



stillwater spa

menu of spa services

spa packages

stillwater total balance package 205

25-minute Massage / Revitalizing Facial /
25-minute Body Scrub

stillwater spa escape package 275

50-minute Massage / Stillwater Spa Facial
Your choice of one of the following:
25-minute Body Scrub / 25-minute Herbal Wrap /
Essential Pedicure

stillwater synergy package 380

50-minute Body Wrap / 50-minute Massage /
Stillwater Spa Facial / Stillwater Spa Manicure /
Stillwater Spa Pedicure

stillwater expectant pause package 275

Prenatal Massage / Essential Pedicure /
Stillwater Spa Facial

stillwater businessman's package 275

25-minute Body Scrub / Revitalizing Facial / 50-minute
Massage / Natural Nails Clean and Buff / Back Of Neck and
Ear Clean Up

*There are no substitutions to packages. All components of a
package must be taken in the same day.*

massage therapy

stillwater body massage

A unique massage experience, improving circulation and
flexibility while relieving tension and promoting overall
relaxation.

25 minutes - 75 / 50 minutes - 115 / 80 minutes - 175

raindrop aromatherapy massage

50 minutes - 125 / 80 minutes - 175

This ancient practice combines the power of pure essential
oils with a specialized massage drawn from the traditions
of both East and West, concentrating on the scalp, face,
neck and shoulders, back and feet. During the massage,
spinal pressure, muscular release, lymphatic drainage and
foot reflex techniques work to target the nervous system,
affecting every organ and structure of the body. Essential
oils are absorbed through the skin, working at a physical
level, while the aromatic effects of each blend balance the
mind and emotions.

stone massage 50 minutes - 125 / 80 minutes - 175

Smooth warm basalt stones massage the body, heating up the muscles. This ancient healing therapy has been practiced for centuries in North American and Chinese cultures, melting tension and promoting total relaxation.

prenatal massage 50 minutes - 130

Smooth rhythmic strokes stimulate circulation and relax muscles strained from stress and tension on the body. (Not performed during the first trimester)

deep tissue massage

50 minutes - 125 / 80 minutes - 215

Your therapist will focus on problem areas using a variety of techniques. Movements are directed at the deeper tissues of the body to increase flexibility, circulation and enhance the natural recovery process.

reiki 50 minutes - 125

Reiki is based on an ancient Tibetan healing system that uses a gentle hands-on technique. Reiki promotes stress reduction, pain relief, and facilitates healing while restoring the body to a state of calm and balance.

stillwater foot massage 25 minutes - 75

Drift into deep relaxation while your therapist massages the feet using thumb and finger pressure, encouraging the natural healing process.

the ultimate massage 110 minutes - 300

Stone techniques and Swedish massage combine for this unique therapy, exclusive to the Stillwater Spa. Your therapist will use warm basalt stones and their own hands-on massage skills to relax your muscles and your mind. If you have never experienced warm stones and warm hands, you are in for the ultimate massage.

PDA hand Massage 25 minutes - 80

This massage incorporates a host of acupressure techniques designed to relieve stress and tension due to rigorous typing and texting. The deep therapeutic massage focuses on counteracting tension on various hand and arm muscles, specifically in the thumbs and overworked wrists. Complimentary Blackberry Balm for at home use.

Aromatherapy can be added to any massage for \$5

seasonal outdoor massages

(please call for availability and pricing)

facials

stillwater spa facial 50 minutes - 115

A classic European facial custom-tailored, this facial includes a deep cleansing, exfoliation, gentle extractions, mask, and moisturizer. A gentle scalp massage, along with warm mitts and booties.

lumafirm® lift & glow facial 80 minutes - 180

The Pevonia Lumafirm® Lift & Glow facial treatment renders your skin ultra-luminous with a firmer, tighter and more youthfully defined appearance. Exclusively formulated with the latest in freeze-dried technology, this remarkable treatment with cumulative benefits is ideal for any skin type showing signs of aging, or works as the perfect instant repair boost when you want to look your absolute best.

rosacea facial 80 minutes - 180

This treatment will gently soothe, calm and control hypersensitive skin. The gentle healing elements propolis, shea butter, chamomile, and neroli oil alleviate and harmoniously correct your skin's blotchiness and irritability.

ageless facial 80 minutes - 180

This bi-thermal treatment containing innovative natural ingredients delivers outstanding anti-aging results. By utilizing reconstructed caviar and pearl extract your skin visibly reflects improvement on deep wrinkles and skin firmness.

“c” - sea escape facial 80 minutes - 180

A reviving treatment that helps repair signs of environmental and sun damage. It boosts the skin's collagen, reducing fine lines improving skins elasticity and overall tone while counteracting premature aging.

gentlemen's maintenance facial

50 minutes - 115

A deep cleansing facial for skin irritated by shaving and sun exposure. This hydrating treatment leaves the skin smooth and well conditioned.

back facial 50 minutes - 115

This facial is designed to assist in deep pore cleansing and skin rebalancing, providing all the elements for healthy skin. Your back is left balanced and radiant.

revitalizing facial 25 minutes - 75

This facial will leave your skin with a healthy glow. A thorough facial treatment that includes cleansing, exfoliating, decollate massage and moisturizing.

beautiful eyes and lip treatment

25 minutes - 75

A healing treatment for the delicate skin around the eyes and lips, combining Bulgarian Rosewater and Chamomile to smooth fine lines and wrinkles.

facial enhancements

Specialty Mask 15 / Eyelash Tint 35 / Eyebrow Tint 35

Eye Treatment 25 / Lip Treatment 25

Combination Eye and Lip Treatment 40

scrubs (All scrubs are 25 minutes)

de-aging salt mousse scrub 75

A sensory escape with aromatic tropical fruits delivering optimal rejuvenation and sublime relaxation. Your skin is rendered radiantly healthy and youthfully restored.

silky skin body polish 75

Essential Oil, Chamomile and Soapwort exfoliate dead cells, remove accumulated skin impurities. The result is silky-smooth, soft, glowing skin.

aromatherapy dry brush 75

Starting at your toes, lightly rhythmical strokes glide up your body. The dry brush cleanses and stimulates the flow of the lymph. Essential oils nourish and restore the skin. Dead skin cells are removed while the dry brush stimulates circulation to the entire body.

body wraps (All body wraps are 50 minutes)

blue algae wrap 125

An intensive treatment moisturizes dry skin while detoxifying the tissues and toning the skin. A natural exfoliant removes dead skin cells. Known for its anti-aging properties, a blue algae body mask is applied, followed by a seaweed body lotion; restoring tissue tone, vitality, and elasticity.

slim and sculpt body wrap 90 minutes - 175

A personalized solution to combat cellulite and skin slackening. Tailored massage movements stimulate metabolism and silhouette refining. Special wraps with the scents of cocoa and ginger stimulate all senses.

detoxifying herbal wrap

25 minutes - 75 / 50 minutes - 125

Unbleached Muslin sheets soaked in an organic herbal blend ease the body into a state of complete relaxation. The heat allows the herbs to detoxify the body. Treatment includes a dry brush exfoliation and oil application.

de-aging crème fraîche body wrap 125

Nourishing and repairing, this exquisite tropical body wrap counteracts premature aging and sun damage, delivering wrinkle-smoothing and rejuvenating benefits.

aromatic mud wrap 125

A warm aromatic mud, rich in natural vitamins, minerals, and enzymes, is generously applied to your entire body. Sore muscles, aches and pains are alleviated as your body's circulation is stimulated and stress vanishes. A dry aromatic oil application completes this luxurious treatment.

Hair repair ampoule can be added to any body wrap for \$15.

SALON SERVICES

nails

stillwater spa manicure 30 minutes - 40

Hands will feel soft and revived. This treatment involves meticulous nail and cuticle care, a hand massage and a polish finish.

essential manicure 50 minutes - 55

This rich hand treatment exfoliates and repairs the rough, parched skin on the hands. This customized hand ritual is tailored to your specific needs.

shellac™ 45

Set it and forget it. Two weeks of glorious, incredible shine and color that lasts and lasts and no dry time. 14 day wear, zero dry time, mirror finish, off in minutes, no nicks, chips or smudges.

stillwater spa pedicure 50 minutes - 65

Feet will glow after a Stillwater Spa Pedicure. An exfoliation revitalizes dry calloused skin while a foot massage and a polish complete our signature treat for the feet.

essential pedicure 80 minutes - 80

This intensive foot treatment exfoliates and repairs the calloused, dry skin. A customized ritual tailored to your needs, it is finished with a hydrating mask and polish.

sea shell pedicure 80 minutes - 80

Warm shells provide a deep heat massage to the lower leg and feet. Warm shells placed at specific reflex points relax the entire body. While your body is fully relaxed, a full pedicure and polish complete this ritual.

nail enhancements

French Manicure 45 / French Pedicure 75

Polish Change 25 / Perfect Sense Paraffin Treatment 25

Backscratchers Complete Set 60

Backscratchers Fill 45 / Nail Repair 5

hair

repair hair treatment 70

Our stylist will analyze your hair and customize a treatment suited for your specific needs. **Hair repair treatment includes blow dry.*

sophisticated styles starting at 80

For that special occasion. Whether you want your hair up or braided. Let us make you shine. **Hair should be shoulder length or longer.*

hair enhancements

Add repair hair to any hair service \$15

women's cuts starting at 65

wash and style starting at 55

one process color starting at 65

**Consultation required for all new color clients.
Pricing is only an estimate.*

highlights and lowlights starting at 80

**Pricing is only an estimate*

gentlemen's cuts starting at 45

back of neck and ear trim 20

mustache and beard trim 20

coppola keratin straightening treatment 300

**Consultation required for all new Keratin clients.
Pricing is only an estimate.*

waxing

Abdominal 45 / Back with Shoulder 80

Chest 50 / Neckline 20 / Bikini 55 / Hand 20

Full Leg 75 / Foot 20 / Half Leg 55 / Lip 20

Full Arm 45 / Chin 20 / Half Arm 30 / Brow 20

Under Arm 30

makeup

professional makeup application 75

bronzing

Face 75 / Body 75 / Face and Body 140

**July 2011. Treatments and prices subject to change.*

spa etiquette

We encourage you to arrive 30 minutes before your scheduled treatment time* to enjoy our sauna, pool, and relaxation areas. For your comfort, we suggest that you shower before all massages. Lockers, robes and slippers are provided. Guests booking spa services have access to our Stayfit Fitness Center and our indoor and outdoor pools; this does not apply to booked salon services.

*Arriving late will limit the time of your treatment, so we strongly encourage early arrival. If you arrive late for an appointment, you will receive the best treatment possible within the remaining appointment time; full treatment costs apply. To avoid a full fee charge, we require 24 hours advance notice to cancel or reschedule an individual service and 48 hours advance notice for multiple services. If you need to cancel a group reservation, please inform us two weeks prior.

environment

We strive to provide you with the most relaxing and tranquil environment, so we respectfully request that you refrain from using your cell phone or pager. Your cooperation in providing a quiet environment is greatly appreciated.

Gift certificates are available for any personal spa experience.

hours of operation

Daily: 9:00 a.m. – 7:00 p.m.

service charge

In an effort to make your spa experience as seamless as possible, a 15% Gratuity will automatically be added to all treatments and packages. Additional gratuities may be given at your discretion.

concierge

Our spa concierge is expert in coordinating activities to suit the individual needs of you and your guests. Please contact our spa concierge at 401.851.3225 or in-house please dial 2225. Prices and services are subject to change. Stillwater Spa is not responsible for any lost or misplaced items.

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