

## Fruits & Cereal

<b>Seasonal Fruits and Berries</b>	\$8.50
<b>Steel Cut Oatmeal</b>	\$7.00
<i>Brown Sugar and Milk, served with roasted fruits</i>	
<b>Yogurt Parfait</b>	\$8.00
<i>With Granola and Seasonal Fruits</i>	
<b>Organic Cereal</b>	\$5.00
<i>A selection of Kashi Cereals</i>	
<b>Ruby Red Grapefruit</b>	\$6.00
<i>Vanilla and Apricot Jam – Easy to eat and delicious too!</i>	

## Breakfast Classics

<b>Sticky Bun French Toast</b>	\$14.00	
<i>Topped with Berries and Pecans</i>		
<b>Multi-Grain Banana Pancakes</b>	\$14.00	
<i>Carmalized Bananas, granola, maple syrup and butter</i>		
<b>Pancakes</b>	\$12.00	
<i>Topped with Bananas and Raspberries</i>		
<b>Belgian Waffles</b>	\$12.00	
<i>With Fruit Compote, Butter, and Warm Maple Syrup</i>		
<b>Corned Beef Hash</b>	\$14.00	
<i>Poached Eggs and Chipotle Sauce</i>		
<b>The Benedict</b>	\$16.00	
<i>Traditional with Canadian Bacon, a Toasted Muffin and Hollandaise Sauce</i>		
<i>Add Crab Cakes</i>		\$19.00

## Signature Specialties

<b>Zucchini and Cheesee Frittata</b>	\$14.00
<i>Gruyere, goat and white cheddar cheeses, tomato and onion, served with ciabatta toast</i>	
<b>Smoked Salmon</b>	\$16.00
<i>Built for you on a Toasted Bagel with Cream Cheese, Tomatoes, Capers and Onions</i>	
<b>Ham and White Cheddar Panini</b>	\$14.00
<i>Fried egg, shaved ham, and Dijon spread</i>	
<b>Japanese Breakfast</b>	\$22.00
<i>Miso Soup, Salmon, Scrambled Eggs, Pickled Vegetables, Rice and Green Tea</i>	

## Eggs

<b>Two Eggs any Style</b>	\$13.00
<i>Served with Bacon, Ham or Sausage</i>	
<b>Three Egg Omelet</b>	\$15.00
<i>With Your Choice of Fillings</i>	
<b>Mushroom and Pepper Egg-White Omelet</b>	\$15.00
<i>Served with Low-Fat Mozzarella and Sliced Tomatoes</i>	
<b>Joe's Egg Special</b>	\$15.00
<i>Seasoned Ground Beef, Spinach, Onions, Jack Cheese and Farm Fresh Scrambled Eggs and Roasted Fingerling Potatoes</i>	

## Grand Breakfast Buffet

*Chef's daily selection of Stay Fit and Regional dishes, Scrambled Eggs, Smoked Bacon, Pork Sausage, Breakfast Potatoes, Fresh Tropical Fruits, Yogurt, All Natural Granola, Cold Cereals, Artisan Cheeses, Breakfast Bakeries, Freshly Brewed Coffee, Decaffeinated Coffee, Assortment Of Fine Teas, Assorted Juices*  
\$25.75

## Grand Continental Breakfast

*Fresh Tropical Fruits, Yogurt, Cold Cereals, All Natural Granola, Cheeses, Breakfast Bakeries, Freshly Brewed Coffee, Decaffeinated Coffee, Assortment of Fine Teas, Assorted Juices*  
\$17.75