

breakfast

instinctive

- Steel Cut Oatmeal 7.50**
 Brown sugar, milk, roasted fruits
 Macerated berries, orange blossom honey cream
 Brown sugar, raisins and milk



- Two Cage Free Eggs Any Style 12.00**
 Breakfast potatoes, choice of meat
- The Benedict 14.50**
 Traditional Canadian bacon, toasted muffin and hollandaise



comfort

- Roasted Apple Pancakes 11.00**
 Almond streusel, cinnamon sugar, maple syrup
- Cinnamon French Toast 11.00**
 Topped with butter and maple syrup, roasted fruits


- Pub Club Waffle 12.00**
 Cage free fried eggs, shaved turkey, apple bacon, tomato jam
- Local "Villa Tatra" Smoked Salmon 10.00**
 Toasted bagel, cream cheese, tomatoes, onions, capers

responsible

-  **Egg White Panini 9.00**
 Whole wheat ciabatta, sundried tomato pesto, roasted red pepper, mozzarella, minted fruit cup
- Seasonal Fruit Selection 10.00**
 The Chef's Pick
-  **Vanilla and Soy Milk Pancakes 11.00**
 Raspberries, blackberries, gluten free granola, berry syrup

-  **Egg White and "Villa Tatra" Smoked Salmon Omelet 11.00**
 Red pepper, portobello mushroom, buffalo mozzarella, tomato cilantro relish
-  **Smoked Chicken Wrap 9.00**
 Egg whites, peppers, onions, cilantro, minted fruit cup

regional

- Southwestern Eggs Benedict 14.50**
 Chorizo, homemade biscuit, avocado, chipotle hollandaise
-  **Grilled "Red Bird" Chicken Hash 11.50**
 Potatoes, peppers, onions, mushrooms, egg white, tomato compote

- Smoked Naturally Raised Chicken Omelet 12.50**
 Caramelized onions, portobello mushroom, "Haystack Mountain" goat cheese, green chile, maple pecan sweet potato hash

young adults

- Short Stack of Chocolate Chip Pancakes 9.00**
- Strawberry Waffle 9.00**
- Cheddar Cheese Omelet 9.00**
 Breakfast potatoes, choice of meat

buffet

- Breakfast Buffet 17.00**
 Eggs, bacon, sausage, and breakfast potatoes, fresh fruits, yogurts, cereals, oatmeal and bakeries; includes coffee and juice and features omelets, waffles and pancakes made to order
- Continental Breakfast Buffet 11.00**
 Fresh fruits, yogurts, cereals, oatmeal and bakeries; includes coffee and juice

alternatives

- Local Old Style Chicken Apple Sausage 4.00**
- Udi's Gluten Free Muffin 2.50**
- Organic Tofu Scramble with Portobello Mushroom 5.50**
- Maple Pecan Sweet Potato Hash 3.50**
- Half Grapefruit "Brûlée" 4.00**
- Yogurt, fruit and granola parfait 6.50**
- Cold cereal - House made granola, museli or your favorite, choice of milk including soy 5.00**

quench

- Espresso, lattes and cappuccinos are also available.
- Torrefazione Italia® French Press 7.00**
- Torrefazione Italia® Coffee 3.50**
- Juices - Orange, Cranberry, Grapefruit, Apple 3.50**
- Tazo Hot Teas 3.50**
- Izze Fortified Sparkling Flavored Juice 3.00**
- Apple Mimosa 8.00**