



sanctuary spa

menu of spa services

Sanctuary offers guests a wide range of indulgent and therapeutic face and body treatments in the comfort of specially modified treatment rooms within the hotel. Face and body treatments are complimented by luxurious June Jacobs products, while customised massage treatments using Aboriginal-inspired products from Li''Tya are also available.

facials

express

cranberry pomegranate mini-renewal treatment 30 minutes 65

In between meetings or at the end of a busy day, treat yourself to a mini renewal treatment that gives the skin a radiant glow within minutes. This treatment exfoliates dead cells and increases cellular renewal, while allowing antioxidants, brighteners and nutrients into the skin for enhanced results.

bright eyes treatment 30 minutes 65

The demands of a corporate lifestyle play havoc on your eyes. This rejuvenating eye treatment is designed to firm and tone the eye area, soothe puffy eyes, and diminish fine lines and wrinkles.

May be added to any other June Jacobs treatment.

deluxe lip treatment 10 minutes 35

Do you want healthy and luscious lips? This anti-ageing lip treatment enhances lip structure, improves contour, adds volume and defines the lip line in a three-step process that instantly provides exceptional and continual relief for dry, dehydrated and chapped lips.

May be added to any other June Jacobs treatment.

facials

basic

june jacobs signature facial 60 minutes 125

Our signature facial is uniquely designed to target your skin type. Using a combination of natural botanicals, antioxidants and plant driven proteins, this facial will be customised to balance and revitalise your skin.

redness diffusing facial 60 minutes 125

Enriched with therapeutic and anti-inflammatory botanical extracts to help reduce and control redness and irritation, this gentle facial is designed to help soothe and calm distressed skin. It is perfect for skin suffering from jet lag, air-conditioning and stress.

botanical brightening healthy skin facial 60 minutes 125

A highly effective brightening treatment for those who are concerned with hyper-pigmentation and uneven skin tone. Botanically derived brightening ingredients will repair skin imperfections and discoloration, while richly infused antioxidants, including Vitamin C, Pomegranate and Green Tea, will keep skin protected from the elements, giving you radiant skin, with or without make-up.

pore purifying facial 60 minutes 125

This purifying facial bath banishes problem skin with a therapeutic oil-controlling and anti-bacterial formula. Combining the naturally absorbent Kaolin Mud and Green Tea extract to naturally detoxify and soothe, this facial leaves skin feeling soft, clean and refreshed.

papaya enzyme facial - sensitive skin 60 minutes 125

Using fruit enzymes to gently dissolve dead surface impurities while moisturising and refining your skin, this results-driven facial is completed with a luxurious moisture gel masque that imparts the scent of fresh mandarins to rejuvenate tired skin and awaken the senses.

facials

deluxe

stone renewal facial 90 minutes 140

Drift into a deep state of relaxation while you are gently massaged with cool marble stones to optimise cellular regeneration and enhance lymphatic drainage to relieve sinus congestion.

age defying hydrating facial 90 minutes 140

The ultimate hydrating, line-smoothing facial. This highly concentrated treatment stimulates cell renewal and imparts botanical essences, lactic acid and collagen to revitalise mature skin, smoothing, hydrating, softening and restoring your skin's clarity.

intensive moisture replenishing luxury facial 90 minutes 145

The perfect pick-me-up facial. This treatment is designed to energise and rejuvenate the skin cells. Anti-ageing, preventative and curative, this treatment firms and tones the skin for a more youthful appearance.

body

lemon sugar body scrub 30 minutes 65

This full-body exfoliating treatment is an ideal preparation for any spa treatment. A refreshing body scrub leaves skin feeling silky smooth and susceptible to the nourishing benefits of your next spa experience.

tropical enzyme body envelopment 60 minutes 135

This full-body treatment combines the exfoliation of our scrubs, the power of our enzymes and the nourishment of our body creams in a luxurious envelopment, a technique unique to June Jacobs, and designed to restore, revitalise and rejuvenate.

age defying hydrating body treatment 60 minutes 135

This full-body treatment uses the power of enzymes and intensive hydration to detoxify, cleanse and nourish. The body's energy is restored, revitalised and rejuvenated, imparting a deep sense of well-being.

massage

deep tissue

30 | 60 | 90 minutes

Firm pressure applied to specifically targeted areas of tension requiring release, this technique promotes natural healing and relief from stress-related conditions.

lomi lomi hawaiian

30 | 60 | 90 minutes

Long, fluid strokes over the whole body with the hands combined with deep breathing create a state of peace. This is a fluid, rhythmic treatment that aims to cleanse the lymphatic system, relax muscles and release stress. On a spiritual level, it opens the heart using hands, breathing, rhythm and energy flow.

aromatherapy – relaxation

30 | 60 | 90 minutes

Detoxify, Rejuvenate and Reharmonise. Using three blends of essential oils derived from native Australian botanicals with traditional Aboriginal healing properties. Aboriginal culture recognises and respects the significance of the elements in terms of their physical, emotional, spiritual and environmental well-being.

30 minutes	70
60 minutes	105
90 minutes	150

massage

mothers-in-waiting

75 minutes 135

This relaxing massage was designed specially for pregnancy to reduce the stress placed on weight-bearing joints, such as the ankles, lower back and pelvis. It assists in regulating sleep patterns, increasing circulation and keeping the body and all its cares for in a gentle, relaxed state.

Available during the second and third trimesters only.

hot stone massage

90 minutes 175

Heated stones are placed precisely on the key energy points of the body, evoking an aura of warmth and relaxation. This massage uses a combination of hand and stone work with traditional techniques to release tension, and rebalance both body and mind.

Contraindications: Heart conditions, vascular disorders (diabetes), bleeding or clotting problems, and pregnancy.

hands and feet

All renewal treatments include nail maintenance and are completed with an optional polish.

peppermint hand renewal 45 minutes 65

Indulge the hands with this specialised treatment that soothes and hydrates. Lactic acid exfoliates, and natural botanicals stimulate and condition, leaving hands invigorated and refreshed.

peppermint foot renewal 45 minutes 90

Spoil your shopping feet. Indulge in this specialised treatment that soothes and hydrates. Sugar and lactic acid exfoliate, and natural botanicals stimulate and condition, leaving feet invigorated and refreshed.

peppermint luxury hand renewal 60 minutes 75

An anti-ageing hand therapy, this luxurious aromatherapy hand soak is designed to cleanse, exfoliate and nourish skin while providing stress relief and relaxation. A cooling peppermint hand scrub is performed to soften skin and enliven the senses, followed by an application of hydrating Peppermint Hand Therapy, gently massaged into hands to relax the mind and body.

peppermint luxury foot renewal 60 minutes 100

Feel as if you are walking on air with this luxurious treatment, featuring an aromatherapy foot soak, designed to cleanse, exfoliate and nourish skin while providing stress relief and relaxation. A cooling peppermint foot scrub is performed to soften skin and enliven the senses, followed by an application of hydrating Peppermint Foot Therapy, firmly massaged into the feet to soothe the spirit.

french polish 30 minutes 45

salon

tinting

Lashes & Brow 45

Brow 20

Lashes 30

waxing

Arm 35

Bikini 40

Full Leg 55

Half Leg 35

Underarm 20

Torso 45

Lip / Chin / Brow 50

Lip 20

Chin 20

Brow 20

packages

awakening 1 hour 45 minutes 195

This invigorating package begins with a full-body lemon-sugar scrub and a purifying masque. As the tropical enzymes are gently dissolving dead surface impurities, you will receive a hydrating facial and deluxe lip treatment. A foot massage completes the treatment, leaving you feeling revived and refreshed.

secret men's business 2 hours 45 minutes 250

Attention to detail is a must for our special male guest. A one-hour deep tissue massage will relieve sore muscles and create an overall state of well-being. Concentrating on trouble areas, this massage will remove tight knots of tension and bring relief from stress. Our Pore Purifying Facial will then balance and purify, leaving the skin smooth and revitalised. The package is completed with a Deluxe Peppermint Hand Renewal.

urban oasis 3 hours 300

Retreat to a restorative and peaceful escape as our fruits and herbs work wonders on your skin and senses. The face and body heavenly papaya treatments are designed to smooth the skin from head to toe. After we soothe, we revitalise the skin with creams that protect and hydrate. The Peppermint Luxury Foot Renewal is a sublime end to the package.

fitness & wellbeing

personal training 1 hour 85
30 minutes 50

yoga and pilates 1 hour 130
30 minutes 80

Please note that 48 hours notice is required to reserve fitness services and is subject to studio availability.

spa etiquette

Three (3) hours notice is required to cancel an appointment. Packages and fitness services require 24 hours notice. If cancellations occur within these times, guests will be charged the full appointment value. Non-arrivals will also incur the full appointment charge. Credit card and contact details are required at the time of booking to secure all reservations.

We recommend that you arrive early to relax and complete the pre-treatment consultation process. If you are delayed, please understand that consideration must be given to the next guest and treatment times will be reduced accordingly.

Thank you.



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