

# TANGLEWOOD

## STARTERS

**Chichachirritas 5**

Homemade Plantain Chips  
Mojo and Spiced Fruit Dip

**Chicken al Pastor Quesadilla 8**

Corn Tortillas filled with Pulled Chicken, Oaxaca Cheese  
and Roasted Tomato Salsa. Served with Sour Cream

**Tanglewood Mixed Green Salad 6**

Baby Mixed Greens, Roma Tomatoes, Cucumbers, Carrots, Candied Pecans  
Citrus Vinaigrette

**Fresh Poached Shrimp Cocktail 10**

Tangy Cocktail and Fresh Lemon

**Seared Lump Crab Cakes 10**

Island Salad and Tomatillo Salsa

**Roasted Tomato Caprese 10**

Fresh Buffalo Mozzarella and Basil

**Roasted Chicken Tortilla Soup 6**

Avocado and Pico de Gallo

## ENTRÉE SALADS

**Caesar Salad 9**

Romaine Spears, Traditional Dressing, Fresh Parmesan,  
White Anchovy, and a Warm Garlic Crouton  
Top it with Grilled Chicken 13

**Pine Island Field Salad 11**

Crisp Lettuce, Ripe Strawberries, Mango, Papaya, Feta Cheese, Red Onion  
Candied Pecans, and Poppy Seed Dressing

**Traditional Cobb Salad 12**

Grilled Chicken, Smoked Bacon, Egg, Avocado, Blue Cheese, and Tomatoes  
Tossed with Lemon-Dijon Dressing

**Sirloin Steak Salad 14**

Balsamic Vinaigrette Tossed Greens with Blue Cheese  
Roasted Red and Yellow Tear Drop Tomatoes, and Onion Straws

**Spinach Salad 10**

Baby Spinach, Cranberries, Apricots, Hazelnut Encrusted Goat Cheese  
With a warm Smoked Bacon Dressing

## SANDWICHES

### **Grilled Chicken Sandwich 12**

Grilled Chicken on Ciabatta, Sliced Tomato, Crisp Lettuce and Herb Spread  
Served with Cucumber Salad

### **Stillwater Spa Sandwich 12**

Bibb Lettuce, Roasted Tomatoes, Red Onion, Carrots, Cucumbers, Basil  
With an Avocado and Jalapeño Spread on Toasted Multi Grain Bread  
Fruit Garnish

### **Crispy Fried Grouper Wrap 12**

Herbed Remoulade Sauce on Tomato Tortilla  
Lime Seasoned Yuca Fries

### **Angus Burger 12**

8 oz. Grilled Burger, Crisp Lettuce, Sliced Tomato, and Red Onion Garnishes  
French Fries and Herb Dip

### **"Cuban" 12**

Roasted Pork, Ham, Swiss Cheese, Sliced Pickle in a Homemade Chili Brioche  
Dijon Mustard Dip, Coconut Flavored Rice, and Black Beans

### **English Style Club Sandwich 12**

Shaved Turkey, Smoked Bacon, Fried Egg, Dijon Spread  
Side Salad of Mixed Field Greens

## TANGLEWOOD SPECIALTIES

### **Tuna Nicoise 16**

Seared Rare Ahi Tuna with Haricot Verts, Sundried Tomatoes, Kalamata Olives,  
Artichokes, and New Potatoes in a Saffron Broth

### **Fennel Dusted Scallops 12**

Island Salsa and Sweet Potato Mash

### **Seared Lump Crab Cakes 16**

Island Salad and Tomatillo Salsa

### **Strip Loin Steak 15**

Oven Grilled Asparagus with Arugula Salad Parmigiano-Reggiano,  
Toasted Pine Nuts and Balsamic Reduction

### **Sea Bass in Sofrito 18**

Chilean Sea Bass Sautéed in Tomatoes and Peppers  
Coconut Flavored Rice, and Black Beans

### **Vegetable Ravioli 14**

Artichoke and Parmigiano-Reggiano Ravioli  
Roasted Pepper Tomato Fondue and English Peas

\* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Please notify your server if you have any food allergies or require special food preparation  
and we will be happy to accommodate your needs.

\* For parties of eight or larger, a 20% gratuity will automatically be added to your bill.

\* A \$5.00 charge will apply to all split meals.