

## BUFFET

### FROM THE TABLE 16

A selection of pastries, baked goods, muffins, cereals, house granola, fruit salad, whole fruits, Canadian cheese, locally cured meats and yoghurts from the table with coffee, tea and juice service

## SIDES

Bacon / Pork + Beef Sausage / Ham / Turkey Sausage 5

Vegan Wheat Sausage 5

Potatoes 4

Eggs – poach, fried, sunny, scramble 5

## PLATED BREAKFAST

### RIDEAU BREAKFAST 10

Fruit salad, choice of pastry, bread, bagel or baked good, brewed coffee or tea

### BYWARD BREAKFAST 18

Two eggs any style, choice of ham, pork sausage, turkey sausage or bacon, fried mini Yukon potatoes, roasted tomato, fried bread or toast

### MARKET BREAKFAST 18 (*Vegetarian*)

Two eggs any style, *Gusto* smoked vegan sausage, roasted mushrooms, fried mini Yukon potatoes, roasted tomato, toast

### DELI EGGS 24

Poached eggs, *Acadian Sturgeon* caviar, smoked coho salmon, house MTL bagel, hollandaise, chives + mini Yukons

### BREAKFAST POUTINE 18

Fried roasted mini Yukon potatoes, duck confit, kale, cheese curds, caramelized onions, hollandaise, fried egg

### QUEBEC TOAST 16

Lemon + blueberry loaf, powdered sugar, *Alska* maple + clove syrup, crème fraîche

### SCOTCH EGG 16

Six minute egg, *Seed to Sausage* apple + sage sausage, butternut squash puree, pumpkin seed oil + seeds

## THINGS ON TOAST

Avocado, lime and chili with a fried egg 9

Quebec goat cheese, blackberries and honey 9

Creamy roasted mushrooms and kale with a fried egg 9

Smashed banana with house granola and *Alska* maple + clove syrup 6

House cured sockeye salmon with cream cheese and chives on house oven fired MTL style bagel 10

Big smoke sandwich, fried egg, peameal bacon, tomato, lettuce, toasted English muffin 10

## BARISTA BAR

Brewed Equator coffee 2 / 2.5

Espresso single / double 2 / 2.5

Café Americano 2.5 / 3

Cappuccino 3.75 / 4.25

Latte 3.75 / 4.25

Macchiato single / double 2.5 / 3

Café Mocha 3.75 / 4.25

Flat White 3.5

*Pluck Tea* 2.5 / 4

## COLD

Seasonal iced teas 4

Somerset West ice coffee 4

*Culture* Kombucha 5

Coconut water 4

Fresh Summer smoothie 9

The Energizer smoothie 9

## BAKE SHOP/SIDES

Whole fruit 2

Fruit salad 6

Avocado 6

Greek yoghurts 3

Chocolatine 3.5

Croissants 3

Daily doughnut 2

Fruit loaf slice 2

Muffin 1.75

Cereal 4

House MTL bagel with cream cheese 4

Fried country loaf with butter and jam 4

Steel cut local oats in milk, maple berries + banana 7

Parfait with house granola, Greek yoghurt and maple macerated berries 9