

## **Thomsons Restaurant**

### **Lunch Menu**

#### **STARTERS**

##### **Roasted Chicken Tortilla Soup**

Avocado pico de gallo

**8**

##### **Sesame Crusted Ahi Tuna**

Sashimi tuna seared rare, daikon slaw, toasted peanut sauce

**19**

##### **Chicken Al Pastor Quesadilla**

Corn and flour tortillas filled with pulled chicken, Monterey Jack cheese and roasted tomato salsa

**15**

##### **Vegetable Spring Rolls**

Hand rolled and served with sweet chili sauce

**14**

#### **SALADS**

##### **Caesar Salad**

Romaine leaves, traditional dressing, fresh Parmesan, white anchovy and a warm garlic crouton

Half **8** / Full **12**

##### **Grilled Seafood Salad**

Grilled wild Sokeye salmon, sea scallops, tiger prawns. Served on mache greens, creamy lemon poppy seed dressing

Half **14** / Full **17**

##### **Roasted Caprese Salad**

Hot house tomatoes, fresh mozzarella, basil leaves, extra virgin olive oil, aged balsamic, cracked pepper and coarse sea salt

**16**

##### **Mediterranean Salad**

Baby cucumbers, sweet peppers, vine ripened tomatoes, sweet onion & Kalamata olives, tossed with feta basil vinaigrette

**13**

**Traditional Cobb Salad**

Grilled chicken, smoked bacon, egg, avocado, blue cheese and tomatoes with lemon-Dijon dressing  
Half **14** / Full **17**

**Grilled Alberta Beef Salad**

Heirloom tomato, caramelized red onion, soft goat cheese and spinach leaves dressed with balsamic vinaigrette  
Half **15** / Full **18**

**Add chicken, prawns, beef or salmon to your salad**

**\$7**

**SANDWICHES & BURGERS****English-Style Club Sandwich**

Shaved Turkey, smoked bacon, fried egg, Dijon spread  
**15**

**Thomsons Chicken and Bacon Sandwich**

Free range chicken, tomato, smoked bacon, cheddar, chipotle aioli and toasted multigrain  
**14**

**Grilled Alberta Striploin Sandwich**

Open faced topped with arugula, Cambozola cheese, sautéed mixed mushrooms on Focaccia bread  
**19**

**Grilled Chicken Sandwich**

Grilled chicken on ciabatta, sliced tomato, crisp lettuce and herb spread. Served with a fresh cucumber salad  
**15**

**Grilled Portabella Sandwich**

Roasted eggplant and bell pepper ajvar, Cambozola cheese, grilled portabella mushroom, red onion, tomato and lettuce on a kaiser  
**13**

**Half Sandwich with Soup and Salad**

Choice of English Style Club or feature sandwich, choice of Caesar salad or mixed greens  
**14**

**Angus Burger**

Grilled 8 oz Alberta Beef burger, crisp lettuce, sliced tomato and red onion, mustard herb dip

15

*All sandwiches and burgers are served with your choice of mixed greens, Caesar salad, or fries*

**MAINS****Grilled Arctic Char**

Roasted Potato, Broccolini and Citrus confit

22

**Grilled Striploin Steak**

Asparagus, arugula & Parmesan Reggiano tossed with balsamic & extra virgin olive oil, roasted pine nuts

27

**Bucatini Pasta**

Cherry tomatoes, roasted peppers, goat cheese, spinach, black olives and extra virgin olive oil

21

**Soba Noodles**

Buckwheat noodle, grilled tofu and crisp vegetables

20

*Consumption of raw or undercooked meat, poultry and shellfish may be harmful to your health.*

Restaurant Chef, James Morin

*18% gratuity included on parties of 6 or more.*

*Thomsons Restaurant is proud to use local Canadian ingredients.*