

都 miyako — out.

Sashimi

slices of the freshest fish

	3pcs
sea bream	4.00
squid	4.50
octopus	5.50
mackerel	4.50
salmon	4.50
sea bass	4.00
sweet prawn	5.50
tuna	6.00
scallop	7.50
hamachi	7.50
🐼 wasabi tartare	9.50
🐼 karashi misoae, seabass sashimi	6.00

Chef's selection of sashimi

3 types of fish/9 pieces	14.00
5 types of fish/15 pieces	20.00

Inside—out rolls

per roll 6pcs

🌿 salada vegetarian	6.00
salmon skin	7.50
california	7.50

Sushi

slices of fish on hand-pressed rice

	per piece
tamago	2.00
sea bream	3.00
sweet prawn	3.50
prawn x 2	5.00
squid	3.50
octopus	3.50
sea bass	3.50
mackerel	3.00
tuna x 2	5.00
scallop	4.50
crab	4.50
tobiko & quail egg	4.50
hamachi	4.50
ikura	4.50
salmon x 2	5.00

Chef's selection of sushi

8 pieces	20.00
12 pieces	28.50

Maki

per roll

	6pcs
🌿 avocado maki	3.50
🌿 cucumber maki	3.50
salmon	5.50
tuna	6.00
spicy salmon	5.50
spicy tuna	6.00

Sushi sets

spicy maki set (tuna, salmon, prawn with cucumber)	15.50
tuna and salmon	16.00
sushi set (5 salmon, 5 tuna)	

call us: 07943864622

Chirashi

🐼🍱 poke chirashi	12.00
salmon sashimi	16.50
chef's selection of sashimi	18.50

Tempura

🌿 vegetable	8.00
moriawase (mixed)	9.00
prawn	9.50
seafood kakiage	12.00

Hot dishes

age dashi tofu	11.00
pork belly	9.00
prawn/	9.00
pork gyoza	
🍱 grilled sea bass	14.00
🍱 tofu teriyaki	12.00
🍱 chicken teriyaki	10.00
chicken breast furai	12.00
🍱 salmon teriyaki	13.00
🍱 pork cutlet tonkatsu	13.00
beef teriyaki	20.00
prawn & vegetable tempura on rice	8.00

Miyako Set option

🍱 your dish	
+ one miso soup or mochi	
+ one green tea or miyako signature ice tea.	
T&Cs apply.	15.00

Salad & Soup

tofu miso	3.50
vinegar salad	5.00
🌿 green salad	7.00
🌿 kaiso seaweed	10.00
🐼 oshi dashi spinach	9.00
crab & avocado	10.00
🌿 edamame	4.00
🌿 spicy edamame	4.50
🌿 japanese pickles	4.50
sashimi salad (wafu salad with salmon sashimi)	7.50

Drinks

coke or diet coke	2.00
still or sparkling water	1.50
hot green tea	2.00
miyako ice tea	2.00

Miyako Food Legend

The below informs you about allergens and specials. Please let us know about your food requirements or allergies before you order and we will happily explain and assist.

- 🌿 **Dairy:** Around a quarter of our dishes contain dairy.
- 🍷 **Wheat / Gluten:** One of the main ingredients used is rice wine vinegar, therefore gluten is omnipresent.
- 🐼 **Fish:** Half of our dishes contain fish. We source from the freshest supplies. We only serve the most sustainable species and support the WWF and other programs to protect our oceans. Ask us for details and help us to protect our oceans.

- 🥚 **Egg:** less than half of our dishes contain egg.
- 🍶 **Mustard:** Wasabi is a nutritional powerhouse and cousin to mustard, its present in a great deal of our dishes.
- 🌿 **Celery:** As celery is not wholly a Japanese ingredient there are very few dishes that contain this ingredient.

- 🌿 **Soya:** As you might expect, around half of our dishes contain soya based products.
- 🍷 **Crustaceans:** A relatively low count of dishes contain crustaceae or molluscs.

All our packaging is biodegradable.

🌿 Vegetarian

🍷 Vegan

🐼 Sakamotos specials

🍱 Lunchbox option

