

# windflower the hill country spa

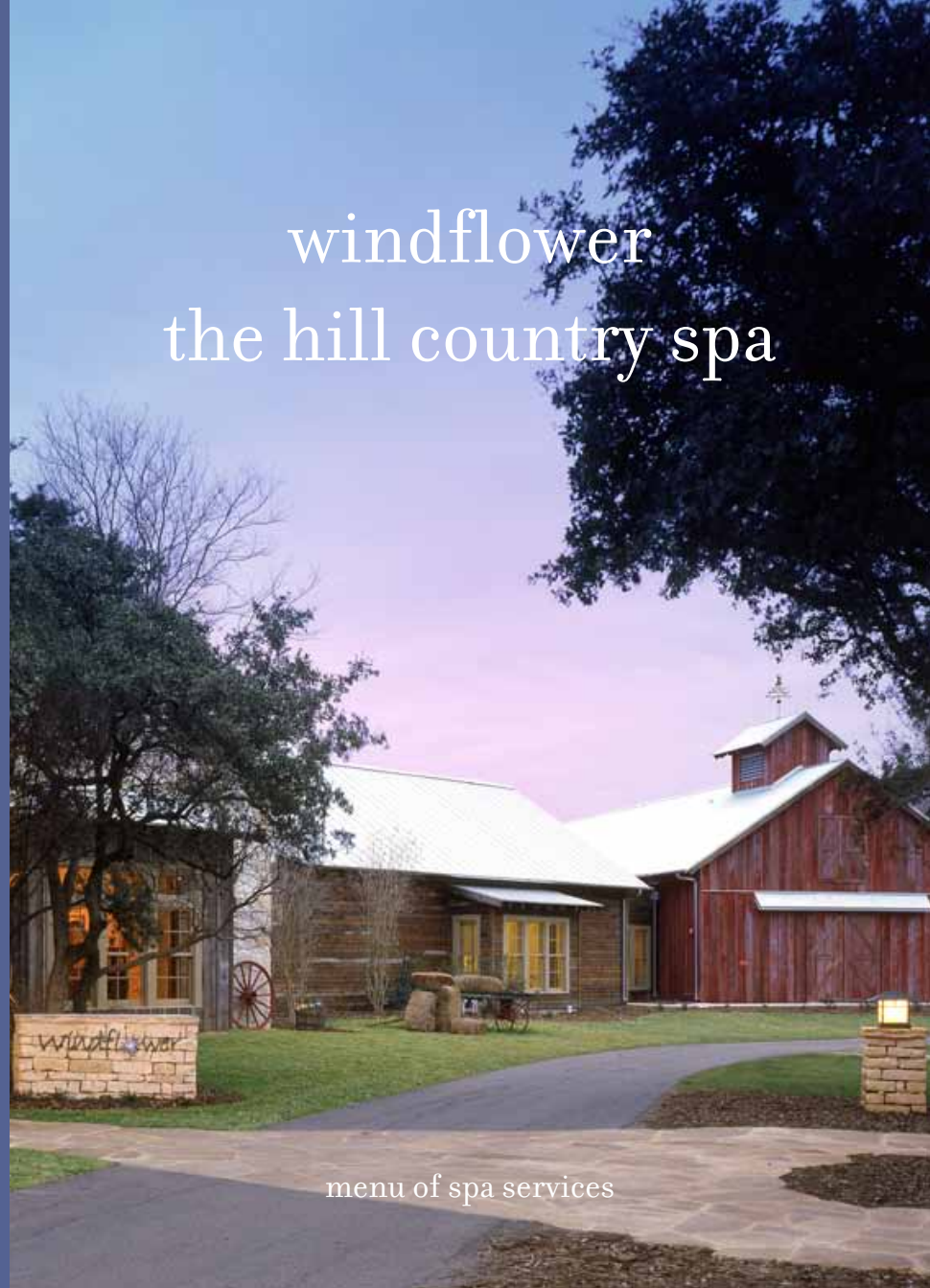
Windflower  
The Hill Country Spa

Hyatt Regency Hill Country Resort and Spa

9800 Hyatt Resort Drive, San Antonio, Texas 78251

TELEPHONE 210 767 5577

[windflowerspa.com](http://windflowerspa.com)



menu of spa services

Evening stars give way to the morning sun. Winter awakens from its nap to burst into spring. The exuberance of youth matures into the experience of the young at heart. Walk with us as the sun illumines this vast expanse of the Hill Country. Inspired by the traditional harvest of Texas herbs and wildflowers, you can almost hear the sounds of ranchers from days gone by tending to this bountiful and healing land.

## packages

**day in the barn** 7 hours \$600

Experience the best of everything Windflower has to offer with seven treatments and seven hours of blissful relaxation. Begin with your choice of 60-minute body treatment, 60-minute massage, and 60-minute facial. Then relax on our back porch or poolside while enjoying a healthy-cuisine lunch. Spend the afternoon getting a manicure, pedicure and add the finishing touches with a shampoo and hairstyle followed by a professional makeup application.

**wildflower meadows** 4 hours \$395

A gentle body brushing exfoliates the skin, and then warm wildflower honey is drizzled over the body and massaged in. A steamy blanket is wrapped around you to allow the honey to melt into your skin. After a hydro-tub soak, relax with a Wildflower signature scented massage and a 60-minute customized facial. Experience concludes with our Cowgirl Pedicure.

**romance at the ranch** 90 minutes \$380

When was the last time you set aside time for just the two of you? Spend precious time together in our couple's suite enjoying a Sunshine Glow Scrub and a 60-minute Relaxation or Windflower Massage.

**hill country spa essentials** 2 hours \$275

Your essential spa needs, covered in just two hours. Enjoy a 30-minute massage, a 30-minute facial and an Express Manicure and Pedicure.

### right

To approach Windflower—The Hill Country Spa is to walk down a country lane into the past. The antique Star Windmill, slowly turning in the breeze, beckons you into another time, another place.



## massage

### windflower signature massage 60 | 90 minutes \$132 | \$175

A relaxing massage of the back, neck, shoulders, hands, feet and scalp with Windflower's own signature scent of lavender and citrus oils. Warm linens envelop your body, allowing the therapeutic oils to penetrate the skin for relaxation and nourishment.

### relaxation massage 60 | 90 minutes \$130 | \$175

A full-body traditional relaxation massage using long, soothing strokes of light to medium pressure to reduce tension and relieve sore, aching muscles.

### aromatherapy massage 60 | 90 minutes \$135 | \$180

Allow us to create a customized aromatherapy massage using warm oils such as lavender or chamomile to soothe and relax-or perhaps yellow rose to nourish or peppermint to awaken the senses. For optimum results, we recommend an aromatherapy soak prior to service. (See massage add-ons).

### therapeutic massage 60 | 90 minutes \$130 | \$175

Therapeutic massage combines a number of techniques to help ease muscle tension, aid in recovery from activity-induced soreness, and promote general well-being. Recommended for the active guest.

## massage

### great expectations massage 60 | 90 minutes \$130 | \$175

This massage is designed especially for expectant mothers. The massage incorporates a special body pillow for maximum comfort and relaxation. Allow our ranch hands to alleviate prenatal aches and sore muscles with this comforting service.

### deep-tissue massage 60 | 90 minutes \$150 | \$180

This intense therapy is designed for those who receive regular massages and need additional help in relieving muscular tension and spasms due to stress, work, or athletic activities.

### golfer's massage 60 minutes \$130

Perfect before or after a round, this massage concentrates on the neck, shoulders, back and feet by helping to stretch muscles to loosen and relieve soreness.

### hill country stone massage 60 | 90 minutes \$140 | \$180

Warmed basalt stones of varying sizes are applied to the body's energy centers and used in massage to create a sense of warmth and healing. The stones' penetrating heat relaxes the muscles and provides a greater intensity than a traditional massage.

### cabana massage 60 | 90 minutes \$135 | \$180

Listen to the sounds of falling water and songbirds as you enjoy the outdoors in our Texas-size cabanas on Windflower's back porch. *Appointments may be relocated during inclement weather.*

### couple's massage 60 | 90 minutes \$275 | \$350

Enjoy a side-by-side massage in our couple's suite. Choose a relaxation or therapeutic massage.

## body rituals

**aunt mary's ranch remedy** 60 minutes \$125

Aunt Mary, the matriarch of the Rogers-Wiseman ranch, lived off the land. It was said that she could fry up a chicken, sweep the floor and keep the coyotes at bay all at the same time. She was known for creating all sorts of home remedies, and we think she'd enjoy this one: custom-blended aromatic botanicals and ultra-rich body butter in a deliciously hydrating body mask treatment. After a full-body exfoliation, the body butter is gently applied. Service concludes with a full-body wrap in warm linens while the moisturizing effects take place.

**the toned ranger** 90 minutes \$190

This glorious mud treatment is a little slice of heaven here on earth. Rich warm mud aids in firming and strengthening the skin and releasing stored toxins. Clary sage and jasmine essential oils help to relax and warm you, balancing your mood and leaving your body feeling refreshed, cleansed and invigorated. Altogether heavenly!

**juniper and olive stone renewal** 90 minutes \$190

The clean, refreshing scent of juniper berry essential oil, combined with jojoba and crushed olive seeds, makes a truly invigorating and clarifying exfoliation. Scrub is followed by a warm juniper oil massage to stimulate the mind and promote intense hydration and healthy circulation.

**firm my hide** 90 minutes \$190

The buffalo greens scrub includes soothing steamed towels that soak up the salts and help to set in the moisture. After a quick cooldown, a warm cactus wrap is applied and the body is cocooned in layers of linens. Cactus extracts help to firm the skin. Experience is concluded with a full-body agave nectar massage.

**texas heat retreat** 60 minutes \$130

Too much fun in the sun? No matter how careful you are, it can happen – overexposure. But it doesn't mean the vacation is over. This soothing mask of aloe, buttermilk, honey and white kaolin clay will help to hydrate, nourish and comfort sun-tortured skin.

## body rituals

**hill country roundup** 90 minutes \$190

A true original created by our team! We begin with an invigorating lemon-mint exfoliation; then a layer of warm detoxifying mud is applied and you are wrapped in warm linens while enjoying a gentle facial massage. A soak in our hydrotherapy tub will alleviate any other stress you may have, and we conclude with a gentle application of juniper and cypress lotion, which leaves your skin feeling stimulated and refreshed.

**pantry bathing ritual\*\*** 90 minutes \$175

Enjoy a gentle exfoliation, herbal-infused wrap, deep luxurious soak and relaxing massage. Your provider will create the perfect soak for what ails you, using ingredients from our herbal pantry. Possibilities include mustard powder, known for its ability to open pores and remove impurities. Chamomile offers soothing and calming; essential lavender oil relaxes and balances the mind; rose and organic honey nourish and moisturize the skin. Each bathing ritual is customized individual needs.

**sunshine glow** 60 minutes with Vichy rain shower \$125

Lavender, grapefruit and orange mixed with cucumber and natural bee pollen create a unique blend for an invigorating and revitalizing full-body shampoo and scrub. We'll complete this experience with an application of our signature Windflower body lotion for a special glow.

### seasonally inspired body treatments

Please ask the spa concierge about our current unique seasonal offering.

**massage add-on services** \$45

Scalp massage 20 minutes

Customized aroma scrub 20 minutes

Pantry soak 20 minutes



## skin care

All facial services are customized to your individual skin-care needs. Our offerings include:

**custom aromatherapy** 60 minutes \$140

Our facial services are tailored to a wide variety of skin types. Allow us to create a facial custom-made for you: balancing for oily skin, calming for sensitive skin, hydrating for dryer skin and nourishing for mature skin.

**antioxidant** 60 minutes \$140

Rose, pomegranate, aloe vera extract, green tea extract and green clay come together to restore vitality and leave skin looking and feeling soft and youthful.

**firming** 60 minutes \$140

This treatment combines natural plant extracts with the powerful benefits of algae to promote a firm and radiant complexion.

**re-mineralizing skin repair** 60 minutes \$140

Restorative plant oils rich in minerals combined with the benefits of pomegranate seed to naturally enhance the skin's firmness and elasticity. Ease fine lines and wrinkles while awakening the skin's radiance.

### left

The back porch, overlooking wildflower meadows and the beautiful Hill Country Golf Club, await the trickle of water from an old-fashioned livestock trough fountain and three well-appointed massage cabanas.

## for the gentleman

### the wiseman

60 minutes \$125

Generations of cowboys and vaqueros worked this land with their bare hands. The only sunscreen was a wide-brimmed hat and hand lotion for women. This treatment is dedicated to those rugged men who made the Rogers-Wiseman ranch what it is today. Your experience begins with a scrub to exfoliate the skin, followed by a moisturizing full-body wrap. While you are wrapped, a special cleansing, Massage, and moisturizing of the face completes the treatment.

### bourbon bubbler

60 minutes \$125

Brown sugar and real Kentucky whiskey are added to gingersnap-pecan scented body scrub to create the perfect skin treatment for the cowboy in your life. Service concludes with a warm sandalwood oil massage.

### rancher's skin-care treatment

60 minutes \$140

This facial is for the active man who wants his skin to look its best. Relax while enjoying a deep skin cleansing, warm steamed towels, skin conditioning, and massage. Please do not shave immediately prior to your service.

## for the gentleman

### rancher's pedicure\*

45 minutes \$70

Revive yourself, feet first! The pedicure begins with a long, warm soak in a whirlpool footbath. Following thorough nail and cuticle care. The treatment concludes with a leg and foot massage using an invigorating peppermint-scented lotion. Walk away with refreshed and energized legs and feet.

### rancher's manicure

25 minutes \$35

Your handshake is important. We'll keep your hands looking great with our men's manicure. This treatment includes nail and cuticle care, and a hand and arm massage with our masculine-scented sandalwood-infused lotion.

### gentleman's haircut

\$40 and up



## nail services

<b>urban cowgirl</b>	2 hours	\$155
Boots off, feet up! Warm, buttery nectar milk softens your skin before a scrumptiously spiked scrubdown and hydrating, heated honey wrap leaves you flushed. Finish with a dollop of cream and a massage for more limber travels. This service incorporates hands and feet.		
<b>windflower manicure</b>	30 minutes	\$45
Using our exclusive signature line, this is a full spa manicure.		
<b>windflower pedicure</b>	50 minutes	\$75
Using our exclusive signature line, this is a full spa pedicure.		
<b>seasonal pedicure</b>	60 minutes	\$85
Please ask our spa concierge for the latest seasonal offering.		
<b>express manicure and pedicure</b>	60 minutes	\$75
For those with precious few minutes to spare, a full nail service for both hands and feet in under an hour.		
<b>other nail services</b>		
French manicure	45 minutes	\$50
French pedicure*	50 minutes	\$80
Full set, acrylic	70 minutes	\$90
Acrylic fills	30 minutes	\$45
<b>makeup</b>		
Bridal makeup application	50 minutes	\$65 and up
Makeup application	30 minutes	\$35

## hair services

Please call the spa for a consultation to determine services and pricing.

## spa information

### spa day pass

Day pass includes private locker, spa pool, whirlpool, sauna, steam room, beauty amenities and use of spa wardrobe, including robe and slippers. Spa day pass is complimentary with any spa treatment.

### spa retail boutique

We invite you to visit our retail boutique, offering a unique array of Windflower signature products and spa-related items. Your favorite products may be reordered on-line at [windflowerspa.com](http://windflowerspa.com).

### groups

We are experts in creating and coordinating group spa activities. For more information, please call 210-767-5577, or inquire at the spa reception desk.

### spa hours

As our spa hours are seasonal, please call 210-767-5577 for our current hours of operation.

### reservations

Reservations are suggested. For spa reservations, please call 210-767-5577. You may also make reservations on-line at [windflower.com](http://windflower.com), or via touch 6103 from any house phone. All prices are subject to change without prior notification.

### check-in

Please check in at the spa reception desk at least one hour prior to your first appointment. Unfortunately, late arrivals will not receive an extension of time on scheduled treatments.

## spa etiquette

As a courtesy to all spa guests, we require that cellular phones and pagers be turned off. Please advise us if you are pregnant or have other significant health concerns when booking any treatments. Alcohol is not recommended before or after treatment. We reserve the right to refuse service to anyone appearing to be under the influence of alcohol. Smoking is not permitted in the spa or by the spa pool. Your therapist may terminate services, without a refund, for any inappropriate language or actions. Jewelry can get in the way of a great treatment. We encourage all guests to make use of their in-room safe.

### cancellation policy

As a courtesy to other guests and to our therapists, please provide four hours' notice if you must cancel or change any treatments. Without this notification, you will be charged in full.

### age limitations

Spa facilities are for guests age 17 and older. Some salon treatments are available to children under age 17 with parental supervision. Seasonally, the SPAhhhT Youth Spa is open to provides a variety of services for guests under age 17. Please inquire at the reception desk.

### special considerations

Services that are marked with a \* symbol are governed by state laws requiring guests to refrain from shaving 24 hours prior to pedicure treatments. Guests with open cuts or wounds are by law not eligible for pedicure treatments in the state of Texas. Services that are marked with a \*\* symbol use heat as part of the treatment. These services are not recommended for guests who have heart conditions, are sensitive to heat or are pregnant.

### gratuities

In appreciation for outstanding service, gratuities may be given at your discretion. For groups of six or more, a 20% gratuity will be added.

## true to our roots

### paying tribute to our past

In keeping with Germanic and European architectural traditions of the area, the spa incorporates native stone, authentic wood beams, rough-hewn timber salvaged from abandoned structures, and other materials that would have been appropriate in time periods stretching from the late 1800s to the early 20th century.

### recycling for the future

Antique Texas longleaf-pine flooring in the retail boutique and reception area is from an abandoned drugstore in Austin, Texas. The distressed ceiling decking was salvaged from a whiskey distillery, and the pine timbers were rescued from the Timber Peanut Mill in Brady, Texas.

The large wood-burning fireplace, wooden display tables and handcrafted cabinetry provide details reminiscent of an old Texas country store. The treatments take place in a "barn" that maintains its rough-hewn exterior, but inside, luxury abounds throughout the 21 treatment rooms. All in all, 23 different salvaged buildings were utilized in creating the spa.