

Spa

a visit to The Spa will be the perfect retreat from the daily hustle and bustle of the city life, a place to just be and be well. Combine this with our made to measure treatments along with our prestigious product range Elemis. Call your HOST to make your reservation.

Hours of Operation - SPA

Daily: **10am - 10pm**

Pro-Definition Lift & Contour

60 min | € 110

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Its firming qualities create a profoundly sculpted, youthful effect.

Superfood Pro-Radiance Facial

60 min | € 110

A nutritional boost rich in superfoods and essential minerals designed to pack stresses, dull skin with energizing, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.

Dynamic Resurfacing Precision Peel

60 min | € 110

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

Anti-Blemish Mattify and Calm

60 min | € 110

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

Pro-Collagen Age Defy

60 min | € 110

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

High Performance Skin Energiser for Men

60 min | € 110

The hard-working facial for ageing, dehydrated skin and tired eyes. A perfect way to maximize cell regeneration and refresh your look. Multi-dynamic facial massage sequences boost circulation, whilst scalp massage deeply relaxes.

Deep Tissue body massage

60/90 min € 105/145

Specific aromatic oils will focus on your area of concern, whether that is muscle pain, stress relief, relaxation or balance. The flowing massage works deep into the tension areas and encourages optimal circulation.

Relaxing massage

60/90 min € 105/145

A combination of cleansing mineral salts, oil blends rich in actives and aromatics create an ideal environment for a relaxing and nourishing massage. For healthy, revitalized skin and eased muscles.

Garden of England Rose Restore

60/90 min € 105/145

Revitalize with this lavishly hydrating body massage. This unique trio of Rose, Camelina and Poppy seed oils leave skin exquisitely moisturized, intensely supple and delicately scented

Hot stone massage

60/90 min € 105/145

Balinese stones bathed in Frangipani Monoi Body Oil are worked deep into the muscles to alleviate all areas of tension. The result is sparkling vitality and intensely hydrated skin.

Specials

Treat yourself or your loved ones to a moment of relaxation. Ask your HOST for information, gift cards and more.

Other Services

Explore your wellbeing in a different way with

- Personal Training
- Running in the park

Shopping

our products are available for purchase. If you have enjoyed them and wish to take their benefits home for a long lasting experience and to maintain the full effects of your treatment, just ask your therapist.

Gym

the gym is open 24 hours and is located on -1 in The Spa. The door can be opened with your room key. If you prefer to hit the streets of Amsterdam, our HOSTS are more than happy to provide you with walking and jogging maps.

Our efforts to the environment

we are aware of the inevitable impact of our daily business operations on the environment. We take our responsibility serious and try to minimize the pressure on the environment and community as much as possible.

Sustainable entrepreneurship means to also taking care of our Planet whilst having a positive influence on People in and outside our hotel.

In 2013 Andaz Amsterdam Prinsengracht has been awarded with the Green Globe Certification, the premier global certification for sustainability. Since then, we have re-met the increased criteria of the Green Globe Certification and have been re-certified every year. Visit our website to view examples of actions implemented in our hotel: www.amsterdam.prinsengracht.andaz.com