

BREAKFAST A LA CARTE MENU

CONTINENTAL

CORNFLAKES ^{11A}

RICE KRISPIES ^{11A}

WEETABIX ^{11A}

COCOPOPS ^{11A}

GLUTEN FREE CEREALS AVAILABLE C

FRESH FRUIT SALAD ²

NATURAL YOGURT

HOMEMADE GRANOLA POT ^{2, 11A}

NATURAL YOGURT

FRESHLY BAKED BREADS & PASTRIES ^{2, 11A}

MINI CROISSANTS, MIXED SELECTION OF DANISH, BAKED PAIN AU CHOCOLATE, BAKED SOURDOUGH, HOMEMADE SODA BREAD

GLUTEN FREE BREADS AVAILABLE

ORANGE, APPLE, CRANBERRY, GRAPEFRUIT JUICES C

SMOOTHIE OF THE DAY ^{2, 10, 11}

PLEASE ASK YOUR SERVER

BREAKFAST TEA & FILTERED COFFEE

SELECTION OF HERBAL TEAS INCLUDING GREEN, PEPPERMINT, EARL GREY & CAMOMILE

€10 INCLUDED IN B&B RATE

HOT PORRIDGE

FRESH BERRIES, MIXED SEEDS & LOCAL HONEY ^{6, 11D}

€10 INCLUDED IN B&B RATE

PANCAKE STACK

SEASONAL FRUIT, CRUMBLE, BERRY COMPOTE, MAPLE SYRUP & SWEETENED CREAM ^{1, 2, 11A}

€12 INCLUDED IN B&B RATE

BAKED WAFFLES

CHANTILLY CREAM, TATE & LYLE SYRUP, PISTACHIO CRUMBLE ^{1, 2, 6, 10G, 11A}

€12 INCLUDED IN B&B RATE

CENTRIC SPECIAL

2 BACON, 1 SAUSAGE, 1 BLACK & WHITE PUDDING, 1 TOMATO & MUSHROOMS, FREE RANGE EGG OF YOUR CHOICE ^{1, 2, 8, 11A}

€18 INCLUDED IN B&B RATE

VEGETARIAN

PLANT BASED SAUSAGE, BAKED BEANS, TOMATO & MUSHROOM, SAUTÉED BABY POTATOES, FREE RANGE EGG OF YOUR CHOICE ^{1, 2, 8, 11A}

VEGAN OPTION AVAILABLE V

€17 INCLUDED IN B&B RATE

OMELETTE

PLAIN, HAM & CHEESE OR VEGETABLE ^{1, 2}

€15 INCLUDED IN B&B RATE

SMOKED SALMON & EGGS

TOASTED SOURDOUGH, SCRAMBLED EGGS ^{1, 2, 3, 4, 5, 8, 11A}

€17 INCLUDED IN B&B RATE

AVOCADO & TOAST

POACHED EGG, TOASTED SOURDOUGH ^{1, 2, 11A}

€15 INCLUDED IN B&B RATE

We cannot guarantee completely allergen free meals due to possible traces of allergens in the working environment and supplied ingredients. Please advise our staff if you have an intolerance or an allergy to a specific type of ingredient.

All prices listed are in €(euro)

B&B rate includes the continental selection and one other item.

ALLERGENS :

1. Egg 2. Milk 3. Shell Fish 4. Molluscs 5. Fish 6. Peanut 7. Sesame 8. Soy 9. Sulphur Dioxide 10. Nuts: 10A Almond, 10B Hazelnut, 10C Walnut, 10D Cashew, 10E Pecan, 10F Brazil, 10G Pistachio, 10H Macadamia, 11. Cereals (Containing Gluten): 11A Wheat, 11B Rye, 11C Barley, 11D Oats, 11E spelt, 11F Kamut, 12. Celery, 13. Mustard, 14. Lupin

V Vegan, V Vegetarian, C Coeliac