



**Hyatt Regency Chesapeake Bay
Golf Resort, Spa & Marina**

100 Heron Boulevard
Cambridge, MD 21613
Telephone: 410 901 6390
www.stillwaterspa.com

Stillwater Packages:

What a better way to calm your inner waters than a Stillwater package! These services are non-transferable and must be taken on the same day.

Overboard

\$590

We took our most extravagant treatments, put them together and can call it nothing less than "overboard!"

<i>Riverstone Massage</i>	<i>75 Minutes</i>
<i>Blackwater Ritual</i>	<i>90 Minutes</i>
<i>Caviar Facial</i>	<i>90 Minutes</i>

Captain's Catch

\$325

Do you want to totally experience Stillwater Spa without going totally overboard? How about this?

<i>Chesapeake Classic or Waterman's Facial</i>	<i>60 Minutes</i>
<i>Soothing Stillwater Massage, Reflexology or a wrap</i>	<i>60 Minutes</i>
<i>Head, Hand and Feet Retreat</i>	<i>30 Minutes</i>

Tidewater Teaser

\$290

This package gives you a sampling of some of our Stillwater Spa mini services!

<i>Bay Breeze Facial</i>	<i>30 Minutes</i>
<i>Soothing Stillwater Massage</i>	<i>30 Minutes</i>
<i>Reflexology</i>	<i>30 Minutes</i>
<i>Mama's Brown Sugar Body Polish</i>	<i>30 Minutes</i>

Spa White Teeth Whitening

45 Minutes

Using the innovations of White Science, have a whiter brighter smile by tonight. It's quick, easy and safe. The treatment incorporates your choice of hand, scalp or foot massage. Includes White Ice (\$49 value), the on the go, use anywhere maintenance product that keeps your smile bright after tonight.

\$269

Signature Treatments

Raven's View Massage (Seasonal)

90 Minutes

The ultimate Hyatt Chesapeake experience awaits you on our scenic rooftop lighthouse that overlooks the resort and majestic Choptank River. The breathtaking view and the unsurpassed privacy make this sanctuary the perfect massage getaway.

\$250 per person or \$450 per couple

Chesapeake Couple's Massage

90 Minutes

Begin this unforgettable signature service in our deluxe couples massage room with our footbath and foot treatment. Afterward, relax side-by-side as you experience luxurious full-body massages. The ultimate Chesapeake experience.

\$420 per couple

Lavender Dreams

90 Minutes

Breathe deep; inhale the calming and balancing benefits of wild lavender in this completely uplifting and rejuvenating spa experience, which includes a full body scrub, a warm wrap, a heated lavender oil scalp treatment and a full body application of lavender body spray.

\$210

Ashiatsu Oriental Bar Therapy

90 Minutes

Enjoy the deepest, most luxurious massage on the planet. This form of barefoot massage uses deep compression, and long strokes to stimulate the lymphatic system and provide you with the deepest relaxation. An experience unlike any other.

\$200

River Stone Massage

75 Minutes

This ancient practice embodies the five elements of nature – air, earth, fire, metal, and water to create a unique experience. Heated smooth river stones act as extensions of the therapist's hands to create a greater state of well being; thereby melting areas of tension and stress. It is like no massage that you have ever had.

\$190

Black Water Ritual

90 Minutes

Legendary, thousand year old moor mud remineralizes, soothes, and rejuvenates tired muscles and skin. Includes a facial application, full body wrap and hydrating mineral crème application.

\$210

Caviar Facial

90 Minutes

The ultimate anti-aging treatment for the face, hands, feet and de'collete. A decadent facial that hydrates, lifts, firms and smoothes the skin with the combination of protein rich caviar and powerful antioxidants. These exclusive products together with our Aculift massage will visibly renew the skin, smooth fine lines and promote an even skin tone. Results are immediate!

\$220

Stillwater Facial with Wildflower Footbath

90 Minutes

A deluxe facial based on the ancient and influential art of Aromatherapy is complete with a wildflower footbath, chamomile foot scrub, foot massage and rejuvenating eyelift treatment. Centered on a global bouquet of skin renewing aromatic oils and a treatment ampoule selected for your specific skincare needs.

\$200

Traditional Massage Treatments
We offer 30, 60, or 90 minute sessions

Soothing Stillwater Massage

\$75, \$125 or \$180

This classic massage based on traditional Swedish techniques will not only provide the ultimate in relaxation, but also soothe away your muscle tension. The end result is a sense of balance and relaxation like nothing you have ever experienced.

Deep Creek Deep Tissue Massage

\$80, \$135, \$195

Ideal for the avid golfer, outdoor enthusiast or fitness guru. Our highly trained massage therapists will address the needs of the spa patron seeking a more intense approach to their massage.

“Best Mates” Escape

Price of the treatment X 2

Share the Hyatt Chesapeake experience with one of our two by two treatments recommended for best friends, mothers & daughters, sisters, lovers or any mates looking for time for two! You choose the mate and we will take care of the rest. Choose from Riverstone Massage, Reflexology or traditional massage treatments.

Baby-on-Board Massage

\$75, \$125, or \$180

This wonderful massage nurtures the expectant mother to increase circulation and energy level while relieving discomfort on areas that are over-stressed. Our therapists use specific oils and pillows to fit your comfort and stage of pregnancy. Also helps to develop the ability to relax in preparation for labor.

Aromatherapy Upgrade

\$5

We offer a selection of aromatherapy oils to enhance your massage experience.

**Not offered with River Stone Massage or Ashiatsu Oriental Bar Therapy*

Specialized Body Treatments

Some of our therapies are performed with our Vichy shower, which uses warm cascading water over the body.

Caviar Body Ritual

90 Minutes

A luxurious, decadent, one of a kind experience. This exquisite treatment begins with a gentle exfoliation and is followed by a warm, relaxing wrap. A cooling, refreshing marine masque is applied to the face. An indulgent massage application of our sumptuous Caviar Firming Body complex completes this outstanding treatment.

\$290

Ocean Waves Body Wrap

90 Minutes

Using all-natural, live spirulina algae rich in antioxidants, this seaweed treatment imparts essential vitamins, minerals, and protein to nourish and revitalize the body. You will feel completely refreshed as gentle cascades of water rinse the nourishing full body masque. Includes a facial application and full body application of marine firming serum and body crème.

\$210

Eastern Shore Essential Oil Wrap**60 Minutes**

The ultimate hydration for dry skin including a 15-point Acupressure facial exercise and facial massage. A luxurious application of aromatherapy massage oil mixed with a therapeutic crème rich in minerals and trace elements will relieve joint stiffness and muscle tension.

\$130**Water Ladies Wrap****60 Minutes**

When the water ladies of the Eastern Shore need a serious skin treatment, they flock to the Stillwater Spa for the healing properties of aloe vera combined with aromatherapy oils in this deluxe soothing body wrap. Great for after a day in the sun or on the boat. Includes a luxurious scalp massage and a foot massage with Alpine foot balm.

\$130**Old Salt Body Scrub****60 Minutes**

An invigorating thermal mineral salt rich in minerals and trace elements combined with your choice of aromatherapy essence, followed by a loofah scrub with Thermal Mineral Shower/Bath Gel ending with a luxurious crème application

\$130**Thermal Mineral Body Scrub****60 Minutes**

Deep cleansing body exfoliation based on granulated pumice stone, thermal minerals and aromatherapy oils followed by a loofah scrub with the Thermal Mineral Shower/Bath Gel ending with a luxurious crème application.

\$130**Wildflower Body Scrub****60 Minutes**

Gentle body exfoliation utilizing a granulated pumice stone in a crème-base followed by a loofah scrub with Chamomile Shower/Bath Gel, rich in botanicals ending with a luxurious crème application.

\$130**Mama's Brown Sugar Body Polish****30 Minutes**

This yummy treatment is sure to invigorate the body plus revitalize the skin with an all natural glow. The blends of brown and white sugar provide naturally exfoliating AHA's that help to reveal an inner radiance.

\$80**Blackberry Balm Hand Massage****30 Minutes**

A helping hand for tech-savvy business travelers experiencing "blue thumb" from their blackberrys and tenderness from their Treos. This massage focuses on easing tension on various hand and arm muscles. Our signature Blackberry Balm is applied with firm strokes and acupressure techniques.

\$85**Intensify Your Facial ...**

EyeLift and Lip Treatment: May be added to any facial. Imparts moisture and nutrients while smoothing fine lines and wrinkles.

\$30

Hair removal is available – inquire with the spa concierge.

Facial Treatments

Caviar Cell Vitale Facial

60 Minutes

The ultimate anti-aging treatment for the face, hands and décolleté. Refines, lifts, firms and nourishes the skin with protein rich caviar, powerful antioxidants, glycolic and unique alginate peel off masque that dramatically improves skin moisture. The results are immediate creating luminescent skin.

\$145

Chesapeake Classic Facial

60 Minutes

A purifying treatment for all skin types which includes a gentle exfoliating peel to remove dull surface skin cells, a luxurious neck and shoulder massage, deep cleansing masque, and botanical extracts to rejuvenate and nourish the skin. A heated hand treatment completes the experience.

\$125

River Stone Facial

75 Minutes

Our all ready fabulous Chesapeake Classic Facial is intensified with the use of warm river stones to massage the face, neck and shoulders! And just when it can't get any better, we complete the treatment with a massage of the legs and feet!

\$175

Waterman's Facial

60 Minutes

A deep cleansing, therapeutic facial designed specifically for the special skin care needs of men. Refreshes the skin as it refines pores. Includes a luxurious neck and shoulder massage and deep cleansing masque. Specifically addresses sensitivity and razor burn.

\$125

Fountain of Youth Facial

75 Minutes

This cellular rejuvenating treatment features anti-aging products and an acupressure facial massage that stimulates key pressure points to influence positive energy flow. This delightful facial improves skin color and the face is noticeably lifted. A specialized rejuvenating ampoule provides ultimate hydration along with a hand treatment. Ideal for mature skin.

\$155

Sea to C Facial

75 Minutes

This oxygenating facial is brimming with both citrus and sea rich antioxidants. Natural spirulina algae rich in protein, vitamins, minerals and botanical extracts provide skin with a healthy glow. A specialized vitamin C ampoule provides the ultimate anti-aging treatment. Ideal for oily skin.

\$155

Golfer's Retreat

90 Minutes

A deep cleansing, therapeutic facial designed specifically for men. The hydrating and soothing ingredients in this specialized facial quench sun-parched skin. Treatment is complete with a revitalizing Eucalyptus footbath and foot massage.

\$200

MED Skjn Facial**90 Minutes**

Stillwater Spa offers an array of skin correcting facial treatments without the potential side effects of more aggressive alternatives. Reveal healthy, vibrant skin and address: skin texture, sensitivity, uneven skin color, fine lines, loss of elasticity, hyperpigmentation, dull or dry patches, clogged or enlarged pores, blackheads and acne scarring.

\$180**Baby-on-Board Facial****60 Minutes**

This facial is just what the Mom-to-be needs. It is specially designed to address hormonal changes in the skin and includes a relaxing face, neck, shoulder, foot and hand massage. Products are chosen according to skin type as well as for fragrance sensitivity.

\$125**Rejuvenating Back Facial****60 Minutes**

A deep cleansing treatment for the back which includes a gentle exfoliation, hydrating steam, relaxing back massage and deep cleansing masque. Products will be selected to meet your specific skincare needs. Also includes a luxurious scalp massage.

\$160**Bay Breeze Facial****30 Minutes**

This facial is short on time but long on pampering. Service includes a skin analysis to customize your treatment combined with a massage of the hands.

\$75**After Sun Facial****30 Minutes**

This soothing facial hydrates skin exposed to environmental elements including the year-round effects of the sun and wind. An application of aloe gel moisturizes, cools and heals the face and de'collete. It is oxygenating, hydrating and calming to even the most sensitive skin.

\$75**Spa Boosters**

Enjoy any of these services alone, or
As an add-on to any facial or massage

Reflexology**30 or 60 Minutes**

This ancient art promotes energy flow and balance within the body. Our skilled therapists apply pressure to specific points on the feet that mirror specific points of the body to create an overall relaxing and healing effect.

\$75 or \$125**River Stone Reflexology****60 Minutes**

The use of hot river stones combined with the ancient art of reflexology will make your chi flow like the Chesapeake Bay!

\$160**Head, Hands & Feet Retreat****30 Minutes**

Give your tired feet a break with our warm and inviting footbath/massage, your over worked hands a rest with our calming hand treatment and ease your aching head with our mesmerizing scalp massage.

\$85



Spa Etiquette & Considerations

Spa Hours: The spa is open daily; however our hours vary by the season

Reservations: We highly recommend that you make spa appointments 4 weeks in advance. We are an adult spa; however, guests under 18 years of age are permitted, accompanied by a consenting adult throughout their spa experience.

Arrival: Please check in at the reception desk at least 30 minutes prior to your first treatment. Late arrivals will not receive an extension of scheduled treatments.

What to Wear: Locker, robe, slippers, towels and amenities are provided. Please leave jewelry and other valuables securely in your in-room safe (or home for non-hotel guests). We are not responsible for personal belongings.

Special Considerations: Please advise us upon booking of any allergies, ailments, disabilities, high blood pressure, pregnancy or wheel chair access required. Consumption of alcohol before, during or directly after spa treatments is not recommended.

Cancellations: Cancellations and changes for treatments are accepted up to 12 hours prior to appointment without incurring a charge. All no-shows will be charged for the full value of services booked.

Payments: Gratuities are graciously accepted and at your discretion A 20% gratuity is added to all group reservations. Prices are subject to change without prior notification.

Daily Spa Admission Fee: A daily admission fee of \$20 is applicable to all resort guests not receiving services. The fee includes use of locker, robe, slippers, sauna, steam, relaxation area and locker room amenities. Non-resort guests will be charged a \$30 user fee, which will be waived with purchase of services.

Therapists: You may request a male or female therapist, however, we cannot guarantee the availability of any particular therapist. All of our licensed therapists are properly trained to insure your comfort at all times.