JUMP STARTERS

Top Your Own Taco...$6.95
Whole wheat tortilla, scrambled eggs, cheese, fun toppings served with hormone-free low-fat milk

Cinnamon Pancakes...$5.95
Granola, maple syrup, fruit sauces

Breakfast Smoothie...$4.95
Strawberry-banana organic yogurt smoothie

Cereal...$4.95
Cheerios®, house-made granola or organic corn flakes. Served with dried fruits and nuts, hormone-free low-fat milk or yogurt

Fruit and Yogurt...$4.95
Organic strawberries, bananas and apple served with honey yogurt

We only use cage-free eggs and organic Greek yogurt

FUN FUEL

Shaken Chopped Salad...$6.95
Roasted chicken, vegetables and brown rice, yogurt basil dressing, served with hormone-free low-fat milk

Build Your Own Whole Wheat Sub Sandwich...$5.95
Turkey, lettuce, tomato, cheese and whole wheat mini-sub

Sunbutter, Jelly and Banana Sandwich...$4.95
Whole grain bread, fresh strawberries

Salad K-bob...$4.95
Cheddar cheese, apple, iceberg lettuce, grapes and honey mustard dipping sauce

Natural Beef...$8.95
Grilled petite steak with potatoes, roasted vegetables and garden salad

Whole Wheat Spaghetti and Turkey Meatballs...$6.95
Marinara sauce, parmesan cheese and garden salad

QUICK SIPs

- Hormone-free low-fat milk . . . $1.95
- Strawberry-banana smoothie . . . . $4.95
- Bottled water . . . . . . $1.95

We’ve teamed up with kids just like you and a young chef Haile Thomas, who inspires kids to eat right. Together, they’ve handpicked the most fun, fresh, and flavorful foods for you to enjoy.