



breakfast

good for your health, our communities and our planet

breakfast buffet 27

Traditional breakfast favorites, fresh seasonal fruits
pastry, coffee and juice

continental buffet 17

Enjoy fresh seasonal fruits, pastry, cereals, oatmeal with gourmet
toppings, yogurts, house-made granola, coffee and juice.

- **No substitutions allowed**

regional

BUTTERMILK PANCAKES 15
fresh berries, whipped mascarpone

FRENCH TOAST 15
challah bread, brulee peaches
pecans, whipped mascarpone

BELGIAN WAFFLE 15
fresh berries

*PESTO OMELET 16
chicken sausage, tomato
oaxaca cheese, hash browns
choice of toast

*FARMERS MARKET OMELET 16
asparagus, tomato, spinach
onion, bell peppers, cheddar cheese
choice of toast

SEASONAL FRUIT AND BERRIES 17
greek yogurt, brown sugar
and mint

*CAJUN HASH 16
andouille sausage, yukon gold potatoes
peppers, onions, scallions
sunny side eggs

comfort

STEEL CUT OATMEAL 10
brown sugar, raisins and milk

*HUEVOS RANCHEROS 16
two eggs, corn tortillas
refried beans, salsa, queso fresco
avocado, cilantro

*TWO CAGE FREE EGGS ANY STYLE 18
hash browns, choice of protein
choice of toast
add steak for additional \$7

*THE BENEDICT 17
toasted muffin and hollandaise
choice of: canadian bacon, crab
or pork belly

*BREAKFAST POUTINE 19
flat iron steak, truffle parmesan frites
fried cheese curds, blond gravy scallions,
sunny egg

CHICKEN AND WAFFLES 18
crispy buttermilk chicken breast
cinnamon waffle, jalapeno maple syrup

STEAK AND EGGS 22
2 eggs, hash browns, choice of toast

quench

FRESH OJ 6

JUICE 5
orange, cranberry, grapefruit
apple, tomato, V-8

BIG SHOULDERS COFFEE 5.50

ESPRESSO HOT BEVERAGES 5.50
cappuccino or hot/iced latte

TAZO TEA SERVICE 5

Caffeinated
Green
English Breakfast
Earl Grey

Caffeine – Free
Decaf Green
Chamomile
Mint

Wild Sweet Orange
Passion Fruit

Alternatives

YOGURT PARFAIT 9
Fresh berries, house-made granola

NATURALLY CURED BACON, HAM
CHICKEN SAUSAGE OR PORK SAUSAGE 5

TOASTED BAGEL, ENGLISH MUFFIN
WHITE, SOUR DOUGH, MARLBED RYE
GLUTEN FREE TOAST, WHEAT 4

SIDE OF AVOCADO 5

HASH BROWNS 5

we only serve cage-free eggs, hormone-free milk & naturally cured bacon

**Please notify your server if you have food allergies*

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

