing on the head, neck, and shoulders to release muscular stress

Lava Stone Experience

90, 120 minutes; AED 750, 950

Ancient Hot Stone Therapy; Medium to firm pressure

Luk Pra Kop

90 minutes; AED 800

Thai herbal compress massage to relax your muscles, stimulate nerves, improve circulation and increase blood flow