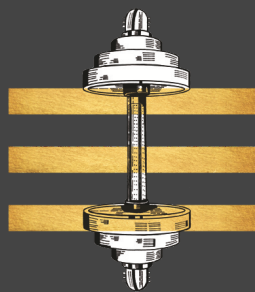


fitness



*Staying fit and healthy keeps
you looking and feeling great*

Our personal trainers, yoga and Pilates instructors are available to help you enjoy exercising, getting fit and feeling incredible.

60 / 90 / 120 minutes

- Personal Training
- Pilates
- Yoga

BOOKING DETAILS

Services are available seven days a week from 8:30am to 12:00 midnight and by Special arrangement at all other times.

Bookings available within the hour but we encourage advance notice to ensure availability.

All services are provided by London Serenity Ltd.

PRICE LIST

Valid from 8am – 10pm. Additional £20/hour for treatments between 10pm-12:00 midnight.

Additional £50/hour for treatments between 12:00 midnight and 8am.

• MASSAGE & FACIALS

£130/h	————	Holistic
£130/h	————	Deep Tissue
£140/h	————	Aromatherapy
£130/h	————	Sports
£130/h	————	Reflexology
£130/h	————	Pre-natal
£130/h	————	Thai
£130/h	————	Lymphatic Drainage
£130/h	————	Facial

• MANICURE & PEDICURE

£110/h	————	Luxury manicure, Luxury pedicure, Express manicure/pedicure
£130/h	————	Shellac Manicure, Shellac Pedicure
£50	————	Shellac removal
£10	————	French polish

• HAIR & MAKEUP

£130	————	Blow-dry
£150	————	Cut & Style
£130	————	Up styling
£130	————	Make-up

Special occasions and weddings by enquiry.

• FITNESS

£130/h	————	Personal
£130/h	————	Training Pilates
£130/h	————	Yoga



PAYMENTS & CANCELLATIONS

2-hour cancellation policy applies to all bookings.

The full service fee will be charged for cancellations made with less than 2 hours notice.

Waiting time charged at standard rate.

A minimum charge of 1 hour applies.

Payments can be made either by room charge, cash payment or by credit card. Additional charges apply to credit card payments.

Services during Bank Holidays including Christmas eve, Christmas Day, and New Years may be subject to an additional charge.

If your requested treatment is not listed, please consult with a member of the concierge team and they would be delighted to arrange for a bespoke service.

0207 000 1888
bookings@londonserenity.com

London
SERENITY



YOUR PLACE
YOUR TIME
YOUR TREAT