

# SEASALT

## MORNING BREAKFAST

### EGG CREATIONS

#### Eggs Your Way

Made to order with choice of scrambled, fried, sunny side up, poached, omelette, or boiled

Choose your sides from spinach | pork bacon | hashbrown

#### Seminyak Omelette

Skipjack tuna, moringa leaves, shallots

#### Turkey Omelette

Turkey ham, Swiss cheese, bell peppers, onion

#### Crab Benedict

English muffin, poached egg, crab, hollandaise sauce

### GOURMET SAVORIES

#### Smoked Mahi-Mahi Tartine

Flaky pastry filled with smoked mahi-mahi, fennel, lemon

#### Pesto & Prosciutto Sandwich

Focaccia, prosciutto di Parma, basil, homemade pesto, arugula

#### Masala Toast

White loaf, coriander chutney, warming spices

#### Bacon & Egg Sandwich

Brioche bun, beef bacon, egg salad, cheddar cheese, mayonnaise, mustard

Open-faced toasted sourdough selection:

Add On: Poached Egg

#### Mashed Avocado

Feta cheese, watercress, tarragon, edamame, hummus, lemon dressing

#### Caprese

Mozzarella, tomato, arugula, basil, balsamic

#### Smoked Chicken Breast

Seared miso mushroom, caramelized onions, hummus, watercress, spring onions

### ARTISANAL DELI BOARDS

#### Cheese Board

Choose from gouda, cumin gouda, camembert, cheddar, cheddar chili, smoked provolone

#### Charcuterie Board

Choose from prosciutto, mortadella, beef bresaola, salami Milano, turkey ham

### INDONESIAN MORNING TRADITIONS

#### Mie Goreng Sapi

Beef, fried yellow noodle, egg, mixed vegetables, bean sprouts, soya sauce, oyster sauce

#### Mie Ayam

Indonesian noodle soup with shredded chicken, pak choy, clear chicken broth

#### Nasi Kuning

Yellow rice, egg, shredded chicken, tomato sambal

#### Kue Pancong

Grilled coconut rice cake, lightly sweetened and served warm as a beloved Indonesian morning treat

### ASIAN DELIGHTS

#### Trio Dim Sum Basket

Har Gau: Prawn, garlic, sesame oil, hoisin sauce

Siew Mai: Chicken, garlic, sesame oil, sweet chili sauce

Char Siu Bao: BBQ chicken, garlic oil, steamed buns

#### Cantonese-Style Congee

Rice porridge, fish fillet, ginger

#### Gobi Paratha

Flatbread, cauliflower curry, tamarind chutney

#### Sesame Prawn Soba Bowl

Chilled buckwheat noodles, marinated prawns, crispy shallots, nori, citrus ponzu dressing

### BAKERY & WHOLESOME

#### Banana Bread

Banana bread, espresso-infused butter, sea salt flakes

#### French Toast

Brioche bun, cashew butter, caramelized bananas

#### Strawberry Pancakes

Seasonal strawberries, maple syrup

#### Tropical Granola Bowl

Homemade granola, chia seeds, Greek yogurt, mango, passionfruit, lime

#### Vanilla Bircher Muesli

Organic rolled oats, soy milk, strawberries, cashews



Please scan the code for pictures

请扫描二维码查看菜单图片

QRコードで料理写真をご覧ください

음식 사진은 QR코드로 보실 수 있습니다

We proudly use 100% free range eggs sourced from a local Balinese farm and prioritize fresh ingredients from our local community.



VEGETARIAN



VEGAN



GLUTEN



DAIRY



NUT



PORK



SHELLFISH

# SEASALT

## MORNING BEVERAGES

### OUR COFFEE PARTNER: TANAMERA

Named after Indonesia's red volcanic soil, Tanamera is a specialty coffee roaster that partners with local farmers across Indonesia's top coffee regions, including Bali.

#### Coffee Your Way

Choose your preferred coffee style and let our baristas craft the perfect cup.

#### Milk and Milk Alternatives

Full Cream | Skimmed | Almond | Soy | Oat | Coconut

### BALINESE MORNING SIGNATURE

#### Kopi Tubruk

A traditional Indonesian coffee brewed by boiling finely ground coffee directly with hot water, resulting in a rich, full-bodied cup. Served unfiltered, it offers a deep, authentic flavor and a robust aroma.

### ICED MORNING BREWS

In Balinese mornings, cool refreshments is a daily tradition. Light, chilled beverages are favored at sunrise balancing the island's warmth with calm, with invigorating flavors drawn from nature.

#### Iced Coffee Latte Gula Aren

Espresso, Balinese palm sugar, fresh milk

#### Iced Coconut Coffee

Espresso, coconut water, coconut milk

#### Iced Espresso Matcha Latte

Espresso, matcha powder, oat milk

### JAMU

Jamu is a centuries-old Indonesian wellness tradition. These daily herbal tonics are made from roots, spices, and native plants. Each blend is prepared fresh every morning to nourish the body and support natural balance.

#### Kunyit Asam

Turmeric, tamarind, palm sugar, salt, mineral water  
*Bright and tangy. Supports digestion, reduces inflammation, and refreshes the system*

#### Beras Kencur

White rice, galangal, ginger, palm sugar, salt, mineral water  
*Warming and energizing. Aids muscle recovery, eases fatigue, and promotes vitality*

#### Merona

Turmeric, tamarind, betel leaf, palm sugar, salt, mineral water  
*Earthy and aromatic. Boosts immunity, supports metabolism, and balances the body*

### OUR TEA PARTNER: SAVIS TEA

Savis, meaning the essence of goodness. Savis tea blends tradition and innovation, using herbs, spices, and tea leaves sourced from Indonesia's rich volcanic regions.

#### Tea Your Way

Select your preferred tea and let us steep the perfect cup to awaken your senses with the essence of Indonesian heritage.

**English Breakfast** *Bold energy, perfect morning boost*

**Green Tea** *Antioxidant-rich, boosts metabolism*

**Earl Grey** *Uplifting, aromatic, aids digestion*

**Peppermint** *Soothes digestion, clears sinuses*

**Chamomile** *Calming, promotes restful sleep*

**Jasmine** *Relaxes mind, floral antioxidants*

**Oolong** *Supports focus and fat burning*

**White Tea** *Gentle detox, skin-healthy antioxidants*

**Rooibos** *Caffeine-free, rich in minerals*

### REFRESHING ICED TEAS

Bright and refreshing, these chilled teas feature vibrant natural ingredients and a touch of citrus sweetness.

#### Pandan

Fragrant pandan with pandan milk foam, lemon, honey

#### Butterfly Pea

Colorful butterfly pea flower, chamomile foam, lemon

#### Green

Green tea blended with matcha, creamy milk foam

### SMOOTHIES

Blended with locally sourced fruits and natural ingredients. We use Yakult to support digestion and gut health with live probiotics.

#### Banana Smoothie

Cinnamon, dates, yakult, honey

#### Mango Avocado Smoothie

Chia seeds, yakult, honey